


Search Results

Summary


Searched for : **ego**
In index(es) : **H:\KS_Scan_Library\MasterIndex.pdx**
Results : **56** document(s) with **382** instance(s)
Saved on : **7/9/2017 5:23:35 PM**

File : [1999-09_EvolutionaryPathClass_scan.pdf](#)
Title : Evolutionary Path Class
Subject : Questions and Answers
Author : MCEO Freedom Teachings
Keywords :


Page: 9

 wrong, recognize the **ego** game and refrain from engaging. You do not have to


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 wrong, recognize the **ego** game and refrain from engaging. You do not have to


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 just what the **Ego** thinks is right. They're willing to open the lines of


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 a) Titles and **ego** trips (b) Energy and frequency (c) Accelerated DNA


Page: 64

 just what the **Ego** thinks is right. They're willing to open the lines of

Page: 71


 a) Titles and **ego** trips (b) Energy and frequency (c) Accelerated DNA


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 on others are **ego** games that blind you to self-awareness and empowerment. If


File : [1999-12_Kathara1_scan.pdf](#)
Title : Kathara 1 - Manual
Subject : Introduction to Kathara Bio-regenesis technologies, Color, Symbol, Sound and Bio-regenesis
Author : MCEO Freedom Teachings
Keywords :

Page: 8


 bad attitude of **ego**, arrogance and "garbage" will cause more of the same

 can let the **ego**-self try to force its will upon the intrinsic nature

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 an expression of **EGO** most often used by people who feel that they are

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 conscious, Instinctual and **Ego**-Reasoning aspects of the "Mortal Mine!" and the Personal

File : [1999_TangibleStructure_scan.pdf](#)
Title : Tangible Structure of the Soul - Handbook
Subject : Multidimensional anatomy, ascension teachings, accelerated bio-spiritual evolution program
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :




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the personality and **ego** identity, into the greater aspects of gestalt identity, as contained

File : [1999_Voyagers1_scan.pdf](#)
Title : Voyagers I - Book
Subject : The Sleeping Abductees, Second Edition
Author : Ashayana Deane
Keywords :

Page: 140


 picture. The "**ego**/conscious personality" represents the portion of the Reasoning Mind that
 comprehensible to the **ego** identity. Due to genetic distortions and the present level of
 consciousness from the **ego** and the body during sleep, in order to have full


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 simultaneously with the **Ego** self, whether or not the ego is consciously aware of
 or not the **ego** is consciously aware of these perceptions. Information gained through the
 available to the **ego**/personality if the ego accepts its responsibility for being the
 personality if the **ego** accepts its responsibility for being the conscious director of energy
 to be. The **ego** can build a bridge between the Dream self/higher-self,
 Science. As the **ego** begins to assimilate the other portions of the Reasoning Mind,


File : [2000-06_AngelicRealities_scan.pdf](#)
Title : Angelic Realities - Book
Subject : Survival Handbook
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :


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 and 2, the **Ego** Mind of dimension 3, and the multidimensional Spiritual Mind levels


 multidimensional spectrum. The **Ego** Mind speaks in linear words and language patterns and the


 mind and the **Ego** Mind can be bridged by the Ego Mind taking the

 bridged by the **Ego** Mind taking the initiative and creating Symbol-code Agreements with


 Code-Agreements, the **Ego** Mind sets a parameter for a specific symbol or shape


 of mind. The **Ego** Mind may then use the Symbol-Code to retrieve conscious

 to allow the **Ego** Mind to access greater information regarding whether or not it

 Symbol between the **Ego** Mind and the other levels of the Multidimensional Mind. The










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 on others are **ego** games that blind you to self-awareness and empowerment. If

 wrong, recognize the **ego** Six Steps Toward Joy With Others 79

File : [2001-05_SecretsOfLemuriaTranscript_scan.pdf](#)
Title : Secrets of Lemuria (transcript)
Subject : Partial transcript for Kauai workshop
Author : MCEO Freedom Teachings
Keywords :

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-  to as the **ego**, is not a bad thing, it's just a part of
 -  3D world. The **ego** has been taught that it's alone down here. So it
 -  patterns. eople vvith **ego** problems are just people whose personality levels got so scared
 -  there"s people with **ego** problems that will play the opposite to that- passive, I'm
 -  Workshop 2. The **ego** needs a nice linear flow of information for it to
 -  We all have **ego**. **Ego** is not bad. It's just the part of ourselves
 -  linear path, the **ego** goes "ah! Let me go find some of those
 -  remember now? The **ego** gets stuck on these questions a lot of the time.
 -  healing because their **ego** can't grasp. You need a bridge. So we'll make the
-

File : [2001-09_BiVecaTriVecaIntroduction_scan.pdf](#)
Title : BiVeca TriVeca Introduction
Subject : Details contemporaneous to the introduction of the Veca Codes
Author : MCEO Freedom Teachings
Keywords :


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pride and your **ego** and you say: "If I am interpreting what so

File : [2001_MastersTemplarStewardshipManual_scan.pdf](#)
Title : Masters Templar Stewardship - Manual
Subject : Templar Stewardship (without roman numeral pages, so pg numbers should be correct or very close)
Author : MCEO Freedom Teachings
Keywords :

Page: 12

 an expression of **EGO** most often used by people who feel that they are

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 his folly of **ego** and quest for chemically induced "spiritual enlightenment", Akhenaton was

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 Fix" and "**Ego** Pat" No Human on Earth at this time has true

 Fix" and "**Ego**-Pat" Seductions, we can avert Fallen Angelic and Illuminati manipulation

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 keeps "**Ego**"and "Spiril" polarized: 11 -4- 7- 10-1

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 conscious, Instinctual and **Ego**-Reasoning aspects of the "Mortal Mine!" and the Personal

File : [2002-05_DanceForLove_scan.pdf](#)
Title : Dance For Love
Subject : Partial Transcript for Dance For Love workshop
Author : MCEO Freedom Teachings
Keywords :


Page: 3

 go kill your **ego** ... and then they try to pretend like they have
 they have no **ego**. Right? "My ego is dead. I killed it. I
 Right? "My **ego** is dead. I killed it. I threw it out. I
 about what an **ego** is, in the first place. Disk 2; lh 24 An
 24 An "**Ego**" is simply the part of you that looks out on
 the window." Your **ego** goes with your mental body. However, there is "negative
 is "negative **ego**", which is when the mental body gets confused and it
 People with negative **ego**, and we all have some touches of it... it might

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 don't need negative **ego**. Negative ego is to protect the personality when it believes
 negative ego. Negative **ego** is to protect the personality when it believes it doesn't
 that is where **ego** comes from. The negative ego is what a lot of
 from. The negative **ego** is what a lot of spiritual traditions try to, like,

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 has smaller, usually **ego**-based issues, that, oh, it wants this right now, and

File : [2002_DanceForCommonHandbook_scan.pdf](#)
Title : Dance For Series - Handbook
Subject : Common handbook for all ten associated Workshops (March "02 - Aug "03)
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

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 conscious, Instinctual and **Ego**-Reasoning aspects of the "Mortal Mind" and the Personal


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 bad attitude of **ego**, arrogance and "garbage" will cause more of the same

 can let the **ego**-self try to force its will upon the intrinsic nature

Page: 161

 mental body "**ego**" awareness to traverse other regions of space-time and density.


 Mental Body "**ego**" great difficulties in natural formation and usage of the organic

 the D-3 **Ego** often experiences this expansion of consciousness as being "out

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 projecting D-3 **Ego** attempts to ignore or override this bio-response, it can

 to contract. The **Ego** may find itself "trapped out of body" unable to

 physical, allowing the **Ego** to "get back into the body". In extreme cases


 motion and the **Ego** meets its biological death transition. Working with Maharic, Node and

 the Density-1 **Ego**. The MCEO Freedom Teachings® Series Presented by Adashi MCEO


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 Mental Body "**ego**" awareness to traverse other regions of space-time and density.

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 Conscious Mind "**Ego**". How quickly one will become able to hold clear mental

Page: 174


 Atniospfle- " -.,, Plane **Ego** expands to Density-2 Chris!Q\$IJ activation with

Page: 180

 between D-3 **Ego** and the Higher personal Inner Christos to strengthen the Ego's

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 billion · years **ego**; Wesedak fe~ 150 bllllon years. ,,,,;:::=~=. ,,,,,,~,,, ago & Interfaced with

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 the D-3 **Ego** remains stuck The MCEO Freedom Teachings® Series 188 Presented

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 3 Mental Body **Ego** leave the physical body and make safe transition into the


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 D-3 "**Ego**" self "loses track of itself" as the split begins

 DNA, causing the **Ego** to "fall asleep", to then "reawaken" in the


 emerge and the **Ego** would begin to "shift" consciousness to the D-4

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 manifest" and the **Ego** will begin to have conscious control in initiating Astral Projection


 to D-3 **Ego** thoughts "on its own", taking these thoughts into actions


 the D- 3 **Ego** mind while simultaneously being fully awake and engaged in D-


 holograms that the **Ego** will "run into as physically real" as the DNA

 the D-3 **Ego** "moves into the future" to meet its creations. "

 "Fantasies", the **Ego** is, in actuality, creating. "Imagination" is highly misunderstood in


 coherent and the **Ego** does not "blank out" and lose itself as in

 the D-3 **Ego** consciousness accelerates in oscillation, rises in frequency and expands into

 the Mental Body **Ego** remains "stuck in 3-D" and cannot expand into

 the D-3 **Ego** mind awareness, disrupting its ability to focus clearly within, often

 or overwhelming the **Ego** with chaotic sensory impressions over which the D-3 mind


 control. If the **Ego** mind recognizes that it is the intended co-creative director


 of identity, the **Ego** can begin to develop confidence in its innate creative powers.


 mind technologies" the **Ego** can work with the Higher Self to get free from

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 the D-3 **Ego** through more direct, immediate, telepathic communication. This is also a

 the D-3 **Ego** to progress in Radial Body expansion to eventually develop skill



 the D-3 **Ego** entering 4th DNA Strand activation eventually learns to consciously "

 veils" between the **Ego** and other stations of consciousness will progressively dissolve as the


 dissolve as the **Ego** and Higher Self together work to heal the Shadow, transcend

-  by distracting the **Ego** mind with fantasy dramas, while harnessing the D-3 Mental
 -  the D-3 **Ego** recognizes that "thinking", "imagining" and "Day Dreaming"
 -  the D-3 **Ego** mind begins to "walk its 3-D holographic dream"
 -  3 awareness the **Ego** begins to recognize translations of knowledge from the Higher Self
 -  3 Mental Body **Ego** progressively and reciprocally recognizes itself as an eternal consciousness that
 -  integration continue, the **Ego** progressively "remembers" more detail about "what the present
 -  locations. Once the **Ego** experiences the realities of genuine spiritual integration, consciousness expansion and
-

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-  is going; the **ego**/Shadow side is not something to be jettisoned in order
 -  formed by the **ego** (to protect itself from your higher ideals) is still
-

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-  flower of the **ego**-Shadow is comfortable to acknowledge the new seeds of the
-

File : [2002_VoyagersII_scan.pdf](#)
Title : Voyagers II - Secrets of Amenti
Subject : Freedom Teachings
Author : Ashayana Deane
Keywords :

Page: 68



Creation of the **Ego** and the Higher Self. 9,558 BC-8000 BC Following the

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human lineage. DREAMING, **EGO**, AND HIGHER SELF Dreaming The third DNA strand corresponds to

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DREAMING, **EGO**, AND HIGHER SELF ter did not dream multidimensionally as the



Frequency Fence. The **Ego** and the Higher Self Through the mutation in the third

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known as the **Ego**, and its perceptions are limited to activity taking place within



The lower mind **Ego** developed an exaggerated sense of dualistic perception, as it became



Frequency Fence the **Ego** became cut off from conscious relationship with its personal morphogenetic



the planet. The **Ego** awareness felt itself to be isolated and separate from the



reality, but the **Ego** awareness lost the ability to consciously perceive that reality. The

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DREAMING, **EGO**, AND HIGHER SELF The Higher Self mind could not only



was operational the **Ego** could not translate higher dimensional data into conscious awareness, nor



mind of the **Ego**, and through this conscious connection the Ego rediscovers its multidimensional



conscious connection the **Ego** rediscovers its multidimensional aspects of awareness. When the third DNA



merge with the **Ego** and the mental awareness will comprehend itself as being a



in integrating the **Ego** into its multidimensional identity is to open the lines of



conscious communication between **Ego** and Higher Self. In contemporary terms this is often called




merge. If the **Ego** makes a conscious effort to allow its Higher Self to




then eventually the **Ego** will understand the Higher Self to be part of its


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 Self and the **Ego** came into being within the human lineage in 9540 BC,


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 veils between the **ego**, higher self and soul identity began to 135

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 veil between the **ego** and the higher self identity aspects to begin dissolving. 2.


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 karmic dramas and **ego**-based choices that normally would have manifested. The Incubation Rite

 the soul and **ego** identity. The couples of Palaidorian Birthing Contracts will begin rapid

Page: 195

 division between the **Ego**/personality awareness and the Higher Self awareness. Reversal of this

 to merge the **Ego**, stationed in the low to middle frequency bands of D-


 identity. When the **Ego** and Higher Self merge, awareness of the astral and soul

 available to the **Ego**, dream reality and astral perception become clearer, fourth DNA strand

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 the D-3 **ego** identity and a separation of the lower three levels of

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 will permit your **ego** to get out of the way of your intuitive perceptions.


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 Fix" and "**Ego** Pat" • No Human on Earth at this time has

Page: 319

 Fix" and "**Ego**-Pat" Seductions, we can avert Fallen Angelic and Illuminati manipulation

Page: 385

 the Drakonian-inspired **ego**-trip propaganda of "scientific expertise," whereby most of humanity's

File : [2003-08_DanceForJoy2Transcript_scan.pdf](#)
Title : Dance for Joy 2 (workshop transcript)
Subject : Transcript for Dance For Joy 2 Workshop (Andorra, First HeThaLOn peak)
Author : MCEO Freedom Teachings
Keywords :

Page: 28



Big doesn't mean **ego**-bound. It doesn't mean, "hi, I'm going to be

File : [2003-09_ScienceSpiritCreation_scan.pdf](#)
Title : The Science and Spirituality of Creation - Handbook
Subject : Cosmic Order, Interdimensional Anatomy, Primal Life Force Currents,
Merkaba, Flame Body
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

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Mental Body "**ego**" awareness to traverse other ~hns of space-time and

File : [2004-04_Kathara23-Manual_scan.pdf](#)
Title : Kathara Levels 2 & 3 Foundations - Manual
Subject : Awakening the Living Lotus, Healing Facilitation Through Crystal Body Alignment
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

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 Mental Body "**ego**" awareness la trnveJSe other r"wi:Jns of spare.time and

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 Mental Body "**ego**" awareness lo ui3verne other ~ions of space-orne and

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 Conscious Mind. "**Ego**". How quickly one will become able to ~old clear

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 between D-3 **Ego** and the Higher personal Inner Christos to strengthen the Ego"s


File : [2004_APindex_scan.pdf](#)
Title : Index of AP publications through 2003
Subject : Index reference for early printed materials
Author : MCEO Freedom Teachings
Keywords :


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 of the "**Ego** Pat" Averting the Seduction of the "Quick Fix" Awakening

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 Chapter 18 384 **Ego** - Creation of VV-2/B Chapter 4 71 Ego

 Chapter 4 71 **Ego** and Higher Self VV-2/B Chapter 4 79 Ego

 Chapter 4 79 **Ego** Pat- Averting the Seduction VV-2/B Chapter 15 333

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 Higher Self and **Ego** VV-2/B Chapter 4 79 Higher Sensory Perception LAL

File : [2005-01_KethradonAwakening_scan.pdf](#)
Title : Kethradon Awakening - Handbook
Subject : Indigo India and the Kethradon Awakening Starburst 13 and the Gifts of Rama
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

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the 3-D **Ego** personality most often interfere immensely with the positive evolutionary plan

File : [2005-10_WhispersRashaReishATranscript_scan.pdf](#)
Title : Whispers of the Rasha ReishA (workshop transcript)
Subject : Partial transcript for the Whispers Ws (where upstep to HaaTUrS occurred)
Author : MCEO Freedom Teachings
Keywords :


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Because of an **ego** trip. I won't use that expression. They have an expression


File : [2006-05_ConsciousnessOfAscension_scan.pdf](#)
Title : Consciousness of Ascension
Subject : Consciousness of Ascension Kathara Team Module
Author : MCEO Freedom Teachings
Keywords :


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 themselves and others. **EGO** AND NEGATIVE EGO rrlie desire for recognition amongst one"s peers


 EGO AND NEGATIVE **EGO** rrlie desire for recognition amongst one"s peers (and tlie


 you. An "**Ego**" is simply the part of you that looks out on


 window " Your **ego** goes with your mental body. However, there is "negative


 is "negative **ego**", when the mental body gets confused and creates all sorts

 People with negative **ego**, and we all have some touches of iL it might

 don"t need negative **ego**. Negative ego is to protect the personality when it believes


 negative ego. Negative **ego** is to protect the personality when it believes it doesn"t

 that is where **ego** comes from The negative ego is what a lot of


 from The negative **ego** is what a lot of spiritual traditions try to annihilate

File : [2006-11_PosturesOfLove_scan.pdf](#)
Title : Postures of Love - Handbook
Subject : Steps towards Joy, Loving Joy is the Intrinsic Nature of Source, When you choose At-Onement with the Living God Source within you, you will know the love
Author : MCEO Freedom Teachings - Kathara Team
Keywords :


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 the personality and **ego** identity into the greater aspects of gestalt identity as contained


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 learned about what **Ego** means, what it means to be "Source-less ,"


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 an expression of **EGO**, most often used by people who feel that they are


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 The lower mind **Ego** developed an exaggerated sense of dualistic perception, as it became


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 24 An "**Ego**" is simply the part of you that looks out on


 there ... Your **ego** goes with your mental body. However, there is "negative


 is "negative **ego**," which is when the mental body gets confused and it

 People with negative **ego**, and we all have some touches of it (it


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 negative ego. Negative **ego** is to protect the personality when it believes it doesn't

 that is where **ego** comes from. The negative ego is what a lot of

 from. The negative **ego** is what a lot of spiritual traditions try to, like,


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 Oh, we're on **ego** trips." No, it isn't about that. You need to be


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 it, not with **ego**, not with arrogance, not with: "I'm just wonderful. I'm


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 on others are **ego** games that blind you to self-awareness and empowerment. If


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 wrong, recognize the **ego** game and refrain from engaging. You do not have to


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 need for "**Ego** demand," which is based upon a fear of non-fulfillment


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 has smaller, usually **ego**-based issues, that, oh, it wants this right now, and


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 PATIENCE: Whose TIMING? **Ego** or SPIRIT? KINDNESS: The greatest GIFT you GIVE
YOURSELF CONSERVATION:

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 of mastering the **ego**. There's a lot of lip service to love, which often

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 3. Every **ego** compensation pattern; where the ego tries to make itself more

 pattern; where the **ego** tries to make itself more important or it gives itself

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 the rift between **ego** and Higher self (discussed in Voyagers 2), thereby enabling

File : [2007-04_KRYSTarAwakeningDiary_scan.pdf](#)
Title : KRYSTar Awakening - Diary
Subject : The KRYSTar Awakening and Starfire Maps, Solar Gates, Prana Seed and the Aqualene Sun - Workshop Diary
Author : MCEO Freedom Teachings
Keywords :


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(aka "**EGO**-Net"). A"sha showed us how the D- 1 NET completely

File : [2007-04_KRYSTarAwakeningTranscript_scan.pdf](#)
Title : KRYSTar Awakening (workshop transcript)
Subject : Full transcript for April 2007 Workshop (right after the murder of SOL)
Author : MCEO Freedom Teachings
Keywords :


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 Overlay Net. The **Ego**-Net for short. That's the D3 mental body Net. These


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 Net, or the **Ego**-Net, that controls the mental body or the epigenetic overlay.

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 D3 Net, the **Ego**-Net, the Epigenetic overlay Net. It corresponds to what we

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 Net or the **Ego** Epi-Net runs, the one controlling the epigenetic overlays in

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 is the D3 **Ego**-Epi-Net, or Epigenetic Overlay Net. This is the one

File : [2007-11_LegacyOfLostTranscript.pdf](#)
Title : Legacy of the Lost (Amsterdam workshop transcript)
Subject : Legacy of the Lost, Freedoms of the Found, the Milky Way Mysteries, Halls of Records and the Jesus Codes
Author : MCEO Freedom Teachings
Keywords :

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this-like, alter-**ego**. "I'm powerful, I'm not powerful, I'm powerful, I'm not








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personality level, this **ego** level of self that develops and it is hugely dependent

File : [2007_12TribesVol1_scan.pdf](#)
Title : 12 Tribes Vol 1 transcript
Subject : scan of the 12 Tribes Volume 1 binder
Author : MCEO Freedom Teachings
Keywords :


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 everybody's got an **ego** and you are going to find out what an ego
 out what an **ego** is, finally we get to find out what our ego's
 to surrender your **ego**," "Yeah, well I'd like to if I can find
 meaning to the **ego** and we will find out where it is and the
 now, the negative **ego**. We'll find out the difference between regular ego and what
 difference between regular **ego** and what negative ego is. I'm not going into heavy
 and what negative **ego** is. I'm not going into heavy psychology here. It's all

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 3rd NET, the **ego**-NET or the epigenetic overlay, EGO-NET. It is the
 the epigenetic overlay, **EGO**-NET. It is the outer Epi-NET that controls the
 we have the **Ego**-NET, the Intra-NET, and the Derma-NET coming downward.

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 the Epigenetic overlay **Ego**-NET, ok? This one is the D-2 elemental Telluric

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 template and the **EGO**, the epigenetic template. At this point if you feel any


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 there is the **Ego**-NET or the Epigenetic Overlay NET that is the mental


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 This is the **Ego**-NET, or the Epigenetic Overlay NET, that is controlling the



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 NET, or the **EGO**-NET. And that one controls the D31level of our light


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 there's the epigenetic **EGO**-NET. It's about 6,437 km "Gap Zone" to about




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 trapped in the **EGO**-NET programs that, because they feel worthless because they've been
 in glammers, their **ego** is being fed, because they are so afraid of their



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 glammers and the **ego** trips and all of that stuff It doesn't matter if


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 we know as **ego** here in terms of the EGO NET that makes us
 terms of the **EGO** NET that makes us act like ninnys down here where,
 attitude, the same **ego** and mannerisms. So, watch out for this. You'll find the

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 is called the **EGO**- or EpiNET. He EGO one stands for Epigenetic-Overlay DNA
 or EpiNET. He **EGO** one stands for Epigenetic-Overlay DNA NET because it controls

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 where "My **ego** is God" because that is what it gets twisted into

File : [2007_12TribesVol2_scan.pdf](#)
Title : 12 Tribes Volume 2 transcript
Subject : 12 Tribes Volume 2 scan of the binder
Author : MCEO Freedom Teachings
Keywords :


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 call it the **EGO**-NET -Epi-genetic Overlay NET -that goes with


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 this is the **Ego**-NET. This is where they're controlling the Epi-genetic Overlay


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 is "my **EGO** is God," all right, and there's a big Difference Because


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 also where the **Ego** Net is. So that would be where, in this area


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 Overlay, to the **EGO** and to the, who was out there, Shamballah was 2.

Page: 176

 any attachment to **ego** as far as the presentations style and that kind of

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 call that the **ego** level, all right? And it's also the D-31 level that's

Page: 308


 have the D3 **Ego**, or Epi-Net The Ego-Net refers to the epigenetic

 Epi-Net The **Ego**-Net refers to the epigenetic overlay. That The MCEO Freedom

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 call it the **Ego** NET, the epigenetic overlay NET because that's the D-3

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 is called the **Ego**-Net, the epigenetic overlay Net, that controls the chemicals that

File : [2007_12TribesVol3_scan.pdf](#)
Title : 12 Tribes Volume 3 transcript
Subject : 12 Tribes Vol Binder scan
Author : MCEO Freedom Teachings
Keywords :


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call the "**Ego** Net," that's in Earth's atmosphere that controls the d-3


File : [2007_MCEOordinateSystem_scan.pdf](#)
Title : The MCEO Ordinate System
Subject : details related to MCEO ordinations
Author : MCEO Freedom Teachings
Keywords :

Page: 5


 that usually the **ego** kind of says, "Well, ok you know,"

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 title and the **ego** trip that goes with it. It is not about titles


 about titles and **ego** trips. (Evolutionary Path of Human Consciousness) Ordinations are about

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 just what the **ego** thinks is right." They're willing to open the lines of

File : [2008-01_EngagingLoadOutWorkshopTranscript_scan.pdf](#)
Title : Engaging the Load Out (workshop transcript)
Subject : Full transcript for FOL "08 workshop
Author : MCEO Freedom Teachings
Keywords :

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 is called the **Ego** NET, which stands for Epi-genetic Overlay NET. It controls

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 manufacture of the **Ego**, which is the part of the self that is completely

File : [2008-08_Sliders1Diary_scan.pdf](#)
Title : Sliders 1 - Diary
Subject : Emerging from Darkness, Preparing the MIND for Slide - Workshop Diary
Author : MCEO Freedom Teachings
Keywords :

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 or Overlay [**EGO**] in whole collectives of people. This is why the distorted

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 (I AM **EGO**, I AM Body, I AM Elements and I AM GOD

File : [2008-08_Sliders1_scan.pdf](#)
Title : Sliders 1 - Supplement
Subject : Emerging from Darkness, Preparing the Mind for Slide Introductory Atmic
Body Training
Author : MCEO Freedom Teachings
Keywords :


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Mental Body "**EGO**" & body to receive the UN·1 TE"a-

File : [2008-09_Sliders2_scan.pdf](#)
Title : Sliders 2 - Handbook
Subject : Reclaiming the Vessel - Preparing the Body for Slide, Introductory Telluric Body Training
Author : MCEO Freedom Teachings
Keywords :


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 Mental Body "**EGO**" & body to receive the DN-1 TE"a-Wha Flows


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 "I Am **Ego**-Self" (Atmic) Field. Preparation: 1. "Rasha-Eira-Krystar


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 "I Am **Ego**-Self" to D-2-Telluric-Cellular-atomic "I Am

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 "I Am **Ego**-Self" to D-2-Telluric-Cellular-atomic "I Am

Page: 26

 "I Am **Ego**" Conscious Mind (D-3 linear "Logical-Rational Facility"

 bring the "**EGO** Mind" and the "Body Mind" into a state of


 the personal Conscious-**EGO** Mind unites with the Body-Mind-GharE", enatling the Gharoche"

 the D-3 **EGO**-conscious-awareness. Spend several minutes verbalizing and enacting each "

Page: 27

 the D-3 **EGO**-Mind, and the D-2 Body-Mind. In the GrU"-

Page: 30

 "D-3 **Ego** linear mind". Your Mini-Me will "turn on its

Page: 35

 3-D Mental-**EGO** focus", have forgotten. These are "Eternal-Life Living Clouds

Page: 46

 Atmic "/AM **EGO**" and DN-1 Ketheric "/AM God-Self" conscious-awareness

File : [2008-11_Sliders3_Scan.pdf](#)
Title : Sliders 3 - Handbook
Subject : The Wind Beneath Your Wings - Engaging the Spirit for Slide, Introductory Atomic-Etheric, Rasha & Spirit Body Training
Author : MCEO Freedom Teachings
Keywords :

Page: 3




Meridian Lines, "**EGO**" - Epi-genetic Overlay, DNA Template and DNA of the Physical

File : [2008_AttitudesAndResponsibilitiesMastery_scan.pdf](#)
Title : Attitudes & Responsibilities of Mastery - Handbook
Subject : Mastering Enlightenment
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 1

 Genetic Overlay (**EGO**); the result being a majority of our apparathi receptive to


Page: 5

 bad attitude of **ego**, arrogance and "garbage" will cause more of the same
















Page: 6

 can let the **ego**-self try to force its will upon the intrinsic nature


Page: 7


 They keep the **ego** in check, and help us figure out what is truly


Page: 14


 2002 and Bermuda) **Ego** and Negative Ego "Attitude is very important. There are
 Ego and Negative **Ego** "Attitude is very important. There are people who are
 to master the **ego**. **Ego** is not a bad thing. "Ego" is simply
 bad thing. "**Ego**" is simply the part of you that looks out on
 D here. Your **ego** goes with your Mental Body. Your mental body is the
 CE07 of your **ego**. With the current distortions, the Shadow Body (your sub-
 personalities) controls the **ego** and leads to confusion and a myriad of self-justification
 patterns. When the **ego** is directed subliminally by the Shadow it becomes negative ego
 it becomes negative **ego** that runs around in circles with its head cut off
 that feeling. Negative **ego** is when the mental body gets confused and creates all
 not need negative **ego**. Negative ego is to protect the personality when it believes
 negative ego. Negative **ego** is to protect the personality when it believes it does
 time. The Negative **Ego** is what a lot of spiritual traditions try to annihilate
 pattern, and every **ego** compensation pattern. Here the ego tries to make itself more
 pattern. Here the **ego** tries to make itself more important or it gives itself

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 job of the **ego** right now is to be smart enough to know how

 job of the **ego** is to recognize what that might look like. You can


 Master of your **ego**. (Speaker 1, Preparing for Contact, Bermuda) Something to Ponder:


 need for "**Ego** demand" is based upon a fear of non-fulfillment of

Page: 43


 has smaller, usually **ego**-based issues like, "Oh I want this right now

Page: 45


 on others are **ego** games that blind you to self-awareness and empowerment. If

 wrong, recognize the **ego** game and refrain from engaging. You do not have to


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 job of the **ego** is to recognize what that might look like." (England


Page: 64

 **ego**-bound. It does not mean, "Hi, I am going


Page: 76


 philosophy for the **ego** to hold. This takes the charge out of worrying about

Page: 82

 behavioral alternatives. The **ego** digs in and the conscious self reaches out seeking a


Page: 87

 we are on **ego** trips." No, it is not about that. You need to

 will keep the **ego** in check, and help you figure out what is truly

File : [2008_SacredPSONNsInvocationsARofMastery_scan.pdf](#)
Title : Sacred PSONN Book
Subject : PSONNs Invocations and A&Rs
Author : MCEO Freedom Teachings - A"shayana Deane
Keywords :

Page: 40

 bad attitude of **ego**, arrogance and "garbage" will cause more of the same

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 can let the **ego**-self try to force its will upon the intrinsic nature

File : [2009-01_FOLFloatingBuddhas_scan.pdf](#)
Title : FOL "09 - Supplement
Subject : Brave New World & the Floating Buddhas, The Treaty of Al-Ben"-Yhan,
Being Buddha, Engaging YOUR Place of Power, Healing the Wounds of
Time, Elemental Command Slider Teams & the 12:12 Aquai"-ah de So-La"-
RA LU"-na Transmissions
Author : MCEO Freedom Teachings
Keywords :



Page: 6





the D-3 **EGO**-NET in Earth"s atmosphere). In harnessing Net-Earth"s Watchtower Anchor-

File : [2009-04_DrumsOfAquaferion_scan.pdf](#)
Title : Drums of Aquaferion - Handbook
Subject : Doorways Through Time and the Drums of Aquaferion Circle of Life Drum Circle Celebration
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :



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 the DNA/RNA/**EGO**, and to open within the neuro-network structure, the Round-
 Epi-genetic Overlay/**EGO**), which keep the embodied consciousness chemically phase-locked into NET-

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 your DNA/RNA/**EGO**", either portions of your own personal "mental body, sub-
 the DNA/RNA/**EGO**, and you will become progressively able to consciously remember and

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 and DNA/RNA/**EGO** will activate to engage the Probability-6 Aurora Continuum Biological
 I DNA/RNA/**EGO** activation and conscious engagement with Probability-6 Aurora Continuum Biological

File : [2009-05_Sliders4Diary_scan.pdf](#)
Title : Sliders 4 - Diary
Subject : The Call of Aurora, Probability Alignments and the Adjugate Bond
(Intermediate Atmic Ah-VE"-yas Body Training & Freeing the Mind for
Slide) - Workshop Diary
Author : MCEO Freedom Teachings
Keywords :

Page: 1



associated with the **EGO** (epigenetic overlay) so that our DNA and bodies will

File : [2009-05_Sliders4Transcript_scan.pdf](#)
Title : Sliders 4 (workshop transcript)
Subject : Transcript for Sliders 4 Workshop
Author : MCEO Freedom Teachings
Keywords :

Page: 10



Epi-Genetic Overlay **ego** from the Milky Way Procyak biochemical and morphogenetic phase-lock

Page: 28



the DNA/RNA/**EGO** and to open within the neuro-network structure the Round-

File : [2009-05_Sliders4_scan.pdf](#)
Title : Sliders 4 - Handbook
Subject : The Call of Aurora Probability Alignments & The Adjugate Bond,
Intermediate Atmic / Ah-VE"-yas Body Training
Author : MCEO Freedom Teachings
Keywords :

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the DNA/RNA/**EGO**, and to open within the neuro-network structure, the Round-



Epi-genetic Overlay/**EGO**), which keep the embodied consciousness chemically phase-locked into NET-

Page: 38



your DNA/RNA/**EGO**", either portions of your own personal "mental body, sub-

File : [2009-08_Sliders5_scan.pdf](#)
Title : Sliders 5 - Handbook
Subject : Essential Alignment, Stardust Flow, Mirror in the Sky & the Orbs of
Aquaferon - Freeing the Body For Slide, Intermediate Telluric Ah-VA"-yas
Body Training
Author : MCEO Freedom Teachings
Keywords :

Page: 3



"I AM **Ego**" - Atmic Jha-Dha DN-1 - "I AM Godself" -

File : [2009-10_Sliders6_scan.pdf](#)
Title : Sliders 6 - Handbook
Subject : The Arc of the Covenant, Sphere of Destiny & the Stairway to Heaven,
Engaging the Spirit for Slide Intermediate Level
Author : MCEO Freedom Teachings
Keywords :

Page: 6

 3 Light Body **EGO** & D-2Afomic Physical Maharic Shield Density-1 Transharmonic Ah-


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 3 Light Body **EGO** & D-2Afomic Physical Density-1 Transharmonic Ah-yas Seur


Page: 8

 3 Light Body **EGO** & D-2Afomic Physical Density-1 Transharmonic Ah-yas Seur

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 "I AM **Ego**" - Atmic Jha-Dha DN-1-"1 AM Godself -

Page: 12

 "I AM **Ego**" - Atmic Jha-Dha DN-1-"1 AM Godself"- Ketheric

Page: 35

 3 Light Body **EGO** & D-2Atomic Physical ov ~ D-2 EL Telluric

File : [2009_Summary2_scan.pdf](#)
Title : Summary 2
Subject : Introductory Topic Summary 2, Contemporary Origins and Evolution of the MCEO Teachings
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 10




whims of finite **ego**. Beings who knowingly employ this mentality desire to "take

File : [2010-04_MakersOfWings_scan.pdf](#)
Title : Makers of Wings and Other Things - Handbook
Subject : The Orbs of Ah-SA-yas, Planes of Aurora, Ancient Arrows, Planetary Mirror Ball and the Hidden Cities of Earth
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 8


 Y.) D-3 **EGO** EPI-NET /core at D-213.5 m~-Van Allen

Page: 11

 Li!Wt Body **EGO** . i&IJ-2 physical:y atom1c Each Dimensional Encryption

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 3 Light Body **EGO** &~D-2 physicalatomic . ").. Rha-Ka crust/ (

 Y.) D-3 **EGO** EPI-NET Atmospheric-mental Epigenetic chemical DNA overlay block D-

File : [2010-05_Sliders7_scan.pdf](#)
Title : Sliders 7 - Handbook
Subject : The Lands of Wha Mirror Mapping, the 3 Paths of the KRYST and the Wha-YA-yas Masha-yah-hana Adashi Adepts
Author : MCEO Freedom Teachings
Keywords :

Page: 4



"I AM **Ego**"-Atmic 0 6.5 Sub-Frequency Band Transduction Planes 48-strand

Page: 7




metosphere Overlay 3& **EGO** < ~ D-3 MB D-3 EL D-1

File : [2010-08_Sliders8_scan.pdf](#)
Title : Sliders 8 - Handbook
Subject : Awake, Aware, and ALIVE in the Lands of Aah, The Sea of Ah-Yah, Eternal Stream of Ah-Yah-YA the Covenant of Ah-Yah-Rhu and Eternal Dream Fields of the ONE, Preparing the Body for Slide - Advanced Level
Author : MCEO Freedom Teachings
Keywords :

Page: 8

 the D-3 **EGO** (Epigenetic Overlay) Net; the D-2 Upper H-Zone

Page: 25

 (I AM **EGO**, I AM Body, I AM Elements and I AM GOD-

Page: 35

 3-Mental Body/**Ego**-Net & D-5-Archetypical Body/FAM-Net Metatronic-Purge-

 3 Mental-Body **EGO**-Net epigenetic overlay) & C.Plane-5 (MB D-

Page: 36

 3/mental body/**EGO**-Net & D-5/Archetypical Body-Higher Astral/ FAM-Net

 D-3-Mental-**EGO**-NET & D-5-Higher-Astral-FAM-Net Metatronic-Purge-

File : [2010-10_Sliders9_scan.pdf](#)
Title : Sliders 9 - Handbook
Subject : The Flame of CosMAYah, Mayan Mother Matrix & Luminary Body
Activation, Advanced Spiritual Body Training
Author : MCEO Freedom Teachings
Keywords :

Page: 13



level of "**EGO**/personality/finite identity" as it expands to encompass a "



finite self/personality/**ego** and re-birth of the Eternal God-Self. Personal Dhan-


File : [2011-04_APINSystems_scan.pdf](#)
Title : APIN Systems - Handbook
Subject : Historical Overview, Nibiruian Crystal Temple Bases, Wormholes
Author : MCEO Freedom Teachings - Kathara Team
Keywords :

Page: 24


 ... keeps "**Ego**" and "Spirit" polarized: 11-4 -7 -10-


File : [2011-04_ShA-DahL-UUN13Virtues_scan.pdf](#)
Title : ShA-DhaL-UUN 13 Virtues - Handbook
Subject : The ShA-DhaL-UUN Rite, 13 Virtues and the Shores of Ah-MA-ya-san,
Planetary Mirror in the Sky Activation 1
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 10

 negative limited mortal **ego**" and enter more rapidly into the experiential realms of Eternal

Page: 14

 a bad attitude, **ego**, arrogance and garbage and more of this will return flow

 can let the **ego**-self try to force its will upon the intrinsic nature

File : [2011-05_Sliders10_scan.pdf](#)
Title : Sliders 10 - Handbook
Subject : Return of the Sacred Butterfly, Te, Chi, & the DhA-Ya-Tei, Ultimate Desire,
DhA-Ya-fication of the Vessel, Eternal Identity & the Adept Mind
Author : MCEO Freedom Teachings
Keywords :

Page: 37



NO "Negative **EGO** Mind", and NO "Body Mind running rampant at war

Page: 38



with the conscious-**ego**-identity and the Aya Identity of the Silver Seed Crystal

File : [2011-08_Sliders11_scan.pdf](#)
Title : Sliders 11 - Handbook
Subject : Time Tan-Tri-A-Jha Doorways and the Silver Seed Temple, Pods of
Creation, Sa-MA-ya Water Command and Mirror in the Sky Activation Level-
3 (Physical Body Adept Training)
Author : MCEO Freedom Teachings
Keywords :

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level of "**EGO**/personality/finite identity" as it expands to encompass a "



smatVfinite self/personality/**ego** and re-birth of the Eternal God-Self. Personal Dhan-


File : [2013-05_WatersOfE-LAi-sa_scan.pdf](#)
Title : The Waters of E-LAi-sa - Handbook
Subject : Tan-Tri-A"ra Chismatic Self-Healing Level 2, The E-LAi-sian Seal and the 8-step E-LAi-sian Encoding Process
Author : ARhAyas Productions, E"Asha Ashayana
Keywords :

Page: 1

 EpiGenetic-Overlay ("**EGO**"). Includes: • The Tangible Structure of the MEME, "Cellular

Page: 6

 bio-atomic mass **EGO** (Epi-genetic Overlay) and vaporization of the personal/mass

 Genetic Overlay (**EGO**) and DNA for Silver-Seed Awakening and progressive Chismatic Hea/

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 "I AM **Ego**". Atmic Jha-Dha DN-1. "I AM

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 bio-atomic mass **EGO** (Epi-genetic Overlay) and vaporization of the personal/mass

 Genetic Overlay (**EGO**) and DNA for Silver-Seed Awakening and progressive Chismatic Hea/

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 "I AM **Ego**". A1mic Jha-Dha DN-1--rAM God self"

File : [2013-12_SecretsOfEFFI_Handbook_scan.pdf](#)
Title : Secrets if the EFFI - Handbook
Subject : Shiftmasters Course 1 - The hidden powers of Consciousness, Concave & Convex reality Cave dwellers, the Ancient Sncestral code & the Cloak of ARI-YON"ah
Author : ARhAyas Productions - E"Asha Ashayana
Keywords :

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 & D-3 **EGO** Epi-Net KarU"sa Membrane & Kalip"sus Barrier Location: atmic Atmosphere

Page: 14


 & ().3 **EGO** Epi-Net KorU"SI Mtmbr1nt & Kallp"sus Blrrlo< LO<IIIon: atnjc

File : [2013_04_ELAiSaAwakening_Handbook_scan.pdf](#)
Title : E-LAi-Sa Awakening - Handbook
Subject : The Indelible KRYST Code & Chismatic Self-Healing Level 1
Author : ARhAyas Productions - E"Asha Ashayana
Keywords :

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 EpiGenetic-Overlay ("**EGO**"). Includes: • The Tangible Structure of the MEME, "Cellular

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 EpiGenetic-Overlay ("**EGO**"). Includes: • The Tangible Structure of the MEME, "Cellular

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 bio-atom1c mass **EGO** (Ep1-genet1c Overlay) and vaporization of the personal/mass

 Genetic Overlay (**EGO**) and DNA for Silver-Seed Awakening and progressive Chismatic Hea/

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 .t AM **Ego**". Atmoe 0 6.5 Sub-Frequency Band T ransduc!IO n Plane:- ::-

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 •1 AM **Ego**• • Atmic Jha-Dha DN-1-•1 AM God self"

File : [2014-04_ShiftMasters1_scan.pdf](#)
Title : Tan-Tri-Ahura Teachings™ ShiftMasters™ Course-1
Subject :
Author : (C)2014 E"Asha Ashayana
Keywords :

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 "I AM **Ego**". Atmic Jha-Dha ON-1-"I AM God self"


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 & 0-3 **EGO** Epi-Nel KMIJ" .. Mtml>rant & Kollp"sus a.m...

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 & 0-3 **EGO** Epi-Net KarU"sa Membrane & Kalip"sus Barrier Location: atrnic Atmosphere

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 Conscious, Sub-Conscious, **Ego** Conscious, Dreaming Conscious, BeaSTie and Banshee Minds are made manifest.

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 Karanadis Seal (**Ego**-Mind) ---\11~ ~ ~ 5- ARi-Yon"ah Eternal Authentic

 (Currently "**EGO**-Conscious" Mind) 2 - Lud"far Ah-Stri-yah"jha Tu Precepts


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 Karanids Seal (**Ego**-Mind) ~ ~ - "*" ~ ~),.....(:.....J~4-...J-5 ARi-yon"ah Seal KarUsa-


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 Karanids Seal (**Ego**-Mind) "Seat of Mind" Bi-Polar ~ Power Center

Page: 114

 Past loop (**Ego**-Mind) ~ ,,,_.....,.....,..... _ "Goat Brain" is the trapped Lud"far

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 Goat The Conscious **Ego** mind often gets runaround by Goat Brain"s chaotic & irrational

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 Karanids Seal (**Ego**-Mind) Your reversed Trapped Plasm ~11!...-~c----- Inorganic Tan-

File : [2014-12_KDDL1ChartPack_scan.pdf](#)
Title : Keylontic™ Discourses for Daily Living
Subject :
Author : (C)2015 E"Asha Ashayana
Keywords :

Page: 12

 & 0-3 **Ego** expands to Density-1 Christos The Silver Sanctum D-12

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 bad attitude of **ego**, arrogance and "garbage" will cause more of the same

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 can let the **ego**-self try to force its will upon the intrinsic nature

File : [2016-03_KDDL2_scan.pdf](#)
Title : Arhayas Productions KDDL2 Hand Book
Subject :
Author : (C)2015 E"Asha A. Arhayas
Keywords :

Page: 14

 & D-3 **Ego** expands to Density-1 Christos The Silver Sanctum D-12

Page: 47

 bad attitude of **ego**, arrogance and "garbage" will cause more of the same

Page: 48


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File : [KeylonticDictionary.pdf](#)
Title : Keylontic Dictionary
Subject : KS Dictionary
Author : MCEO Freedom Teachings
Keywords :


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 aud .. **Ego**-Pat- s.duct ion.s \~ can a\^ttt Fallr:

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 .. and "**Ego**-Pat" Sf"duction"> we can a\~ert Fallen Angelic and DIU11110ab

Page: 36

 Mental Body "**ego**" a"-arm~s to ua"-er~ other regions of space-


Page: 37

 the personality and **ego** identity into the greater aspects of gestah 1dent1ty and contained









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 .. and "**Ego** Pat" No Human on~ at this time bas true 12-


Page: 247

 Ftx" and "**Ego**-Pat" Seducttons. we can an:rt Fallen Angelic and Illuminati

Page: 257

 cornptehensible to the **ego** identity. Due to genetic distortions and the presnu level of
 consciousness form the **ego** and body during sleq>. in order to b.a\
 simultaneously with the **Ego** sd(whether or not the ego is consciously aware of
 or not the **ego** is consciously aware of these perceptions. Information gained through the
 available to the **ego**/personaliry if the ego accepts its responsibility for being the
 personaliry if the **ego** accepts its responsibility for being the conscious director of energy
 to be. The **ego** can build a bridge between the Dreamfhigber self. the Intuiti,
 Science. As the **ego** begins to assimilate the other portions of the Reasoning Mind.

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 amt about what **Ego** means. what means to b" JOIITUI,u. To feel yourself

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out bad attitude, **ego** arrogance and "garbage", and more of this will rerum



can let the **ego** self try to force its will upon the intrinsic nature
