

Search Results

Summary

Searched for : **solar plexus**

In index(es) : **H:\KS_Scan_Library\MasterIndex.pdx**

Results : **35** document(s) with **103** instance(s)

Saved on : **7/16/2017 5:07:58 PM**

File : [1999-05_IntroKeylonticMorphogeneticScience_scan.pdf](#)

Title : Intro to Keylontic Morphogenetic Science - Handbook

Subject : Keylontic Science for Daily Living

Author : MCEO Freedom Teachings - Ashayana Deane

Keywords :


Page: 18




Sacral Chakra 3. **Solar Plexus** Chakra 4. Heart Chakra 5. Throat-Thyroid Chakra 6.

File : [1999-07_AncientRightsPassage_Handbook_scan.pdf](#)
Title : The Ancient Rites of Passage - Handbook
Subject : Personal Healing Through Planetary Service
Author : MCEO Freedom Teachings - Anna Hayes Gruber
Keywords :


Page: 63

 to the 3rd- **Solar Plexus**- Chakra. Hold breath, lungs full, for count of 7.

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 Body and the **Solar Plexus** Chakra/ Mental Auric Body, via the Seed Crystal Seals

Page: 66

 in the 3rd **Solar Plexus** Chakra and the 4th Heart Chakra. 18. Once the

File : [1999-09_EvolutionaryPathClass_scan.pdf](#)
Title : Evolutionary Path Class
Subject : Questions and Answers
Author : MCEO Freedom Teachings
Keywords :

Page: 74


 is in the **Solar Plexus** region, where you connect your link in the exercise

Page: 79

 is in the **Solar Plexus** region, where you connect your link in the exercise

File : [1999-12_Kathara1Diagrams_scan.pdf](#)
Title : Kathara 1 - Diagrams
Subject : Laminated color charts from Kathara 1 Manual
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 7

 Base C-3 **Solar Plexus** C-4 Heart C-5 Throat C-6 3rd

Page: 12

 * AMPLIFIER- 3rd **SOLAR PLEXUS** ~ CHAKRA / (~ Botll sides of i \ :

File : [1999-12_Kathara1_scan.pdf](#)
Title : Kathara 1 - Manual
Subject : Introduction to Kathara Bio-regeneration technologies, Color, Symbol, Sound and Bio-regeneration
Author : MCEO Freedom Teachings
Keywords :

Page: 75

 Sacral C3- **Solar Plexus** C4- Heart C5- Throat C6- 3"


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 C2-Sacral C3-**Solar Plexus** C4-Heart C5-Throat C6-3•d

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 within the jrc **Solar Plexus** Chakra, forming a sphere of powerful healing energies at

Page: 134

 * AMPLIFIER- 3RD **SOLAR PLEXUS** CHAKRA Instructions: Breathe slowly and deeply. Imagine a flow

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 * AMPLIFIER- 3RD **SOLAR PLEXUS** CHAKRA I.D Instructions: Breathe slowly and deeply. Imagine


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 Sacral C3- **Solar Plexus** C4- Heart C5- Throat C6- 3"


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 C2-Sacral C3-**Solar Plexus** C4-Heart C5-Throat C6-3•d Eye- Pituitary


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 the 3RD (**Solar Plexus**) Chakra; this will release on its own because the

Page: 256

 the sacral, the **solar plexus** and the heart ... and visualize or imagine each


Page: 257

 Sacral ... the **Solar Plexus** ... all the way up to the Crown Chakra

 up to the **SOLAR PLEXUS** and EXHALE GENTLY. 11 . INHALE and move the


File : [1999_TangibleStructure_scan.pdf](#)
Title : Tangible Structure of the Soul - Handbook
Subject : Multidimensional anatomy, ascension teachings, accelerated bio-spiritual evolution program
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 22

 C2. Sacral C3. **Solar Plexus** C4. Heart C5. Throat-Thyroid C6. 3"d Eye-

File : [1999_Voyagers1_scan.pdf](#)
Title : Voyagers I - Book
Subject : The Sleeping Abductees, Second Edition
Author : Ashayana Deane
Keywords :

Page: 141

 strand, the third **Solar Plexus** Chakra and the Mental Body (third level out

File : [2000-02_BeyondTheVeilsTranscript_scan.pdf](#)
Title : Beyond the Veils (Transcript)
Subject : Transcript for the Beyond the Veils workshop, includes session with AZara
Author : MCEO Freedom Teachings
Keywords :


Page: 29




motions around her **solar plexus**) and lean the energy here, toward the stage just

File : [2000-06_AngelicRealities_scan.pdf](#)
Title : Angelic Realities - Book
Subject : Survival Handbook
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

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 C2- Sacral C3-**Solar Plexus** C4- Heart C5- Throat C6- 3rd Eye- Pituitary C7-

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 C2- Sacral C3-**Solar Plexus** C4- Heart C5- Throat C6-3rd Eye- Pituitary


File : [2001_MastersTemplarStewardshipFieldGuide_scan.pdf](#)
Title : Masters Templar Stewardship - Field Guide
Subject : Planetary Shields Clinic Field Guide
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

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 the 3rd (**Solar Plexus**) Chakra; this will release on it's own because the

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 the sacral, the **solar plexus** and the heart ... and visualize or imagine each

 Sacral ... the **Solar Plexus** ... all the way up to the 29 The

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 up to the **SOLAR PLEXUS** and EXHALE GENTLY. 11. INHALE and move the GOLD-

File : [2001_MastersTemplarStewardshipManual_scan.pdf](#)
Title : Masters Templar Stewardship - Manual
Subject : Templar Stewardship (without roman numeral pages, so pg numbers should be correct or very close)
Author : MCEO Freedom Teachings
Keywords :

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 C2- Sacral C3- **Solar Plexus** C4- Heart C5- Throat C6- 3•d Eye-

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 C2-Sacral C3-**Solar Plexus** C4-Heart C5-Throat C6- 3•d Eye

File : [2002_DanceForCommonHandbook_scan.pdf](#)
Title : Dance For Series - Handbook
Subject : Common handbook for all ten associated Workshops (March "02 - Aug "03)
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :


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 head}MC10. CJ- **Solar Plexus** C4- Heart MC9. C5- Throat C7. C6


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 C2-Sacral C3-**Solar Plexus** C4-Heart C5-Throat C6-Jrd Eye- Pituitary C7-


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 the 3rd (**Solar Plexus**) Chakra; this will release on its own because the

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 the sacral, the **solar plexus** and the heart ... and visualize or imagine each


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 Sacral ... the **Solar Plexus** ... all the way up to the Crown Chakra


 up to the **SOLAR PLEXUS** and EXHALE GENTLY. 11 . INHALE and move the

File : [2002_VoyagersII_scan.pdf](#)
Title : Voyagers II - Secrets of Amenti
Subject : Freedom Teachings
Author : Ashayana Deane
Keywords :

Page: 74

 to the third-**Solar Plexus** chakra, and the third level of the bio-energetic

Page: 208

 below the third **Solar Plexus** chakra) to transmit D-7 frequency. The bodies of

File : [2003-08_DanceForJoy2Transcript_scan.pdf](#)
Title : Dance for Joy 2 (workshop transcript)
Subject : Transcript for Dance For Joy 2 Workshop (Andorra, First HeThaLOn peak)
Author : MCEO Freedom Teachings
Keywords :

Page: 99

 of The 3rd **Solar Plexus** Chakra. INHALE another Lotus Breath into The AzurA, then


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 at Chakra-3 **Solar Plexus**, and into Kathara Center-S Navel. Imagine that The


 The Chakra-3 **Solar Plexus** Gold Metatronic Cube down and into The Black Cube

File : [2003-09_ScienceSpiritCreation_scan.pdf](#)
Title : The Science and Spirituality of Creation - Handbook
Subject : Cosmic Order, Interdimensional Anatomy, Primal Life Force Currents,
Merkaba, Flame Body
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 22

 C2- Saaal C3-**Solar Plexus** .C4- Heart ~Throat . C6- ~ Ey&-


Page: 24

 Sac;ral C3-**Solar Plexus** C4-Heart . C5- Throat e&- ~ Eye- Pituitary

Page: 55

 D-2 Eumbl **solar plexus** ch~kra 3) _ DN-1/12 + 1"-

Page: 63

 1 No.1 **Solar Plexus**, Chakra 3 D·1 No. 10 Left PKA

File : [2004-04_Kathara23-Manual_scan.pdf](#)
Title : Kathara Levels 2 & 3 Foundations - Manual
Subject : Awakening the Living Lotus, Healing Facilitation Through Crystal Body Alignment
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :

Page: 203

 D-2 Eumbi **solar plexus** chakra 3) 0~1, D-2, D-3 +

Page: 207

 at 0.2 Eumbi **solar plexus** chakra 3) 0~1, D-2, D-3 +


Page: 208

 braas _____-.....~ **solar plexus** 0:2 Eumbi __Do nsly-1 Emotional Body


Page: 232

 Ra Centre at **Solar Plexus**, Chakra-3, app"x 1" above the Navel. "M"


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 1 No.1 **Solar Plexus**, Chakra 3 241 0-1 No. 10 Left

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 up to the **Solar Plexus** 3rd Chakra, tapping again with both finger sets 6

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 of Chakra- 3 **Solar Plexus**; (this will trigger temporary activation of all Ethos

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 at the 3rd **Solar Plexus** Chakra. Step 2: Inhale & exhale 3 x 24-

 centred within the **Solar Plexus** Chakra. Exhale when you sense that you have completed

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 body at the **Solar Plexus** as the Le-AdOR-A Spark progressively releases the

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 centre, Chakra 3, **Solar Plexus** area. Repeat the expanding breath sequence once more visualizing

Page: 329



(Chakra-3 **Solar Plexus**). Step 14 As the Le-AdOR-A Code enters

File : [2005-03_IntroKathara4_scan.pdf](#)
Title : Elements of Kathara 4 - Handbook
Subject : Installment 1 - the Eiradon Awakening, the Voyager Trinity Time Wave,
Ra-Sha-LA Restoration, the Ah-Seu-Ra-Shan State and the Hon"a-til-E-a
Run
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :


Page: 61



Chakra at the **Solar Plexus** ... Direct your Ra-Sha-LA self into the

File : [2005-10_WhispersRashaReishATranscript_scan.pdf](#)
Title : Whispers of the Rasha ReishA (workshop transcript)
Subject : Partial transcript for the Whispers Ws (where upstep to HaaTUrs occurred)
Author : MCEO Freedom Teachings
Keywords :

Page: 14

 heart and the **solar plexus**. I have to start in one minute. I am

File : [2005-10_WhispersRashaReishA_scan.pdf](#)
Title : Whispers of the Rasha ReishA - Supplement
Subject : Revelations of the Unspoken Ones, The Ha"ahTUR"s and the HUB:
Introduction to the Monadic Masters in Hidden Worlds of the Yunasai and
the Path of Kanatareiah
Author : MCEO Freedom Teachings
Keywords :


Page: 2



Chakras 3 (**Solar Plexus**) and 4 (heart center) at the tip of

File : [2007-11_LegacyOfLostTranscript.pdf](#)
Title : Legacy of the Lost (Amsterdam workshop transcript)
Subject : Legacy of the Lost, Freedoms of the Found, the Milky Way Mysteries, Halls of Records and the Jesus Codes
Author : MCEO Freedom Teachings
Keywords :

Page: 207

 3 in the **solar plexus**, and chakra-2 which is the sacral chakra, and


File : [2007_12TribesVol1_scan.pdf](#)
Title : 12 Tribes Vol 1 transcript
Subject : scan of the 12 Tribes Volume 1 binder
Author : MCEO Freedom Teachings
Keywords :

Page: 21


 of the 3rd **Solar Plexus** Chakra, the GharE" pulls its released Density-1 quantum

File : [2007_12TribesVol2_scan.pdf](#)
Title : 12 Tribes Volume 2 transcript
Subject : 12 Tribes Volume 2 scan of the binder
Author : MCEO Freedom Teachings
Keywords :

Page: 198

 Chakra-3 (**Solar Plexus**) and Chakra-4 (Heart centre) at the tip

Page: 315

 be like the **solar plexus** area chakra- so, just under your back. It's only


File : [2007_12TribesVol3_scan.pdf](#)
Title : 12 Tribes Volume 3 transcript
Subject : 12 Tribes Vol Binder scan
Author : MCEO Freedom Teachings
Keywords :

Page: 231


 of the Jrd **Solar Plexus** Chakra, the GharE" pulls its released Density-1 quantum

File : [2007_MCEOordinateSystem_scan.pdf](#)
Title : The MCEO Ordinate System
Subject : details related to MCEO ordinations
Author : MCEO Freedom Teachings
Keywords :


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 3rd CHAKRA (**SOLAR PLEXUS**); this will release on its own because the currents

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 the sacral, the **solar plexus**, and the heart ... and visualize or imagine each

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 Sacral ... the **Solar Plexus** ... all the way up to the Crown Chakra

 up to the **SOLAR PLEXUS** and EXHALE GENTLY. 12. INHALE and move the GOLD-

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 Current into their **Solar Plexus** Chakra. © Copyright A"shayana & A "hzayana Deane,

File : [2011-04_ShA-DahL-UUN13Virtues_Codes_scan.pdf](#)
Title : ShA-DhaL-UUN 13 Virtues Color Codes
Subject : Laminated set of color Virtues
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :


Page: 3



Integrity 3 - **Solar Plexus** Chakra/Dimension-3/Mental Body DN-1 Yellow -

File : [2011-04_ShA-DahL-UUN13Virtues_scan.pdf](#)
Title : ShA-DhaL-UUN 13 Virtues - Handbook
Subject : The ShA-DhaL-UUN Rite, 13 Virtues and the Shores of Ah-MA-ya-san,
Planetary Mirror in the Sky Activation 1
Author : MCEO Freedom Teachings - Ashayana Deane
Keywords :


Page: 3

 Integrity 3 - **Solar Plexus** Chakral Dimension-31 Mental Body DN-1 Yellow- Lower


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 Integrity 3 - **Solar Plexus** Chakra/Dimension-3/Mental Body DN-1 Yellow -


Page: 29

 Zha 3 - **Solar Plexus** 7. Sa -YeN" ("Sah-yen") 11 .

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 deep space C3 **Solar Plexus** 6" above head MC1 0 ----- C4 Heart

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 C2 Sacral C3 **Solar Plexus** C4 Heart CS Throat C6 3rd Eye C7 Crown

File : [2011-05_Sliders10_scan.pdf](#)
Title : Sliders 10 - Handbook
Subject : Return of the Sacred Butterfly, Te, Chi, & the DhA-Ya-Tei, Ultimate Desire, DhA-Ya-fication of the Vessel, Eternal Identity & the Adept Mind
Author : MCEO Freedom Teachings
Keywords :


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-  Seed Seal of **Solar Plexus** Chakra-3. The huge "auric field Root Code
 -  13. Exhale at **Solar Plexus** Chakra-3, using the exhale breath to again expand
 -  sphere" outward at **Solar Plexus** Chakra-3. 14. Inhale a "half-breath" at
 -  half-breath" at **Solar Plexus** Chakra-3, using the inhale to again contract the
 -  the center of **Solar Plexus** Chakra-3, then continue the inhale, using the second-
 -  Spark" downward from **Solar Plexus** Chakra-3 and into the central Seed Seal of
-

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-  C2 Sacral C3 **Solar Plexus** 6" above head MC10 C4 Heart MC9 C5 Throat
-

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-  Integrity 3 - **Solar Plexus** Chakra/Dimension-3/Mental Body DN-1 Yellow -
-

File : [2012-01_Sliders12Pt1_scan.pdf](#)
Title : Sliders 12 Part 1 - Handbook
Subject : Externalization of the KRYST, Secrets of the Tan-Tri-A"Jha, The 7 Suns of
Cos-MA-yah, Keys of Aden, Budding of the Lotus Seed and Plasma Body
Initiation
Author : MCEO Freedom Teachings
Keywords :


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C2 Sacral C3 **Solar Plexus** C4 Heart C5 Throat C6 3rd Eye - Pituitary




File : [2012-08_TreasuresOfTan-Tri-Ahu-ra-handout_scan.pdf](#)
Title : Treasures of the Tan-Tri-Ahu-ra - Handout
Subject : Gate Walkers, Wave Runners and Star Riders of the KRYSTHL River Host
Author : ARhAyas Productions - E"Asha Ashayana
Keywords :

Page: 32


 C2 Sacral C3 **Solar Plexus** C4 Heart C5 Throat . C6 3rd Eye •

File : [2013-05_WatersOfE-LAi-sa_scan.pdf](#)
Title : The Waters of E-LAi-sa - Handbook
Subject : Tan-Tri-A"ra Chismatic Self-Healing Level 2, The E-LAi-sian Seal and the 8-step E-LAi-sian Encoding Process
Author : ARhAyas Productions, E"Asha Ashayana
Keywords :


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 known as the **Solar Plexus**. often referred to as our second brain•, as its
 them tiYough the **Solar Plexus** and when we say that someone has learned to
 play "by **solar plexus**"! \Nhy Laughter IS the best medicine ~ Humans

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 nerves of the **Solar Plexus**. thus establishing a binding connection between the two and

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 4 Karanadis Seal **Solar Plexus** Chakra-3 Blood Crystal Sac Sun-8 Core E=

File : [2013-08_ShiftMasterHostMasterEarthCYNC_scan.pdf](#)
Title : Introduction to ShiftMasters, HostMasters & the EarthCYNC Celebration - Handbook
Subject :
Author : ARhAyas Productions - E"Asha Ashayana
Keywords :


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 in Chakra-4 **Solar Plexus** Chakra-3 Blood Crystal Sac Karanadis Seal Sun-8

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 ~ C-3 **Solar Plexus** C-4 Heart C-5 Throat C-6 3rd

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 4 Karanadis Seal **Solar Plexus** Chakra-3 Blood Crystal Sac Sun-8 Core E=

File : [2014-04_ShiftMasters1_scan.pdf](#)
Title : Tan-Tri-Ahura Teachings™ ShiftMasters™ Course-1
Subject :
Author : (C)2014 E"Asha Ashayana
Keywords :


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 ~ C-3 **Solar Plexus** C-4 Heart C-5 Throat C-6 3rd

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 ndigo C7-Violet **Solar Plexus** CK-3 is called "The Seat of Mind"

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 space C-3 **Solar Plexus** chakra-3 interface MC9 .-. C-4 Heart C-

File : [2014-12_KDDL1ChartPack_scan.pdf](#)
Title : Keylontic™ Discourses for Daily Living
Subject :
Author : (C)2015 E"Asha Ashayana
Keywords :

Page: 10


 ndigo C7-Violet **Solar Plexus** CK-3 is called rw~ ... 5 ·Go

File : [2016-03_KDDL2_scan.pdf](#)
Title : Arhayas Productions KDDL2 Hand Book
Subject :
Author : (C)2015 E"Asha A. Arhayas
Keywords :


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 Indigo C7-Violet **Solar Plexus** CK-3 is called "The Seat of Mind"


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 Indigo C7-Violet **Solar Plexus** CK-3 is called "The Seat of Mind"

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 Throat, Chakra-3 **Solar Plexus** Power-Phase Qualities: Virtue-7 Communication, Virtue-s
Community,

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 Throat, Chakra-3 **Solar Plexus** Keylon tic"" Discourses for Daily Living - KDDL ""

File : [KeylonticDictionary.pdf](#)
Title : Keylontic Dictionary
Subject : KS Dictionary
Author : MCEO Freedom Teachings
Keywords :

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 strand, Pte third **Solar Plexus**~ and the Mental Body (third level out form
