# Search Results

## Summary

Searched for: ManU

In index(es) : H:\KS\_Scan\_Library\MasterIndex.pdx : 44 document(s) with 759 instance(s) Results

Saved on : 7/11/2017 3:55:50 PM

File : 2002-05 DanceForLove scan.pdf

Title : Dance For Love

Subject : Partial Transcript for Dance For Love workshop

Author : MCEO Freedom Teachings

Keywords:

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Particurn and the **ManU**, the EirA and the ManA Forces that are the Consciousness

File : 2002\_DanceForCommonHandbook\_scan.pdf

Title : Dance For Series - Handbook

Subject : Common handbook for all ten associated Workshops (March "02 - Aug "03)

Author : MCEO Freedom Teachings - Ashayana Deane

Keywords:

## Page: 2

🔖 & DNA Template **ManU** Technique 1: The Magic Words of Co-Creation The Eckasha

Personal & Planetary **ManU** Technique 2: ManU-Eckasha Salutation Eckasha Universal God Seed Symbol

ManU Technique 2: ManU-Eckasha Salutation Eckasha Universal God Seed Symbol Induction ManU Technique

Seed Symbol Induction ManU Technique 3: Restoring the Meajhe Field-Photo-Sonic Healing Radial

DNA and Merkaba ManU Technique 4: Restoring the Trion Field-Photo-Radionic Healing The

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ManU Technique 5: The IAHAIA CODE Emerald and Amethyst Awakening: Masters

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Whemalohatea The LEHAIA-**ManU** CODE (Veca 7) & the Ur-ImmanU CODE (

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Integration) Eckasha Merkaba ManU Phase-1 Activation A. 12 Lessons of Masters B. 12

VoerSoulIntegration) Eckasha Merkaba ManU Phase-3 Activation A. 12 Tools of Mastery B. 12

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Veca Codes of ManU, opening the Eckasha Zero Point Atomic Window, reawakening the "

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🧚 Force Field: The ManU, The EirA, the ManA and the Ec-ka-sha: •

the Eckasha, the ManU, the ManA, the EirA and the "In-breath and

the Eckasha Force ManU-ManA-EirA, Primal Life Force Currents, the 15 Rays and

of Matter. 6. ManU and the Atomic Life Force connection: Eckasha, Primal Life Force

Antakaharana, Kundalini and **ManU** Technique-1: The Sacred Seuriea Psonns Meajhe Body Tonal Activation.

Eckasha Force Connection. **ManU** Technique-2: Eckasha-ManU Salutation. 8. Veca Codes and Activation

Technique-2: Eckasha-ManU Salutation. 8. Veca Codes and Activation and the Eckasha Force.

# Page: 19 /AHA/A ManU Veca Code-1 of 4. Using the IAHAIA Code Optical- Creation Sequence (ManU Technique-1) for ManU Phase Eckasha Merkaba Activation. 11 . Technique-1) for **ManU** Phase Eckasha Merkaba Activation. 11 . The ManU Seuria Movements-11 . The ManU Seuria Movements- The EirA "Rising Moon", the ManA " Waters" and the Manu "Sleeping Flower". The movements direct the formation of the wused with both ManU Technique-1 Eckasha Psonns and with the ManU Technique-2: with the ManU Technique-2: The Eckasha-ManU Salutation to intensify the quantity 2: The Eckasha-**ManU** Salutation to intensify the quantity and quality of all Merkaba, Using the Eckasha-ManU Salutation (ManU Technique-2) as a preliminary action to ManU Salutation (ManU Technique-2) as a preliminary action to create more powerful Page: 30 Ec-ka-sha ManU Void/ "Ec"- Stillpolnt Divine Source (Partiki-Reions-Raeons-Page: 31 ~r:AlheCosmlcttoly~ ManU -•EC"the "Void•rwomb"/God-Spirlt!DI\iine. Void (Stillpoint-Manu) and within the Void GOd Spoke. the Word (pre- ~ "Void< ManU FOrce ......\_ Panlld Current Flow ~ (Still-Point GroB Matter Sase ManU Field (Partiki] Telluric: Shield Phase Cu<rents D 1 Page: 32 ManU Technique 1: The Magic Words of Co-Creation Embodying the <section-header> - Intention Creation Manu-Ec-RAE-Dha-KHU-KEE- Ma"a-Yana-Traia-Rei The Page: 34 (Stillpoini: ManU) and Within th~ Void God Spoke the Word (Jlre-Cosmic Holy Trinity Manu~"EC", the "Void"/"Womb"/GocJ.SpiriVDivine Source creates FLAME" Fleid Unlv. Manu "Zero Point" God Splr1\ "Universal. Divir\.e Spirit" Cosmic .Eckasha **ManU** Zero/ •• Still Point "God Spir~ Womb<sup>.</sup> ( VECA POJI"IT; the ManU conneclion point between" the "3 Heavens"/1-larillonic Universes

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ManU Technique 2: ManU-Eckasha Salutation Activating the Density- 1 Eckasha

D·I3.ManU connection point Density-3 Etheric Teuric/Galactic Shield Ray-7

ManU Technique 2: ManU-Eckasha Salutation Activating the Density- 1 Eckasha

Transharmonic Merkaba Vehicle

- Vehicle Phase-1: ManU Merkaba 1. Run Maharic Quick Seal using the inner image
- be Lyra". 3. The Manu Sacred Seuria Psonns (Re: Manu Technique- 1) will be
- Psonns (Re: ManU Technique- 1) will be used as the Merkaba Activation Tones:

Page: 52

- 3 ROUNDS of **ManU** PSONN-3, the PauseBreath Creation Tone (use "Sleeping"
- Speak-sing the Manu Psonn-3 Tones on the EXHALE breath, then PAUSE-breath
- ther Merkaba Spiral. Manu Psonn-3: Pause-breath tones: Manu-Ec-RAE-Dha-KHU-
- Pause-breath tones: ManU-Ec-RAE-Dha-KHU-KEE-Ma"a-Yana- Traia-Rei 9.

Page: 59

- Manu Technique 5: The IAHAIA CODE The IAHAIA Code Manu
- The IAHAIA Code ManU Veca Code 1 of 4. Begins opening the D-1
- D-13 KEE ManU doorway, beginning activation of the Eckasha Force rays within the
- Progressively activates the ManU Rays within the Density-1 Body and brings the ManU
- was and brings the Manu Phase of the Eckasha 12-Point Merkaba Vehicle into temporary

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- have explored the Manu-EirA-ManA God Forces of the God-Source, the Eckasha
- AHA/A ManU Low Veca Codes, the Seuria Psonns and ManU-Eckasha Salutation
- Seuria Psonns and ManU-Eckasha Salutation ManU Phase-1 Eckasha Merkaba activation and /
- ManU-Eckasha Salutation ManU Phase-1 Eckasha Merkaba activation and /ahaia Code Induction
- with the Lehaia ManU Low Veca and UrimmanU Mid-Veca Codes, the next 3
- the Phase-1 ManU Eckasha Merkaba and building the Phase- 2 Immanu Eckasha Merkaba.

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- Divine Cosmic Trinity-ManU, EirA and ManA The framework of manifest creation begins with
- within Itself the ManU (first Partiki consciousness unit Divine Spirit WombCosmic Void-

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- Within the Yunasai ManU Force Field, the EirA and ManA Force Fields each create
- creation intention, the ManU-EirA-ManA God Forces intertwine a portion of their consciousness
- ND FIRE: The ManU Window and Ecka Eternal Flame Following the Cosmic Kathara Grid
- opening called the ManU Window, "Manifestation Point" or "Zero Point" at the
- w directly into the ManU Force field of first creation and the living eternal consciousness

- interact with the **ManU** field, causing a quantity of the ManU Force consciousness called
- quantity of the ManU Force consciousness called the Amoraea Wave-Pillar or Ecka-ManU
- Pillar or Ecka-ManU Eternal Flame to emerge through the ManU Window to form
- we merge through the ManU Window to form a 13th Scepter at the center of
- vircle. Through the ManU Window, the Amoraea Wave circulates pulses of living God consciousness
- Amoraea Wave/Ecka-ManU Eternal Flame is known as the "Heart of God"
- Wave-Pillar Ecka-Manu Flame the 12 Reuche Scepter Pillar columnar waves bend toward

## Page: 76

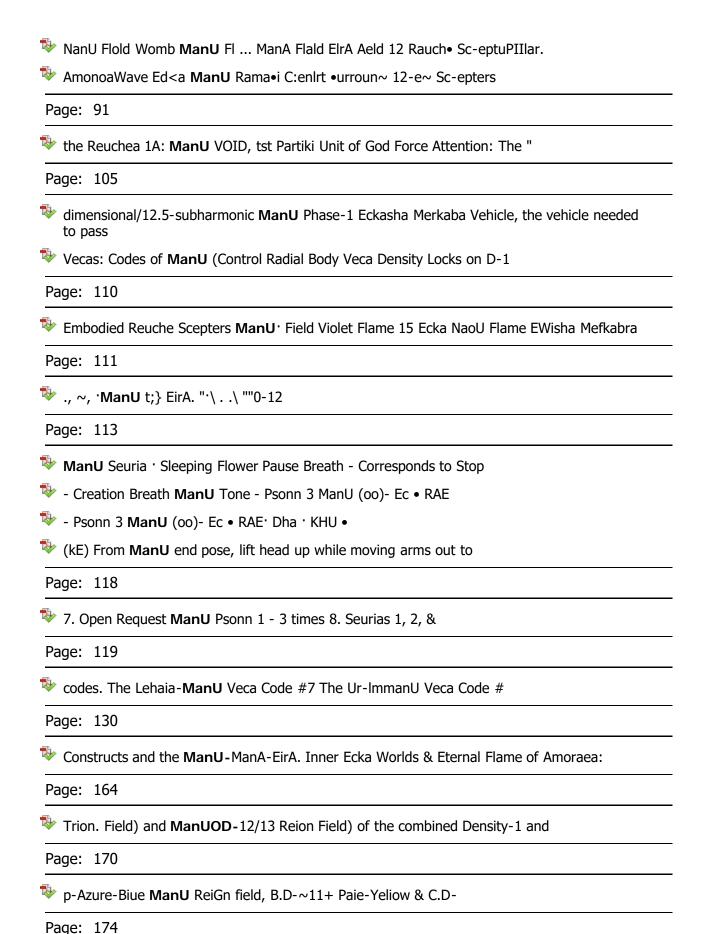
- together through the **ManU** Window at the Reuche center, blending and replicating their vibrational
- within the Ecka-ManU Flame to form 12 rotating scalar standing-columnar-wave discs
- vomposed of blended ManUEirA-ManA Force called the Cosmic Shield of Amoraea that forms
- the central Ecka-Manu Flame. Each of the 12 Reuche Scepter Shields forms a
- Source through the **ManU** Window for de-manifestation, the ManA scalar standing waves forming
- Force from the ManU Window and expands it into the Yunasai and Reuche Shields
- Shield, the Ecka-ManU Flame separates the counter-clockwise rotating/contracting EirA currents from
- within the Ecka Manu-Flame which are held together and interwoven through the Amoraea
- from the Ecka-ManU Flame sending it toward the center point ManU Window,
- venter point ManU Window, creating a negative electrical current (which creates the
- point and Ecka-ManU Flame creating a positive electrical current. The synchronized, perpetual rotation

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- within the Ecka-ManU Flame at Reuche center) a perfectly balanced, spinning, electromagnetic force
- within the Ecka-ManU Flame ManU Window Reuche center point (Zero Point) creating
- Ecka-ManU Flame ManU Window Reuche center point (Zero Point) creating the core
- form the Ecka-Manu Flame Zero Point, within the center of the Amoraea Radial
- Bodies and the ManU-EirA-ManA Divine Trinity of God Force currents, the "
- within the Ecka-Manu Eternal Flame, causing the Ecka-Manu Flame scalar columnar standing
- vausing the Ecka-ManU Flame scalar columnar standing wave to expand outward from within
- standing-wave of Manu God Force, called the Cosmic Amoraea Crystal, a "Cosmic

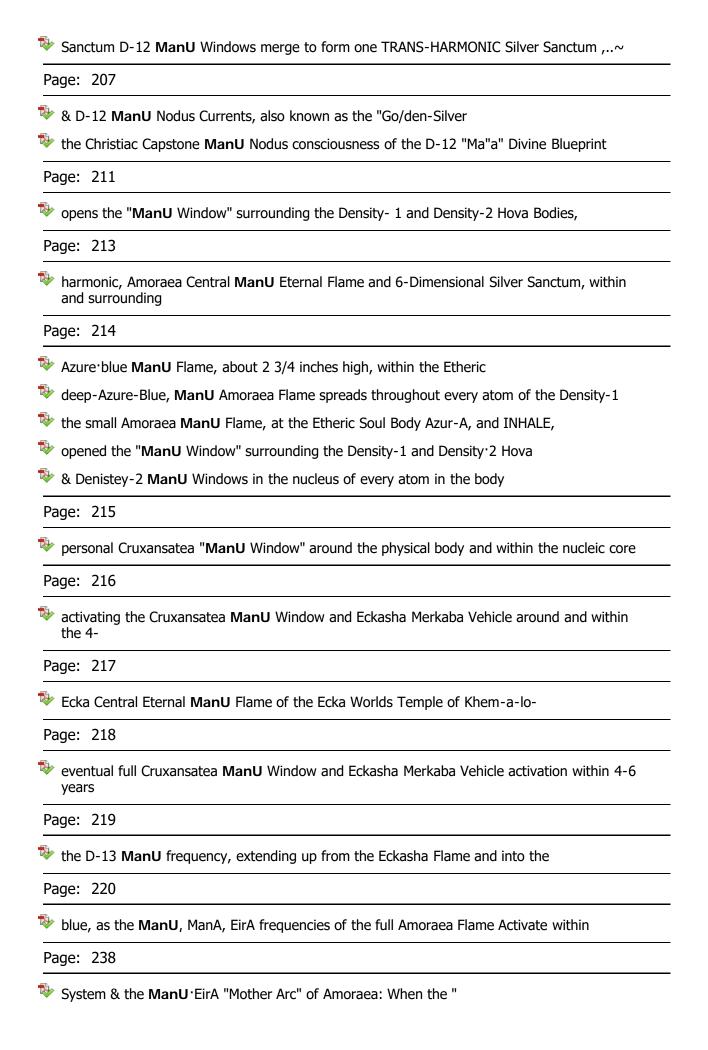
## Page: 80

Core c(@I. ManU Fleldwamb ~ MonAFleldSpastt ElrA F1eld s..d tCosmlc Qod( ofCre.



12+DeeJrAzure-81ue ManU Reion Fields, B. D-11+ Pale-Yellow ManA Trion Fields

asha 'Cnpsule **ManU** Window . "{~;tra1](1-5,AD... Pale-Silver Reion



UR" ARC of ManU: Amoraea "silent sound" frequency, that serves as the  $^{\triangleright}$  the base-magneticParticurn  ${\sf ManU} ext{-}{\sf EirA}$  MOTHER ARC that anchors in our Veca Quadrants 1 base-electricai-Partika ManU-ManA FATHER ARC that anchors in Veca Quadrants 2. Page: 240 Amoraea MOTHER ARC ManU-EirA Current of "standing silent sound" will intersect with Page: 255 and the resultant **ManU** balance point. The degree of organic expression which exists between Page: 259 of others 3 Manu Mutable Capstone Node AFFILIATIONS: • Ascended Masters Collective -Page: 266 and the resultant **ManU** balance point. The degree of organic expression which exists between Page: 271 Rishi Level 13 ManU - Blue Flame Elohei-Eiohim- Pale Silver+ Blue Flame= Pale Page: 272 9, 12 = ManU - Is the Product Represents the Beginning and the Page: 275 in these Amoraea/ManU spheres (3-6-9-12) is above 33. Overview Page: 279 imbalance: ManA & ManU) would imply poor motivation/work ethic, proneness to being " imbalance: EirA & **ManU)** would imply ambition, competitiveness, lack of flexibility, "rightness", and wand ManA. The ManU is thus electro-magnetic and associated with the Blue Flame. thoughtform potentials. Since **ManU** is the progenitor of first EirA and then ManA it to incorporate additional **ManU** pulling activity as a support to any effort to increase Page: 280 EirA, ManA or **ManU** frequencies and is the highest score at the end of 🦤 dark silver+ orange ManU: pale turquoise + pale silver white + vellow Procedure: 1. Page: 285

🦤 Veca Codes lahaia **ManU** Technique- 5 (Page 47) Lehaia (Page 107) Ur\_

File : 2003-02\_ForbiddenTestaments\_scan.pdf

Title : The Forbidden Testaments of Revelation 1 - Handbook

Subject : The Cosmic Clock, Secrets of Lohas and the Arc of the Covenant

Author : MCEO Freedom Teachings - Ashayana Deane

Keywords:

Page: 15

within the unified **ManU** expression of GodSource emerge simultaneously the 2 smaller, polarized •

Cosmic Creation. The **ManU**, ManA and EirA God-Force Ufe Forces are NOT external

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Trinity. Through the **ManU-**ManA-EirA God-Force Divine Trinity the "Dtvlne Child"

tombining of the **ManU-**ManA~E1rA God-Forces within a very specific "DMNE"

Cosmic Shield of Manu-Holy Sp{rit consciousness serves as the Cosmic STILL POINT

virculation of the ManU ManA-EirA Divine Trinity through the Cosmic-UniVersal-Galactic-

olvlne Trinity" **ManU-**ManA-EirA God-Force Consciousness Field, which perpetually holds the

wallowing the unified Manu-""Holy Spirit" God-Force to emerge within the Kristos Seed

INTERNAL Aame of **ManU-**Holy Spirit energy at the center of the Cosmic Kristos

Page: 19

standing-wave of **ManU-**Holy Spirit that resides within the center of the personal

wave of living **ManU**. God-Force consciousness expressing in the fonn of a

Cosmic Divine Trinity **ManU-**ManA-EirA God-Force PRIMAL LIFE FORCE CURRENTS, remain OPEN.

manifestation via the **ManU-**Holy Spirit Eternal Amotaea Flame "2- way-swinglng door

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Atom causes the ManU-Holy Spirit "EtemalIntemal Flame" ·2-way-swinging door

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Internal Flame of **ManU-**Holy Spirit can reawaken within the personal manifestation. In terms

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Ecka"s 8. Reushaia **ManU** 8. Ahonayana Yana-Haia 9. Shahaia 9. Reionahaia 10. Ur-

Page: 35

P i!it~ ManU V"vithin the Eckasha·Aah Core God-Worid Map 35

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∜ for every.-45 **ManU** PK1 ~artlkl +vel -vel Ol Unit\$ of

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To Flame Body Manu Void Window open a within Ih• M-.Jhe Field, UJlIndIng

File : 2003-09\_ScienceSpiritCreation\_scan.pdf

Title : The Science and Spirituality of Creation - Handbook

Subject : Cosmic Order, Interdimensional Anatomy, Primal Life Force Currents,

Merkaba, Flame Body

Author : MCEO Freedom Teachings - Ashayana Deane

Keywords:

## Page: 39

Void (SUIIpolnt-**ManU)** and within the Void God Spoke the Word (pre-

Cosmic Holy Trinity ManU-"EC", the "Vold"/"Womb"/God-Spirit!Divlne Source creates

vol the **ManU-**Force .Veca Codas. Density-1 A:fatter Telluric

🔖 FLAME" Field Unlv. **ManU** "Zero Point" God Spirit "Universal Divine Spirit" ·

POINT: the ManU connection point between the · 0-12 Universal Christos Divine

the Cosmic Eckasha ManU Zero/ Still Point "God Spirit Womb" The "7th

VECA POINT; the **ManU** ~~~~~~i:~~~- cHoenanveecntsio"n/H paoninnot nbloe twUeneivne rtshees "

the D-13 **ManU** connection point. Density-4 Pre-matter Mahario Unly. Chrlstos

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Deep-Azure.£llue ManU ·Reion Field, B.0:1|"+ Pate-Yellow ••--

#### Page: 74

Deep-Azure-Blue **ManU** Reion Fields, B. D-11+ Pale-Yellow ManA Trion Fields

t S~Capsule **ManU** Windeyi ·. Pale-Sliver Reioii"Fie!\_d - · ·

File : 2003-10\_CosmicClockReset\_Scan.pdf
Title : The Cosmic Clock Reset - Handbook

Subject : Entering the Reusha-TA Great Healing Cycle Author : MCEO Freedom Teachings - Ashayana Deane

Keywords:

## Page: 43

LOTUS SEED" (Manu- Stage 3) . { and Preface to Activating the Universal

1: The "**iManU** Lotus Bud" Breath 17 Complete the "Lotus Seed" Activation

The First 12 **ManU** Breaths {6, 6-pointed Breaths x 2 Centres:;: 12

2 Centres:;: 12 ManU breaths) 1 2 ·3 " 4 " . . .

that throughout this **ManU** sequence, pushing the spheres through the 6 Density Levels once

vounts as one ManU breath through each breathing centre. · · - 43 \*

## Page: 44

The Second 12 ManU Breaths (6, 6 pointed Breaths x 2 Centres=

2 Centres= 12 **ManU** breaths) 1 Inhale and exhale, simultaneously pushing the Sphere at

The Third 12 **ManU** Breaths (6, 6-pointed Breaths x 2 Centres= 12

Seauence of 12 **ManU** Breaths (4, 6-pointed breaths x 3 centres= 12

3 centres= 12 **ManU** breaths) 1 Forcefully Inhale and exhale, simultaneously pushing the Spheres

complete the 48 **ManU** breaths) working with 61arge grapefruit sized Spheres, breathing . them

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<section-header> Stage 2, and **ManU** Stage 3, performed at least one time, prior. · ·

: <u>2003-11\_SecretsOfYugasSupplement\_Scan.pdf</u> File

: Secrets of the Yugas - Supplement Title

: Celestial Arcs and Angles, the Monadic Key and Time Projection Subject

: MCEO Freedom Teachings - Ashayana Deane Author

Keywords:

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by completing the **ManU** Lotus Breathing Technique. 2. Breathe easy and call to mind

File : 2004-04 Kathara23-Manual scan.pdf Title : Kathara Levels 2 & 3 Foundations - Manual : Awakening the Living Lotus, Healing Facilitation Through Crystal Body Subject Alignment : MCEO Freedom Teachings - Ashayana Deane Author Keywords: Page: 5 EirA & 48 ManU Breaths T25- T30 9 Consolidated Krist Codes Imprinting -Imprinting Page: 31 miasmic blockages, the **ManU**, ManA, EirA Primal. Life-Source Currents of the Manifestation-Transduction Page: 38 🦥 ~"7JJI The **ManU,** ManA & EirA Primal Source Currents are the p<;>werful, Page: 39 Partik1 Partil<a **ManU** ManA Ray·7 Mira EIRONS · Denslty·3 Page: 40 Trtnlty - ManU--:"EC"" • th• -"1/~~rNomb""/God-S~rttiofvln. • 🦥 \* "VOID;,- ManU Force "~ortlkl Current Flow (Sttii-Polnt Creation) C~ Page: 41 Void (Stillpoint-**ManU)** and within the Void God Spoke the Word (prewse of the ManU-Force . Veca Codes. Density-1 Matter Telluric "Shield" Field . Unlv. **ManU** "Zero Poinr God Spirit "Universal Divine Spirit" · POINT: the **ManU** connection point between the D-12 Universal Christos Divine Blueprint the Cosmic Eckasha ManU "zero/ 'Still Paint "God Spirit Womb" The VECA POINT; the **ManU** connection point between the "3 lower Heavens"YHannonic Universes 0·13 **ManU** connection point. Density-4 Pre-matter Maharic Univ. Chris los Page: 42 W OHt Part!ka ManU ManA Core Polarity and Electrical OrienfEtion: Actual Flifd Parocum EirA

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Lock LZ creates **ManU** Density 1 and .ManU Eckatic Primal Sound Fie Id 1 and .ManU Eckatic Primal Sound Fie Id • Lock L3 creates EirA Earth lock creates **ManU** Density 4 & 5, Dimensions t2/13 Primal Forca Currents Page: 47 Cosmic Holy Trinity ManU- "Ec"1 !he "Void"/ "Womb"/ God-Void (Stillpoint-**ManU)** & within the Void, God Spoke the Word (preSound MANU "VCIO"-**ManU** Forca Partlkl Currant F\ow (Stlii-Polnt Creation) Clockwl Page: 51 Primal Force Field **ManU-** ManA- EirA around the Eckasha HaiiA-Body and its contents. 1 EirA-ManA-**ManU** 12-15.5 In Eckasha"A Base Shield 8 Outer Atrnic Ra-Page: 52 🦥 Eckasha EirA-ManA-**ManU** .12 -15.5. HaiiA-Body 12 . Page: 55 Void Force Field **ManU-** ManA - EirA around the Eckasha·A Eckasha· Field EirA-ManA-**ManU** 12- |-----"------------... | 15.5 in Base Shield Cct<a.J. Page: 56 🦤 ·ManA·**ManU** Eckasha·A Aah·LA"· Bodv 47· Page: 57 Eckasha-Aah 1A) ManU VOID, ist Partikl Unit of God-Fon::~t Atte.rrtion; First Creation 1A **ManU** VOID the Personal Eukatharlsta FlameBody . Eckasha-A Aab Page: 61 🦥 Ecka"s B. Raushaia **ManU** B. Ahonayena Yana-Hala 9. Shahela 9. Relonahala 10. Ur-Page: 72 Deep-Azure-Blue **ManU** Reion Field, 8.0-11 +Pale-Yellow & C.D-Page: 73 Deep-Azure-Blue **ManU** Reion Fields, B. D-11+ Pale-Yellow ManA Trion Fields 🦥 5 Act. Capsule **ManU** Window • · Pale-Silver Reion ·Field · . Page: 136

Flow. • 48 **ManU** breaths initiate activation of 6 of 12 Lotus Channels called

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Veca Codes of ManU; Opening the Eckasha "Zero-Point" atomic window; Reawakening the
 Eckasha Metkaba ManU Phase-1 Activation A - 12 Lessons of Mastery; B
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 opens the "ManU Window" surrounding the Density-1 and Density-2 Hova Bodies,
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 harmonic, Amoraea Central ManU Eternal Flame, and 6-Dimensional Silver Sanctum, within and surrounding

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deep-Azure-blue ManU Flame, about 2 3/4 inches high, within the Etheric

deep-Azure-Blue, Manu Amoraea Flame, spreads throughout every atom of the Density-1,

the small Amoraea **ManU** Flame, at the Etheric Soul Body Azur-A, and INHALE,

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eventual full Cruxansatea ManU Window and Eckasha Merkaba Vehicle activation within 4-6 years

the D-13 **ManU** frequency, /21

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blue; as the **ManU**, ManA, EirA frequencies of the full Amoraea Flame Activate within

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LOTUS SEED" (ManU- Stage 3) ·. ( and Preface to Activating the

1: The "ManU Lotus Bud" Breath 1 2 3 4 5 6 7

The First 6 ManU Breaths Bring your attention to the Heliotalic balls stationed above

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 $^{ ilde{ to}}$  The Second 6 **ManU** Breaths . Inhale and simultaneously push the Sphere at the

The Third 6 ManU Breaths Inhale and simultaneously push the Sphere at the LE-

Fourth Sequence of **ManU** Breaths Forcefully Inhale and simultaneously push the Spheres located at

complete the 48 **ManU** breaths), working with 6 large grapefruit sized Spheres, breathing them

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Field charge using **ManU** Lotus Bud technique (6 x 6-point breaths) Description

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was a tiny "ManU Window" at it"s nucleus centre. Imagine that upon every 6-

breath these tiny ManU windows draw frequency out of Manifestation, and then close; and

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Point of Eternal **ManU** Stillness from which Creation and All Motion emerge. Try to

was a tiny "ManU Window" at it"s nucleus centre. Imagine that upon every 48-

File : 2004-08 RevelationsOfRaK4 scan.pdf Title : K4 The Pillar of Power - Handbook

: Kathara Level 4 - Loga"s, Four Spheres of Ra, Nadradon Etheric-Atomic Duct Complex (from Revelations of Ra WS) Subject

: MECO Freedom Teachings - Ashayana Deane Author

Keywords:

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Spherical Starburst with ManU Pale Emerald Green, Pale Golden-Silver & Pale Violet Silver-

File : 2004-09 MichaelMaryLine scan.pdf Title : The UK Michael-Mary Line - Handbook

: The Zendradon, Ecka-Indigo Shiled and Planetary Shield Awakening of the Universal Indigo Sun and Planetary Diamond Sun Host Subject

: MCEO Freedom Teachings - Ashayana Deane Author

Keywords:

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to called !he ManU Relon Void fls/d Capaule. The 3 Radial Body Psrlphend

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into the "ManU Windows" in the nucleus of all the atoms in the

File : 2004\_APindex\_scan.pdf

Title : Index of AP publications through 2003 Subject : Index reference for early printed materials

Author : MCEO Freedom Teachings

Keywords:

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Lotus Seed" (Manu- Stage 3) CCR-HB 43 Activating the Personai12-Strand Template-

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DFLi-HB 1 ManU God-Spirit Stillpoint Void DFLi-HB 4 Manu Seuria Movements

DFLi-HB 46 ManU Technique 1 DFLi-HB 15 ManU Technique 2: ManU Eckasha

DFLi-HB 15 ManU Technique 2: ManU Eckasha Salutation DFLi-HB 27 Manu Window

ManU Technique 2: **ManU** Eckasha Salutation DFLi-HB 27 Manu Window DFLo-HB 1

File : 2005-03\_IntroKathara4\_scan.pdf Title : Elements of Kathara 4 - Handbook

: Installment 1 - the Eiradon Awakening, the Voyager Trinity Time Wave, Ra-Sha-LA Restoration, the Ah-Seu-Ra-Shan State and the Hon"a-til-E-a Subject

: MCEO Freedom Teachings - Ashayana Deane Author

Keywords:

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Spherical Starburst with **ManU** Pale Emerald Green, Pale Go/den-Silver & Pale .

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into the "ManU Windows" in the nucleus of all the atoms in the

File : 2005-03\_KeysMasteringAscension\_scan.pdf

Title : Keys for Mastering Ascension

Subject : Kathara Team Module studying the Veca codes

Author : MCEO Freedom Teachings

Keywords:

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of the EirA **ManU**, and ManA as they exist here in our bodies. Once

Low VKas of **ManU** (Taurenic-Akashic Codes), the Galactic Mid· Veca Codes

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wtth the Eckasha. Manu, and related Codes, these •Keys" are Universal Navigational Tools

with their corresponding **ManU** Codes, these are known as the "Sacred Keys to

## Page: 5

EirA, ManA, and **ManU,** bringtng them back tnto the ceRular structure of our bodies

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and Veca Cruxansatea **ManU** Window for passage to Inner Ecka Universe. Density 1

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Veca Codes of **ManU.** Low Vecas, Codes of ManU: lahata, Lehata, Reushaia, and Shahaia.

Vecas, Codes of **Manu:** lahata, Lehata, Reushaia, and Shahaia. They control radial body Veca

Shahaia work with **ManU** field, the reioo field around them. Toning rapidly, use 1

## Page: 11

D-13 KEE ManU doorway, beginning activabon of the Eckasha Force rays within the

progressively activates the **ManU** Rays Within the Density-1 Body and brings the ManU

and brings the **ManU** Phase of the Eckasha 12-Point Meri<aba Vehicle into

wor1< with the **ManU** field and controls radial body Veca density locks on dimensions

vodes • then ManU Psonn 12 times. Use Magie Psonns (Eckasha Psonn Sequence)

works with the **ManU** Field. It controls radial body Veca density locks on dimensions

s With the **ManU** Field. It controls radial body Veca densrty locks on dimensions

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opening cycle) Activating **ManU** Veca Codes begins freeing us from the reversals. They are

When using the ManU codes. The ManU consciousness doesn"t think like we do; it

- ManU codes. The ManU consciousness doesn"t think like we do; it doesn1 believe, just
- believe, just knows. **ManU** holds the common knowing. EirA and ManA each has a
- wilh the Void/ManU Codes will start to bring back the pieces into a

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- From the OF Co-CREATION **CManu** Psonnl and LANGUAGE The Manu Psonn is one of the
- and LANGUAGE The **ManU** Psonn is one of the Sacred Seuria Songs. There are
- 3) currents ManU, ManA, and ElrA. This Is a process of circulation of
- vurrents (EirA. ManU ManA). Us1ng them in nght sequence WIU start to bong
- sequence of the **ManU** body. When your selves hear these sound tones, they begin
- parts of the **ManU**, begin to reassemble that which was broken down before. and
- attention of the **ManU**, the ElrA, and ManA· the parts of the consciousness
- stationed In the **ManU**, 8rA, and ManA When these sound frequencieS emanate outward there"s

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- breath Into the **ManU** fields. Whatever level Is closest to where you are. If
- <section-header> go Into the **ManU** fields surroundsng 3D. The ManU fields have one job •
- with surrounding 3D. The ManU fields have one job to uphold the original intention.
- that ss the **ManU** ss the part that makes It happen. Then the ManA
- where sntenbon is created. Take an in breath, and

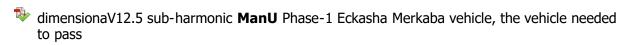
#### Page: 18

back to the **ManU** so that you could manifest it in your hologram -

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- held in the **ManU** how the ManU organizes itself and its relationships with
- value how the Manu organizes itself and its relationships with itself In energy terms
- recognize that EirA, ManU, and ManA are forces of consciousness before you can successfully
- 12, then split: ManU: 12, 9, 6, 3, 1 · Path of Amoraea; ManA:
- Activating the natural ManU Veca codes will begin freeing us up from the reversals.
- by using the **ManU** codes, you can start to feel and experience results rather
- rather quickly. The **ManU** consciousness: doesn"t think like we do; doesn"t believe, just knows.
- believe, just knows. ManU holds the common knowing ElrA and ManA each has
- with the Void/ManU Codes, they will start to bring back the pieces into

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Truxansa!ea "ManU W1ndovl" around the physical body and within the nucleic core

File : 2005-10 EngagingGodLanguages scan.pdf
Title : Engaging the God Languages - Handbook

Subject : Discover the languages of creation and how to use them to embody your

God-Self

Author : MCEO Freedom Teachings - Kathara Team

Keywords:

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back to the **ManU** so you could manifest it in your hologram. Currently due

singing the EirA, **ManU,** ManA parts of Creation) go with the Seurias. The first

called, the ""ManU Activation Psonns" (Magic Psonns). The first 6 Seurias build

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goes with EirA, ManU, and ManA Seurias are movements that create sound waves. You

EirA, ManA, and **ManU.** Collectively these currents are called the Ec, the Ka, and

Page: 19

Veca Codes of **ManU** (Taurenic-Akashic Codes); the Galactic Mid-Veca Codes of

Page: 20

EirA, ManA, and **ManU,** bringing them back into the cellular structure of our bodies.

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it as the **ManU** Psonn. The ManU Psonn sequence works in manifestation because it

ManU Psonn. The **ManU** Psonn sequence works in manifestation because it uses combinations of

Primal Currents, the **ManU**, ManA, and EirA. When we sing the ManU Psonn, we

we sing the **ManU** Psonn, we use sound strings, built upon the sound of

We Currents (EirA, ManU, ManA) in right sequence, to start bringing back the mathematical

sequence of our **ManU** body. When your selves hear these sound tones, they begin

parts of the **ManU**, begin to reassemble that which was broken down before, and

stationed in the **ManU**, EirA, and ManA. On the Kathara Grid, the Paths of

Signet 12, The **ManU** would travel through signets 12, 9, 6, 3, 1-the

breath into the **ManU** fields, The MCEO Freedom Teachings® Series Presented by Adashi

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go into the **ManU** fields surrounding 3-D. The ManU fields have one job:

ॐ 3-D. The ManU fields have one job: to uphold the original intention, to

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Treation Rays- EirA, ManU, and ManA The MCEO Freedom Teachings® Series Presented by

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Currents; the "ManU-Ec-RAE-DhaKHU-Kee-Ma"a-Yana-Traia-Rei" that goes

goes with the **ManU** Currents; and "ManA-Ka-E-HaHU-Ra-Hara-Maya-

of the primarily **ManU**, one would be the expression of the primarily ManA and

expression of each **ManU**, ManA and EirA. This pattern comes down all the way

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vurrents are the ManU, the ManA, and the EirA; the families are the Elohei-

Flame group. The **ManU** is the Elohei-Elohim Family, associated with the Blue Flame

w "Ma"a Kee." ManU is the product of both EirA and ManA, and tends

the Christiac Capstone ManU Nodus Consciousness of the D-12 "Ma"a" Divine Blueprint,

File : 2006-04\_AnatomyOfTime\_scan.pdf

Title : Anatomy of Time

Subject : Anatomy of Time Kathara Team Module

: MCEO Freedom Teachings Author

Keywords:

Page: 3



also called the **ManU** window, and it exists within the center point of each

File : 2006-05\_ConsciousnessOfAscension\_scan.pdf

Title : Consciousness of Ascension

Subject : Consciousness of Ascension Kathara Team Module

Author : MCEO Freedom Teachings

Keywords:

## Page: 2

First was the ManU Force-the Void. Source decided within Itself It wanted to

point became the **ManU** Void, the space within which creation could occur. The other

wout of the ManU Void. The EirA, which is the sound vibration, before it

PCM and the ManU, EirA and ManA Forces that are the Consciousness of God,

## Page: 4

standing wave of **ManU** Holy Spirit that resides within the center of the personal

wave of living **ManU** God-Force Consciousness. The more we practice alignment with our

## Page: 6

the Veils) The **ManU** itself as a form of energy Conscious Expression first created

terms of ManA, **ManU** and E irA. Therefore, think of yourself as a Void.

#### Page: 14

almost like the **ManU** position, the still point that allows the Divine to flow

File : 2006-10\_IntroToMonad\_scan.pdf

Title : Intro to the Monad

Subject : The Spark of the Living Flame

Author : MCEO Freedom Teachings - Ashayana Deane

Keywords:

Page: 3

the "ManU exchange". Partiki 2 actually emerges from the very center point

2 via the ManU exchange. A tiny portion of the Eternal Flame at the

Page: 4

there are **ManU**, ManA and EirA. The ManU is the unity and corresponds

wand EirA. The ManU is the unity and corresponds to the first partiki. The

is called the **ManU** Window, which always remains open and fully connects Source with

later about the **ManU** window in relation to time cycles. The TRIAD phases also,

Page: 5

and forth. The **ManU** Window is a very crucial part of that connection. It

Page: 6

is where the **ManU** Window is located, where the open flow back and forth

Page: 9

"pure" energies: **ManU**, ManA, and EirA. But as those flow out and down

Page: 12

pathway of the **ManU** flow. The 4 based on the particum pattern hold the

Page: 16

known as the **ManU** (unified), ManA (electrical, divine masculine) and EirA (

Page: 17

wcomes through the **ManU** Window: that window can be closed on the lower levels

Page: 18

Spiral causes the **ManU** Window at the center to close permanently. As energy from

File : 2006-10\_SacredSexClass\_scan.pdf

Title : Sacred Sex Class

Subject : Questions and Answers Author : MCEO Freedom Teachings

Keywords:

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144 4. The **ManU** force is ----- (a) the God Spirit Still point

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knows. 8. The **ManU** force is ----- (a) female (b) male (

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of the first **ManU**, ManA, and EirA Eternal Force Consciousness Fields to form the

manifest. Within the **ManU** force field the ManA and EirA each create a Kathara

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ManA (gold), **ManU** (a deep rich azurite blue) and EirA (pale

File : 2006-11 PosturesOfLove scan.pdf

Title : Postures of Love - Handbook

: Steps towards Joy, Loving Joy is the Intrinsic Nature of Source, When you choose At-Onement with the Living God Source within you, you will know Subject

: MCEO Freedom Teachings - Kathara Team Author

Keywords:

Page: 4

state of the **ManU** Still-point, the more we can learn to see, with

point of the **ManU** Amoraea Flame of Divine Love, we will not only make

Page: 8

Particum and the **ManU**, the EirA and the ManA Forces that are the Consciousness

Page: 9

known as the **ManU** Force, often known as the "HOLY SPIRIT" or "

within the unified **ManU** expression of God-Source emerge simultaneously the 2 smaller, polarized

Cosmic Creation. The **ManU**, ManA and EirA God-Force Life Forces are NOT external

Trinity. Through the **ManU-**ManA-EirA GodForce Divine Trinity the "Divine Child" of

combining of the ManU-ManA-EirA God-Forces within a very specific "DIVINE"

Cosmic Shield of Manu-Holy Spirit consciousness serves as the Cosmic STILL POINT of

triculation of the **ManU-**ManA-EirA Divine Trinity through the Cosmic-Universal-GalacticPlanetary and

allowing the unified ManU-"Holy Spirit" God-Force to emerge within the Kristos Seed

Page: 10

INTERNAL Flame of **ManU-**Holy Spirit energy at the center of the Cosmic Kristos

standing wave of **ManU-**Holy Spirit that resides within the center of the personal

Page: 11

wave of living **ManU-**God-Force consciousness .... The Paradox of Free Will The

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Amoraea Gateway and **ManU** Azurite Flame is the Eternal STILL POINT through which the

Page: 62

creation within the **ManU**, ManA and the EirA, those three God forces created within

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to embody the **ManU** or Still-Point Flame of Amoraea Frequency (whereas the

File : 2007-04\_Kathara23Sect7-8\_scan.pdf : Kathara 2-3 Sections 7 & 8 Module Title

: Kathara Team Module expanding the technical details of Kathara 2-3 Subject

Author : MCEO Freedom Teachings

Keywords:

Page: 47



EirA, ManA, or **ManU** Lines of frequency. For example, 11, 8, 5, 2, Ethos

File : 2007-04\_KRYSTarAwakeningTranscript\_scan.pdf

Title : KRYSTar Awakening (workshop transcript)

Subject : Full transcript for April 2007 Workshop (right after the murder of SOL)

Author : MCEO Freedom Teachings

Keywords:

## Page: 140

something called a **ManU** spark. So something happens, you have a ManU spark- you

vou have a ManU spark- you have Mana and EirA come together and they

they form a **ManU** spark. That ManU spark starts to go back down that

ManU spark. That **ManU** spark starts to go back down that way, while these

formation of the **ManU** spark actually causes the center, or the core of the

release a huge **ManU** spark, and that goes back down as a backflow return

releasing a big **ManU** spark, and those 12 ManU sparks - 12 sparks happening

was and those 12 ManU sparks - 12 sparks happening at the same time -

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tenter, the 12 **ManUs** sparking the Eiron core, sparking another prana phase, another prana

wade, so the ManU rides in on the prana spark, into the seed atom,

wall of that ManU going inward, there is a spark and a set of

return from the **ManU** spark. At this point, you have all of these keys

and a big **ManU** spark, and we have an Eck spark coming from the

voming from the ManU backflow. It's sending a backflow return of Eck. It comes

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by which 12 **ManU** sparks simultaneously will form at the fertilization point, and the

point, and the **ManU** sparks (12) will go back as backflow again, and

then mana makes **ManU**, and ManU is exchanged for Eck, and Eck activates the

makes ManU, and **ManU** is exchanged for Eck, and Eck activates the rings, and

File : 2007-09 GodWorlds scan.pdf

Title : Exploring the God Worlds - Handbook

Subject : Stair step creation

Author : MCEO Freedom Teachings - Kathara Team

Keywords:

Page: 7

they share (**ManU).** But they also repel each other at the same time

Page: 8

back out. The **ManU** field is where this comes through from God-Source, through

in through the **ManU** (Partiki) units out through the ManA (PartikA) units

back to the **ManU** (Partiki) units through the EirA (Particum) units and

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the forces of **ManU/**ManA/EirA into the primal units that they form--Partiki/

wnits, units of ManU/ManA/EirA which are units of the Consciousness of God,

of consciousness (ManU/ManA/EirA - Partiki/PartikA/Particum). Every dimension has structures

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light fields; the **ManU** exists as the constant field behind both of them. D-

vorresponds with a ManU (still point) field, primary ManU Eckatic level (non-

point) field, primary **ManU** Eckatic level (non-polarized field). These flame fields are

Page: 19

level at the **ManU**, EirA and ManA in D-13, D-14 and D-

Page: 21

Dne Spirit (ManU). This diagram is also called the Tree of Eternal Life.

10 In the **ManU** field, the Still-point field where creation Structure of the

Point ManA Pillar **ManU** Pillar EirA Pillar Figure 6a: The Cosmic Kathara Grid takes

Page: 29

stand for ManA, **ManU**, and EirA, the names or sound tones of the 3

Force Currents. The **ManU**, EirA, and ManA Primal Life Currents count as both. They

- vurrents. And the ManU are the negative/positive charge, or the zero-neutral charge
- thange currents. The **ManU** Currents are where you have the combining of the EirA

Eckasha-Aah 1A) **ManU** VOID, 1st Partiki Unit of GodForce Attention; The "Stiii-

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- was are called the ManU, which is the Still Point Void-in the beginning was
- Divine Trinity, the **ManU**, the ManA, and the EirA-the Holy Spirit, the 21

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- terms of a **ManU** Field, which in turn encompasses an EirA and a ManA
- to as the **ManU** Current, the ManU Field in Creation. That in turn creates
- ManU Current, the ManU Field in Creation. That in turn creates a replica which
- Primal Fields: the **ManU,** ManA, and EirA Fields (Figure 21 ). Within these
- Fields and the Spanning the Manu Fields and the smaller Kathara Grid at the center spanning

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- Divine Cosmic Trinity-**ManU**, EirA and ManA The framework of manifest creation begins with
- within Itself the ManU (first Partiki consciousness unit-Divine Spirit Womb-Cosmic Void-
- creation intention, the **ManU-**EirA-ManA God Forces intertwine a portion of their consciousness

- ND FIRE: The ManU Window and Ecka Eternal Flame Following the Cosmic Kathara Grid
- opening called the **ManU** Window, "Manifestation Point" or "Zero Point" at the
- with directly into the ManU Force field of first creation and the living eternal consciousness
- interact with the **ManU** field, causing a quantity of the ManU Force consciousness called
- quantity of the ManU Force consciousness called the Amoraea Wave-Pillar or Ecka-ManU
- Pillar or Ecka-**ManU** Eternal Flame to emerge through the ManU Window to form
- we merge through the **ManU** Window to form a 13th Scepter at the center of
- vircle. Through the **ManU** Window, the Amoraea Wave circulates pulses of living God consciousness
- Amoraea Wave/Ecka-**ManU** Eternal Flame is known as the "Heart of God"
- Wave-Pillar Ecka-**ManU** Flame the 12 Reuche Scepter Pillar columnar waves bend toward
- together through the **ManU** Window at the Reuche center, blending and replicating their vibrational
- within the Ecka-ManU Flame to form 12 rotating scalar standingcolumnar-wave discs of
- composed of blended ManU-EirA ManA Force called the, Cosmic Shield of Amoraea

- the central Ecka-**ManU** Flame. Each of the 12 Reuche Scepter Shields forms a
- Source through the **ManU** Window for de-manifestation, the ManA scalar standing waves forming
- Force from the **ManU** Window and expands it into the Yunasai and Reuche Shields
- the Ecka Manu Flame separates the counter-clockwise rotating/contracting EirA currents from
- within the Ecka ManU-Flame which are held together and interwoven through the Amoraea

- from the Ecka-**ManU** Flame sending it toward the center-point ManU Window creating
- the center-point **ManU** Window creating a negative electrical current (which creates the
- point and Ecka-**ManU** Flame creating a positive electrical current. The synchronized, perpetual rotation
- within the Ecka-**ManU** Flame at Reuche center) a perfectly balanced, spinning, electromagnetic force
- Ecka-Manu Flame **ManU** Window Reuche center point (Zero Point) creating the core
- from the Ecka-Manu Flame Zero Point within the center of the Amoraea Radial
- within the Ecka-ManU Eternal Flame, causing the Ecka-ManU Flame scalar columnar standing
- vausing the Ecka-ManU Flame scalar columnar standing wave to expand outward from within

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- standing-wave of **ManU** God Force, called the Cosmic Amoraea Crystal, a "Cosmic
- which creates the ManU, the EirA and ManA currents. The framework of manifest creation
- within Itself the ManU, effectively the First Partiki consciousness unit, the Divine Spirit Womb
- in Creation: the **ManU**, ManA, and EirA. Flame of Amoraea Just like in the

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- Inside the Yunasai **ManU** Force Field the EirA and ManA Force Fields each create
- Kathara Grid, the **ManU**, EirA and ManA God Forces of the Yunasai recreate the

#### Page: 53

- Treation Intention, the Manu, EirA, and ManA God Forces intertwine a portion of their
- emergence of the ManU, ManA, and EirA Primal Fields within creation; and the emergence
- tonsciousness of the ManU, ManA and EirA Fields. They intertwine a portion of their
- at Center by **ManU** replica windows 53

- and Fire, the **ManU** Window and the Ecka Eternal flame. Following the Cosmic Kathara
- pening called the **ManU** Window Manifestation Point or Zero Point, at the center points

- emergence of the **ManU** Window. This is the Zero Point at the center of
- directly into the **ManU** Force Field of First Creation and the Living Eternal Consciousness
- interact with the **ManU** Field causing a quantity of the ManU Force Consciousness called
- quantity of the ManU Force Consciousness called the Amoraea Wave Pillar or Ecka ManU
- Pillar or Ecka **ManU** Eternal Flame to emerge through the ManU Window to form
- emerge through the **ManU** Window to form a 13th Scepter or Pillar at the
- 22c). Through the ManU Window, the Amoraea Wave circulates Pulses of Living God Consciousness
- "Ecka" Eternal **ManU** Flame Cosmic Core Sca lar Standing Wave Unified Field Template
- Amoraea Wave Ecka **ManU** Eternal Flame is known as the Heart of God, as
- we have the **ManU** Window emerging at the core. We have the Reuche Pillars
- interact with the **ManU** Window, and creating the next level of structure which is
- Pillar, the Ecka **ManU** Flame, the 12 Reuche Scepter Pillar Columnar Waves bend toward
- pass through the **ManU** Window at the Reuche center, blending and replicating their vibrational
- within the Ecka ManU Flame to form 12 rotating scalar standing columnar wave discs
- tomposed of blended **ManU**, EirA, and ManA Force called the Cosmic Shield of Amoraea
- the central Ecka **ManU** Flame. 12 Reuche Scepter Arcs Through vibrational interaction with the
- Wave-Pillar Ecka-Manu Flame the 12 Reuche Scepter Pillar Columnar Waves bend toward
- we have the **ManU** Window and the Amoraea Shield at the core. Each of
- Source through the **ManU** Window for demanifestation. The ManA scalar standing waves form a
- Force from the **ManU** Window, expands it into the Yunasai and Reuche Shields for

- Pillars with the **ManU** Window at the core. The pillars begin to arc towards
- Pillar, through the **ManU** Window and through the opposite Scepter Pillar. If we look
- <section-header> ~ Pillar and **ManU** Window There is a vast circulation of current through the
- Shield, the Ecka **ManU** Flame separates the counterclockwise rotation or contracting EirA currents from
- within the Ecka Manu Flame. These are held together and interwoven through the Amoraea
- from the Ecka ManU Flame, sending it towards the center point ManU Window, creating
- the center point **ManU** Window, creating a negative electrical current which creates the effect
- center point Ecka **ManU** Flame, creating a positive electrical current. The synchronized perpetual rotation

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EirA, ManA and ManU Currents and their breakdown, spiral through the Kathara template in Page: 60

within the Ecka ManU Flame at the Reuche center, a perfectly balanced spinning electromagnetic

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within the Ecka ManU Flame, ManU Window Reuche Center Point or Zero Point. They Ecka ManU Flame, ManU Window Reuche Center Point or Zero Point. They create the from the Ecka ManU Flame Zero Point within the center of the Amoraea Radial

Bodies and the ManU, EirA and ManA Divine Trinity of God Force Currents, the within the Ecka ManU Eternal Flame. This causes the Ecka ManU Flame scalar columnar causes the Ecka ManU Flame scalar columnar standing wave to expand outward from within standing wave of ManU God Force called the Cosmic Amoraea Crystal, a Cosmic Thought Page: 62

of Creation: the **ManU**, ManA and EirA, manifestation of the Kristos and Krystallah, the

to can access the **ManU**, ManA, and EirA Currents, the Primal Light and Primal Sound

File : 2007-11\_AmsterdamClass\_scan.pdf

Title : Amsterdam Class

Subject : Multiple Choice Questions and Answers

: MCEO Freedom Teachings Author

Keywords:

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ManA. (b) ManU. (c) Magnetic. (d) Prana. 8. What are Gamma

File : 2007\_12TribesVol1\_scan.pdf
Title : 12 Tribes Vol 1 transcript

Subject : scan of the 12 Tribes Volume 1 binder

Author : MCEO Freedom Teachings

Keywords:

Page: 212

occupying an androgynous **ManU** role today can spin in any direction they are moved

Page: 259

ManA and the ManU, the androgenous-component, alright And we had a little more

Page: 308

EirA, ManA and **ManU** forces All of this is . all the stuff we"ve

Page: 320

who represented the ManU, and they wanted the lie-down to be down following

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right now or **ManU** or a lady can feel very in tune with the

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releasing a 013 **ManU** spark into the Prana seed causing the Prana seed to

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releasing a 013 **ManU** spark into the Prana seed causing the Prana seed to

vonception of the ManU-Ec Exchange and phasing of the Rashalons and the Rashalons

the Rashalons and **ManU** Backflow And what this is about is when the 8th

set making one **ManU** 45 spark. The 12 ASK sets (one in each

each simultaneously spark **ManU** and the RashaLAe Body contracts and sends this 12-point

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ManU backftow burst into the Eiron point of the Prana seed.

Prana seed. The ManU backflow burst travels through the Eiron point into and through

tome together, spark **ManU**, this is where ManU comes into the picture, different type

this is where **ManU** comes into the picture, different type of energy, has a

3 base. The **ManU** has a 45 base. It"s a stronger energy, bigger energy,

was and make the **ManU** sparks the ManU sparks go in and what they send

- ManU sparks the **ManU** sparks go in and what they send back are Ec
- to where the **ManU** sparks were being made by the fertilization of the Rashalon
- some and sparking **ManU** and sending ManU back into the Eiron point at the
- ManU and sending ManU back into the Eiron point at the center of the

- point receives the **ManU** backftow burst from the outer domain Rash aLAe Body and
- together and spark ManU, come apart come back together and spark ManU and they
- together and spark **ManU** and they start building charge and sending that charge outward

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and create a ManU spark and they all do it at the same time,

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Point receives the **ManU** backftow burst from the outer domain RashaLAe Body and the

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- their fertilization (ManU backftow) and conception (Ec Backftow Return Cycle) following completion
- to contract/fertilize **ManU** spark on each inhale and to release or split into
- sets causes the **ManU** sparks formed during the inhale to expand outward from the
- 12, 12 point **ManU** sparks-that"s one set of 12 sparks for each of
- breaths equals 144 **ManU** sparks-12 into each Or on Crystal. And it's that
- oron Crystals with **ManU.** On the 13th inhale of round 9, the 12 Oron

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- they create a **ManU** Spark. So, each of the Fire Lines are ... which
- they will spark **ManU** and those 12 ManU Sparks will go into the center
- and those 12 **ManU** Sparks will go into the center Now this is after
- by go ... the ManU Spark doesn"t just go through the Eiron Point in the
- spark carries the **ManU** 12 Spark Set back through the Eiron Point, which would
- Body. When that **ManU** burst of Backflow flowing back to Source goes all the

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- Return from the **ManU** that the Rasha-Lons spark. The Rasha-Lon Sparks send
- send back the **ManU** and the Yunasai Inner Seed Atom sends back a burst
- wout They allow ManU to go in and then Ec to come back out

- fertilization position, spark ManU, then when it expands, instead of right away going back
- start to send **ManU** charge out to the Orons that are out here at
- vertain level of **ManU** accretion and they create a vibration in the field around
- result of the **ManU** Sparks being sent outward once these start their life cycle

- I+ Keriatric E-**ManU**-el Primal Force Keriatric Capsule Photogelziac KRYST Eternal Life Manifestation
- 🔖 +/-/ 0 Ketheric **ManU** Primal Force Protogeleziac E-Na 1 Ahalaah +ve

File : 2007\_12TribesVol2\_scan.pdf
Title : 12 Tribes Volume 2 transcript

Subject : 12 Tribes Volume 2 scan of the binder

Author : MCEO Freedom Teachings

Keywords:

Page: 33

ManA, EirA, and ManU representation. Put another way that means that we need eight

this -the **ManU.** You can go about it as a group any way

Page: 50

is called the **ManU** force, and they are the three primal source forces that

ManA, EirA, and ManU, and then the ManA creates the Prana and the Mana.

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by down, where the ManU sparks are released. Instead of Prana, it becomes ManU, and

Prana, it becomes **ManU**, and the ManU sparks, 12 of them, go back into

ManU, and the **ManU** sparks, 12 of them, go back into the center, spark

vou have the ManU-Ec Exchange, the Rasha body builds ManU charges from EirA

🌄 Rasha body builds **ManU** charges from EirA and ManA coming together to spark ManU,

together to spark **ManU**, which is, again, a certain quantum of energy where you

is what a **ManU** spark is. So, it is a bigger charge than just

alone. When the **ManU** sparks come back in from the fire lines, go into

that sends the **ManU** spark all the way back to Source through the creation

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eventually **ManU** in, Ec out, there is a series of replications that

certain point of **ManU-**Ec Exchange, the Rash a body contracts all the way

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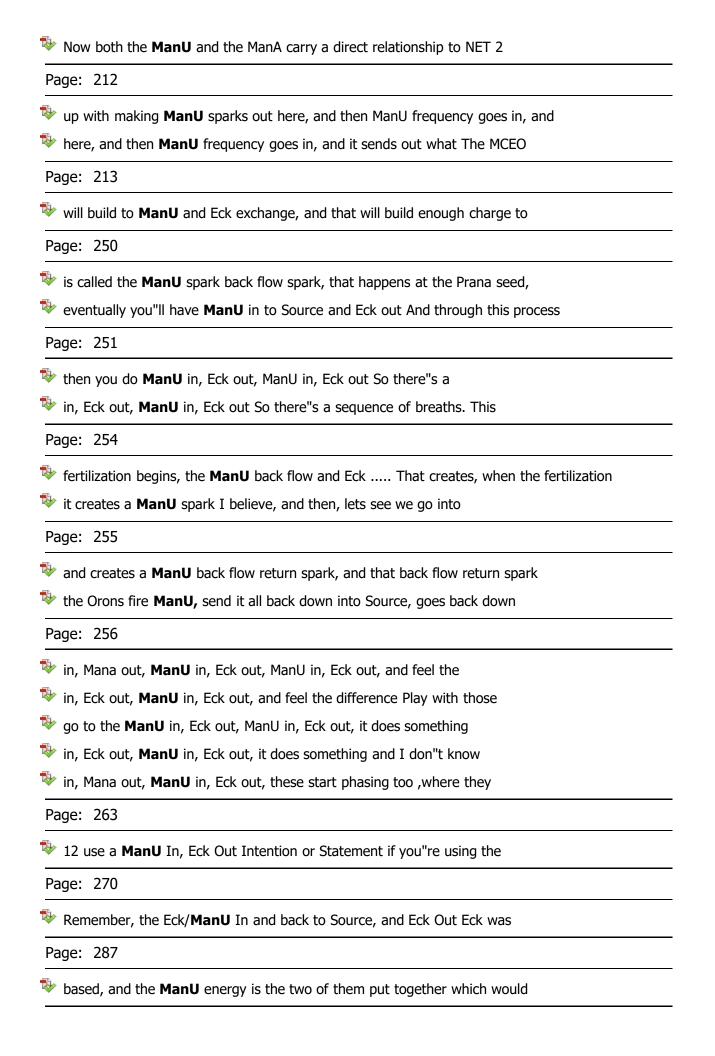
Prana, what carries **ManU.** Those kind of things. But, this is just to show

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ManA or the **ManU**, ok? And, when we do this, the Still Point Spin

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have the 6 ManU or androge and they will be working upper and lower.



they start sending **ManU** frequency back in. And ManU releases a frequency called the

back in. And ManU releases a frequency called the Ek frequency, which is the

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the Lons create **ManU,** sparks which are stronger They"re 45 charge, so it"s ManU

<section-header> charge, so it"s **ManU** in and Ek out And Ek has an even stronger

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iusL it"s a **ManU** Field actually, of just pure Source consciousness. And when the

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is called a **ManU** frequency. And I believe the ManU frequency has to do

I believe the **ManU** frequency has to do with the Cosmic DhaLA-LUma and

was a spark of ManU out, and when the spark of ManU breaks into ManA

the spark of **ManU** breaks into ManA and EirA, all right Now at this

you have the **ManU** coming in and at the Creation Point, it splits, where

Page: 422

by down here, that **ManU** when it splits ... so this part comes back and

File : 2007 12TribesVol3 scan.pdf
Title : 12 Tribes Volume 3 transcript
Subject : 12 Tribes Vol Binder scan
Author : MCEO Freedom Teachings

Keywords:

Page: 171

w .. and the ManU bodies that have a bit you know a balance of

balance of the **ManU** energy, they tend to be those mesomorph ones where they

Page: 172

I have a **ManU** body so it kind of balances out where I haven"t

Page: 218

the Spirit Body **ManU** energy. The transfigured ManE Body "condenses" into a minute

Page: 220

🦥 equal quantum of **ManU** Radiation that the Cosmic Spirit Body gives to the Zhyrah,

Page: 243

starts as a **ManU** Point here and it expands the ManA energy, outgoing energy,

File : 2008-01\_EngagingLoadOutDiary\_scan.pdf

Title : Engaging the Load-Out - Diary

: FOL "08 Engaging the Load-Out, the Last Ascension Cycle and the Gate of AshaLA - Workshop Diary Subject

: MCEO Freedom Teachings Author

Keywords:

Page: 4



basetones, ManA overtones, ManU resonant tones and MU tones. The tones release the seals

File : 2008-01\_EngagingLoadOutWorkshopTranscript\_scan.pdf

Title : Engaging the Load Out (workshop transcript)

Subject : Full transcript for FOL "08 workshop

Author : MCEO Freedom Teachings

Keywords:

Page: 14

vat once. If ManU energy-they call it ManU energy-comes in here and

they call it **ManU** energy-comes in here and it splits into ManA and

Page: 16

the EirA, where **ManU** energy breaks down into EirA and ManA and that begins

Page: 115

Tone or the **ManU** Tone, because it puts together 11 t negative EirA and

vreates 45 power **ManU** with the zero charge. That is called the Mu Tone.

Page: 121

which is the **ManU** Tone in the center, and then the Prana Tone and

File : 2008-05 WindsOfChangeDiary scan.pdf

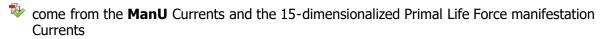
Title : Winds of Change - Diary

: Winds of Change, Tides of Transformation, Visions of Joy for a Transitioning World - Workshop Diary Subject

: MCEO Freedom Teachings Author

Keywords:





File : 2008-08 Sliders1 scan.pdf

Title : Sliders 1 - Supplement

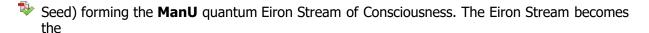
Subject : Emerging from Darkness, Preparing the Mind for Slide Introductory Atmic

Body Training

Author : MCEO Freedom Teachings

Keywords:

Page: 3



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Matter Plasmic Element **ManU** "Golden-Silver ONE" (D3-WPd, D2-AUAG "

File : 2008\_AttitudesAndResponsibilitiesMastery\_scan.pdf
Title : Attitudes & Responsibilities of Mastery - Handbook

Subject : Mastering Enlightenment

Author : MCEO Freedom Teachings - Ashayana Deane

Keywords:

Page: 2

w us to the **ManU** Point, that Still Point within through which we can see

Page: 38

almost like the **ManU** position, the still point that allows the Divine to flow

itself into the **ManU** position? How would that feel? Take a breath and bring

Page: 46

standing-wave of **ManU-**Holy Spirit that resides within the center of the personal

wave of Living ManU-God-Force consciousness expressing in the form of a standing

Page: 47

Scornic Divine Trinity ManU-ManA-EirA God-Force Primal Life Force Currents, remain OPEN.

standing-wave of **ManU-**Holy Spirit that resides within the center of the personal

standing wave of **ManU** Holy Spirit that resides within the center of the personal

standing wave of **ManU** Holy Spirit. I AM This I AM! SELF-SOVEREIGNTY "

Page: 63

I AM the **ManU** Still Point now! No Magic Pill "If you engage

Page: 76

the Still Point **ManU** frequency and asking yourself a simple question: "Who is

Page: 92

Daily use of **ManU** Technique-1: Eckasha Psonns "Magic Words." 3. Daily use

wse of Eckasha-**ManU** Salutations, either Solar or Lunar, including the Seurias. Once you

File : 2008\_SacredPSONNsInvocationsARofMastery\_scan.pdf

Title : Sacred PSONN Book

Subject : PSONNs Invocations and A&Rs

: MCEO Freedom Teachings - A"shayana Deane Author

Keywords:

Page: 15



ManU Technique 1: The Magic Words of Co-Creation Embodying the



Breath- Intention Creation **ManU-**Ec-RAE-Dha-KH U-KEE- Ma"a-Yana-T raia-

File : 2010-01\_ElementsOfDiscovery\_scan.pdf
Title : The Elements of Discovery - Handbook

Subject : 15 Dimensional Anatomy, Exploring the God Worlds, Cosmic Clock, Gifts of

the KRYSTHL River Prayer

Author : MCEO Freedom Teachings - Kathara Team

Keywords:

## Page: 2

 №
 ......
 52 The ManU Window
 53

## Page: 26

- back out. The **ManU** field is where this comes through from God-Source and
- the forces of **ManU/**ManA/EirA into the Primal units that they form-Partiki/
- wnits; units of ManU/ManA!EirA which are units of the Consciousness of God
- of consciousness (ManU!ManA!EirA Partiki/PartikA/Particum). Every dimension has structures

## Page: 32

- light fields; the **ManU** exists as the constant field behind both of them. D-
- vorresponds with the ManU Still Point Field; the Primary ManU Eckatic level (nonpolarized
- Field; the Primary **ManU** Eckatic level (nonpolarized field). These flame fields are not
- level at the **ManU**, ManA and EirA in D-13, D-14 and D-

## Page: 34

- One Spirit (ManU). This diagram is also called the Tree of Eternal Life.
- Point ManA Pillar **ManU** Pillar EirA Pillar In the ManU Field, the Still Point
- Pillar In the **ManU** Field, the Still Point Field where creation takes place, we

#### Page: 43

- Eckasha-Aah 1A) ManU VOID, 1" Partikl Unit of GodForce Attention; The "Stiii-
- which is the Still Point Void-"in the beginning was
- Divine Trinity, the **ManU,** the ManA, and the EirA-the Holy Spirit, the Divine

- Sod-Source Trinity ManU God-Spirit SrlllpoInt \fold "JJto.,WW,FWWt1"" "
- terms of a **ManU** Field, which in turn encompasses an EirA and a ManA
- to as the **ManU** Current, the ManU Field in Creation. That in turn creates

- ManU Current, the **ManU** Field in Creation. That in turn creates a replica which
- Primal Fields: the **ManU**, ManA, and EirA Fields. Within these fields, Source brings Its
- Fields of the Manu Fields and the smaller Kathara Grid at the center spanning
- Inside the Yunasai **ManU** Force Field , the EirA and ManA Force Fields each

- \*\* Kathara Grid, the **ManU**, EirA and ManA God Forces of the Yunasai, the original
- We Creation Intention, the ManU, EirA, and ManA God Forces intertwine a portion of their
- $^ ext{$^ ilde{$\!\!\!$$}}$  ManA of the **ManU,** ManA, and EirA Primal Fields within creation; and the :~~
- consciousness of the ManU, ManA and EirA Fields window• exists. They intertwine a portion
- wand Fire-the Manu Window and the Ecka Eternal flame. Following the Cosmic Kathara

- pening called the **ManU** Window Manifestation Point or Zero Point, at the center points
- we mergence of the **ManU** Window. This is the Zero Point which is at the
- with directly into the ManU Force Field of First Creation and the Living Eternal Consciousness
- interact with the **ManU** Field causing a quantity of the ManU Force Consciousness, called
- quantity of the **ManU** Force Consciousness, called the Amoraea Wave Pillar or Ecka ManU
- Pillar or Ecka **ManU** Eternal Flame, to emerge through the . ManU Window to
- through the . **ManU** Window to form a 13th Scepter or Pillar at the
- circle. Through the **ManU** Window, the Amoraea Wave circulates Pulses of Living God Consciousness
- Amoraea Wave Ecka **ManU** Eternal Flame is known as the Heart of God, as
- we have the **ManU** Window emerging at the core and the Reuche Pillars beginning
- interact with the **ManU** Window creating the next level of structure which is referred
- Pillar, the Ecka **ManU** Flame-the 12 Reuche Scepter Pillar Columnar Waves bend toward
- "Ecka" Eleroal **ManU** Flame collectively called the 12 Reuche Scepter Arcs. CosmicCoreScularS""ridingWave
- Unified Field Template ManU Window at the Reuche center blending 12 and replicating their
- within the Ecka **ManU** Flame, to form 12 rotating scalar standing columnar wave discs
- vomposed of blended Manu, EirA and ManA 12 Reuche Scepter Arcs Force, called the
- the Central Ecka **ManU** Flame. ~~::! ~~=~~~!:"a!2~~~~~::~:~~~t~: "Path of
- Scepter Shields, the **ManU** Window Amore• and the Amoraea Shield at the core.
- Source through the **ManU** Window for demanifestation. The ManA scalar standing waves form a
- Force from the ManU Window, expands it into the Yunasai and Reuche Shields for
- Pillars with the **ManU** Window at the core. The pillars begin to arc towards

- Shield, the Ecka **ManU** Flame separates the counter-clockwise rotating or contracting EirA currents
- within the Ecka Manu Flame. These are held together and interwoven through the Amoraea
- irom the Ecka ManU Flame, sending it towards the center point ManU Window creating
- the center point **ManU** Window creating a negative electrical current, which creates the effect
- center point Ecka **ManU** Flame, creating a positive electrical current. The synchronized perpetual rotation

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- within the Ecka **ManU** Flame at the Reuche Center, a perfectly balanced spinning electromagnetic
- within the Ecka **ManU** Flame, ManU Window Reuche Center Point or Zero Point. They
- Ecka ManU Flame, **ManU** Window Reuche Center Point or Zero Point. They create the
- from the Ecka **ManU** Flame Zero Point within the center of the Amoraea Radial

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- Bodies and the Manu, EirA and ManA Divine Trinity of God Force Currents, the
- within the Ecka ManU Eternal Flame. This causes the Ecka ManU Flame scalar columnar
- to expand outward from within causes the Ecka Manu Flame scalar columnar standing wave to expand outward from within
- standing wave of **ManU** God Force called the Cosmic Amoraea Crystal, a Cosmic Thought

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- of Creation: the ManU, ManA and EirA, manifestation of the Kristos and Krystallah, the
- to can access the Manu, ManA, and EirA Currents, the Primal Light and Primal Sound

Page: 52

within itself: The ManU: 1st PKI; Void Eternal Still Point. The EirA: 1st PCM;

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- The **ManU** Window The ManU Window is an opening that reflects the
- ManU Window The ManU Window is an opening that reflects the 1st Creation Point
- Divine Trinity. The **ManU** Window allows for an open circulation of frequency/consciousness throughout

- Core holds the **ManU** Flame, which is the window through which there is always
- value of the state of the state
- of downstepping, the ManU Flame, which is within the 13th Center Pillar, replicates itself

- Shield. Simultaneously, the **ManU** downsteps to create the ManA Reuche The Reuche God-Seed
- <sup>™</sup> 1\2"1 ManU ~", Repfica ElrA 6 i80 d eg.

File : 2010-04\_CamelotInterview\_scan.pdf

: Camelot Interview - Handbook Title

: Diagram pack for Camelot Interview Subject

: MCEO Freedom Teachings - Ashayana Deane Author

Keywords:

Page: 63



Templar Stewa:rlship **ManU<!\+** Fiek:l Gul:fe {SAS/M+FG), Pa~el

File : 2010-04 MakersOfWings scan.pdf

: Makers of Wings and Other Things - Handbook Title

: The Orbs of Ah-SA-yas, Planes of Aurora, Ancient Arrows, Planetary Mirror Ball and the Hidden Cities of Earth Subject

: MCEO Freedom Teachings - Ashayana Deane Author

Keywords:

Page: 4



5 JhaOa @**ManUesolids-"**Crysta!"(Urtha) Rings(7}Ta,(B)Ma, and(9)Ka

File : 2010-08\_Sliders8\_scan.pdf

Title : Sliders 8 - Handbook

Subject : Awake, Aware, and ALIVE in the Lands of Aah, The Sea of Ah-Yah, Eternal

Stream of Ah-Yah-YA the Covenant of Ah-Yah-Rhu and Eternal Dream

Fields of the ONE, Preparing the Body for Slide - Advanced Level

Author : MCEO Freedom Teachings

Keywords:

Page: 34

Seed-Temples of **ManU-**5/22-24/2010 activations). \*1/1-3/2010

Page: 36

Seed Temples of **Manu** — which engaged expedited activation and opening 5/22–24/

—Temples of **ManU||** (Mashaya-Hana) EtorA-Monadic-3 Krystal Temples, Sarasota, FL.

Page: 37

Gateways,—Temples of **ManU||** (between Median, Higher & NET-Earth Elemental Aquafereion Shield

Silver ONE Krystal **ManU** Buffer Field activates within the DNA, atoms, D-3-Atmic

Silver Seed|| (ManU) Mashaya-Hana-AmorAea Krystal Temple Field. Featured Techniques: activation of

Seed-Temples of Manu-Monadic Activation-3 of NET-Earth's Aquafereion Shield Silver

Page: 67

Eckasha-Aah 1A) **ManU** VOID, 1st Partiki Unit of God-Force Attention; The —

File : 2011-04\_ShA-DahL-UUN13Virtues\_scan.pdf

Title : ShA-DhaL-UUN 13 Virtues - Handbook

: The ShA-DhaL-UUN Rite, 13 Virtues and the Shores of Ah-MA-ya-san, Planetary Mirror in the Sky Activation  $\bf 1$ Subject

: MCEO Freedom Teachings - Ashayana Deane Author

Keywords:

Page: 38



hold first the **ManU)** that create the pattern that allows for the creation of

File : 2012-08\_TreasuresOfTan-Tri-Ahu-ra-handout\_scan.pdf

Title : Treasures of the Tan-Tri-Ahu-ra - Handout

: Gate Walkers, Wave Runners and Star Riders of the KRYSTHL River Host Subject

Author : ARhAyas Productions - E"Asha Ashayana

Keywords:

Page: 15



the Reuchea IA} ManU VOID, 1st Partild Unit of God-Force Attention; The "

File : 2012 MCEOarticles scan.pdf

Title : MCEO Articles

Subject : Compilation of Articles publically avaiable from the MCEO

Author : MCEO Freedom Teachings

Keywords:

Page: 54

(known as **ManU**) comes first, containing and expressing both the masculine or positive/

Page: 57

the form of **ManU**, Eir A and ManA) between Source and its original expressions

Page: 58

the all-embracing **ManU** force is literally how the pure love at the heart

Page: 93

(Still-point **ManU)**\* and within the Void God spoke the Word (pre-

File : 2013-12 SecretsOfEFFI Handbook scan.pdf

Title : Secrets if the EFFI - Handbook

: Shiftmasters Course 1 - The hidden powers of Consciousness, Concave & Convex reality Cave dwellers, the Ancient Sncestral code & the Cloak of Subject

ARI-YON"ah

: ARhAyas Productions - E"Asha Ashayana Author

Keywords:

Page: 43



(metallic electroplasmas **ManU**, ManA, Prana/Mana+Eirah; Step-8 Translation Sequence). The Middle

File : 2013\_04\_ELAiSaAwakening\_Handbook\_scan.pdf

Title : E-LAi-Sa Awakening - Handbook

Subject : The Indelible KRYST Code & Chismatic Self-Healing Level 1

Author : ARhAyas Productions - E"Asha Ashayana

Keywords:

Page: 37

SOURCE CURREIITS The **ManU**, ManA & EirA Primal Source Currents are the pc;>werful,

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🔖 •voJO;, - ManU , on:a "P.•rtJkl Currotnl Flow (Stlii

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Matter Plasmic Element **ManU** "Golden-Silver ONE (03-WPd 02-AUAG ·

File : 2014-04\_ShiftMasters1\_scan.pdf

: Tan-Tri-Ahura Teachings $^{\mathsf{TM}}$  ShiftMasters $^{\mathsf{TM}}$  Course-1 Title

Subject

Author : (C)2014 E"Asha Ashayana

Keywords:

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Matter Plnmlc Element **ManU** "Golden-Silver ONE" (:)3-WPd. D2·AUAG

Page: 35



(metallic electroplasmas **ManU**, ManA. Prana/Mana+Eirah; Step-S Translation Sequence). The Middle

File : 2014-12 KDDL1ChartPack\_scan.pdf
Title : Keylontic™ Discourses for Daily Living

Subject :

Author : (C)2015 E"Asha Ashayana

Keywords:

Page: 12

> -Azure-Blue **ManU** Reion Field B. 0-11 +Pale Yellow ManA Trion

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Deep-Azure-Blue **ManU** Reion Fields. B. D-11+ Pale Yellow ManA Tnon Fields

Sanctum D-12 **ManU** Windows merge to form one TRANS-HARMONIC Sllvtr Sanctum ManU

\* HARMONIC Sllvtr Sanctum **ManU** Window around bodies & in nude I Keylon tic"" Discourses

File : 2016-03\_KDDL2\_scan.pdf

Title : Arhayas Productions KDDL2 Hand Book

Subject :

Author : (C)2015 E"Asha A. Arhayas

Keywords:

Page: 14

> -Azure-Blue **ManU** Reion Field B. D-11+Pale Yellow ManA Trion Field

12 Eiros Flame **ManU** Window around & in n.uc.le.i ...... Keylontic"M

Page: 15

Deep-Azure-Blue **ManU** Reion Fields, R D-11+ Pale Yellow ManA Trion Fields

12 Ecliasha Capsule **ManU** Window Pale-Silver Reion Field Keylontic~ Discourses for Daily Living

File : <u>KeylonticDictionary.pdf</u>
Title : Keylontic Dictionary

Subject : KS Dictionary

Author : MCEO Freedom Teachings

Keywords:

Page: 3

On.-me Tnrury ManU Consciousness C-12 DNA D-11 Consciousness Streams Srremof DNA.\_

Page: 4

T-<5 fuA **ManU** FU.Cry.tals Star OySiol Seals Eiroos PanklaUnla FiR Ltntn

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Kntharo Grld HolySpint **ManU** Katbar.l Grid K-1 Hoo∼·tll-Ea H-

Page: 6

tnoexPage5 Lair: Forte ManU Mm10r II-10 Lifr: Force Currents Unhwsol Lif• Force M~

ldmliry M<InA **ManU** Multa-\."ector Consoousoess:\f-23 M.anifestaboo M.atnx

Nadlal Capsule Nadls **ManU/** M<InA ~¹ .... Na&s N-1 ManU

s N-1 ManU Breaths LotusBudB1"(1(Jth NCTNNd ::"J-1 Master Psoons

Page: 7

F ortt Currents **ManU** Ori.t Un GfifJO:JaC Primal We for« Cunmts

Primal Lik Force **ManU** Ova-UM T"""" Pnma1 l.tgbt f lt:kls KM-

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Tn..mtv (**ManU-**ManA-EirA) God Forces., which emerges as an ell.iptical-

til UU:N 🗫 Otvine Tnnitv (**ManU-**ManA-EUA) God-Force PRIMAL FORCE Ct il UU:N

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Eiroo-MiooProton Umts **ManU** "Ec" ManA "Ka" ElrA "Sha" = Eckasha

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I causes the **ManU** window at the center to dose ~nnanmtly. As energy

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with the Eckasha, **ManU,** and related Co&s. th~ "Keys" are Unn

\* ·13 KEE **ManU** doorway. btgmrung acrintion of tbl! ~Force r:ays within activ:ates the **ManU** R.ays wtthtn the Densltv-1 Body and bnngs the

and bnngs the **ManU** P}gsc- oftbl! Ecbsha 12-Pomt M.rrkahl VebJ.cle

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Bud & ] ManU Breaths Refe ren ces ECKA ~ Exhale only out to

Lotus Bud & **ManU** Breath "-"-"" ... -'----~ .... I Pt.-.. ----...

Page: 199

• Module Handbook **ManU-** ManA EirA References IheRltbodden Testaments of .. ,.,\_, The Kath.

Light, Eir.-\- Sound) **ManU-** ManA- ElrA The Primal Forcf" CuJTfDts are the forms that

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Ltfe force CWTmts) **ManU** "Ec" ManA "Ka" EirA ·Sha" = Eckasha

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10 the **ManU** udranga If this dtdn "r happen, thtn thfir-. would

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works with the ManU Field. It controls radial Body Veca density locks on dimensions

Page: 312

• Curruts (ManU) are the forms tlut Co11sciomtuss takes on in order to

Page: 327

Cont) Low Veca"s **ManU** Mid Veca"s Immanu