

# Search Results

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## Summary

Searched for : **-step**

In index(es) : **H:\KS\_Scan\_Library\MasterIndex.pdx**

Results : **64** document(s) with **554** instance(s)

Saved on : **7/8/2017 7:11:37 PM**

File : [1999-07\\_AncientRightsPassage\\_Handbook\\_scan.pdf](#)

Title : The Ancient Rites of Passage - Handbook

Subject : Personal Healing Through Planetary Service

Author : MCEO Freedom Teachings - Anna Hayes Gruber

Keywords :

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Page: 55



UHF wave spectra, **down-stepping** this energy so it may enter the Earth core

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File : [1999-12\\_Kathara1\\_scan.pdf](#)  
Title : Kathara 1 - Manual  
Subject : Introduction to Kathara Bio-regenesis technologies, Color, Symbol, Sound and Bio-regenesis  
Author : MCEO Freedom Teachings  
Keywords :

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 FACILITATION Maharic Infusion **6-STEP** Sequence at Client's Feet for STEPS 1-5

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 review. ~a **6-Step** Technique Application Sequence- Maharic Receding 1. Technique #2-

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File : [1999\\_TangibleStructure\\_scan.pdf](#)  
Title : Tangible Structure of the Soul - Handbook  
Subject : Multidimensional anatomy, ascension teachings, accelerated bio-spiritual evolution program  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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 Morphogenetic Science and **Stair-Step** Creation, which are derived from the Ancient Teachings of

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 premises of the **Stair-Step** Creation and perpetual Motion Universe Models of Cosmological Order.

 Dimensional Structure and **Stair-Step** Creation were taught on Earth long ago, in advanced

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File : [1999\\_Voyagers1\\_scan.pdf](#)  
Title : Voyagers I - Book  
Subject : The Sleeping Abductees, Second Edition  
Author : Ashayana Deane  
Keywords :

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Page: 122

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can be "**side-stepped**" by the doctor, whereby a direct body communication can

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File : [2000-02\\_BeyondTheVeilsTranscript\\_scan.pdf](#)  
Title : Beyond the Veils (Transcript)  
Subject : Transcript for the Beyond the Veils workshop, includes session with AZara  
Author : MCEO Freedom Teachings  
Keywords :

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 the emotions step-**by-step**. But if you then take it and work with

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 very, very step-**by-step**, and modulated by your higher parts so as to

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 part of our **Stair-Step** Creation coming down from waveform into pre-matter liquid

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 to get into **Stair-Step** Creation, and I don't have time to do that.



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File : [2001\\_MastersTemplarStewardshipManualintro-only\\_scan.pdf](#)  
Title : Masters Templar Stewardship - Manual (Intro section)  
Subject : (doc contains only the intro section -- first 18 pps of the manual -- scanned seperately so the page numbers in the main content are accurate in searches)  
Author : MCEO Feedom Teachings  
Keywords :

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 "Guardian Council **Up-steps**" - and in late 2006 the trans-dimensional Krystal  
 spiritual-Ordination "**up-step**," invitation and appointment into the Mashaya-Hana Priest-Caste

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 "Guardian Council **Up-steps;**" as a result, in late 2006 the trans-dimensional  
 spiritual-Ordination "**up-step**" into the Mashaya-Hana Priest-Caste of the MCEO-

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 spiritual-Ordination "**up-step**," invitation and appointment into the Mashaya-Hana Priest-Caste











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File : [2001\\_MastersTemplarStewardshipManual\\_scan.pdf](#)  
Title : Masters Templar Stewardship - Manual  
Subject : Templar Stewardship (without roman numeral pages, so pg numbers should be correct or very close)  
Author : MCEO Freedom Teachings  
Keywords :

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-  The **Stair-Step** Creation Model The Stair-Step-Creation Model from the
  -  Creation Model The **Stair-Step**-Creation Model from the pre-ancient COT-Plates explains
  -  takes place. The **Stair-Step** Creation Model is the original Yanas and Breneau Order
  -  of ONE. The **Stair-Step** Creation Model illustrates the primal mechanics of energy interrelationship
  -  Knowledge of the **Stair-Step** Creation Model is indelibly imbued within the energetic foundation
  -  eternally exists. The **Stair-Step** Creation Model includes the teachings of Keylontic Morphogenetic Science
  -  knowledge of the **Stair-Step** Creation Model allows beings in manifestation the ability to
  -  The model of **Stair-Step** Creation is the operational universal paradigm of ~ fundamental
  -  evolution Agreement. The **Stair-Step** Creation Model has been an intrinsic part of human
  -  million years ago. **Stair-Step** Creation is the organic process by and through which
- 



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-  the model of **Stair-Step** Creation the underlying nature and mechanics of creation and
  -  The dynamics of **Stair-Step** Creation demonstrate the existence of an implied reality of
  -  Field Physics. The **Stair-Step** Creation model reveals the innate interrelationships between an incarnate
  -  The dynamics of **Stair-Step** Creation as expressed within the Microcosm reveal the following
- 




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-  illustrated within the **Stair-Step** Creation Model. Planets, stars, galaxies and universes also have
  -  process inherent to **Stair-Step** Creation, the entire Primal Substance of the universe itself
- 

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-  inherent to the **Stair-Step** Creation process allows us to spiritually comprehend that God
-  scientific dynamics of **Stair-Step** Creation imply the spiritual condition that God resides within
-  all things, the **Stair-Step** Creation model also implies that everyone and everything belongs,



creative ONENESS. The **Stair-Step** Creation model illustrates the tangibility of this ONENESS of

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order) in the **Stair-Step** Creation Model. Collectively, the 12 Wachayanas Gold Flame Tone

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order) in the **Stair-Step** Creation model. The sound-light (vibration-radiation) scalar-



presented in the **Stair-Step** Creation Model of the COT-Plates is extensive and



applications of the **Stair-Step** Creation Model. Through this model we learn that all

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God. In the **Stair-Step** Creation model, the term "Yunasai" (pronounced Un"-



mysteries of the **Stair-Step** Creation Model we are progressively empowered to understand and

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File : [2002\\_DanceForCommonHandbook\\_scan.pdf](#)  
Title : Dance For Series - Handbook  
Subject : Common handbook for all ten associated Workshops (March "02 - Aug "03)  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :


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---

 frequencies are "**down-stepped**" or synthesized into slower moving pulses, then transmitted into

 Templar. The "**down-stepped** Flame Currents" are simultaneously transmitted from the Flame Holders

 groups who further **down-step** the pulse of the Primal Currents and transm it

 Service Mission to **down-step** the Primal Currents, Earth's Planetary Sh ields would be


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File : [2002\\_VoyagersII\\_scan.pdf](#)  
Title : Voyagers II - Secrets of Amenti  
Subject : Freedom Teachings  
Author : Ashayana Deane  
Keywords :

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 competing "step-**by-step**" strategic plans by which covert political infiltration, leading to

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 has been, step-**by-step**, forced, seduced, deceived, tricked and cajoled into playing these

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 is a step-**by-step** illustration of the Jehovian Anunnaki's intended invasion schedule. The



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File : [2003-02\\_ForbiddenTestaments\\_scan.pdf](#)  
Title : The Forbidden Testaments of Revelation 1 - Handbook  
Subject : The Cosmic Clock, Secrets of Lohas and the Arc of the Covenant  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

---

Page: 3


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 Arc Zone "**Half-step**", Time Shift and the Bridge Zone Uke the Golden  
 at a "**half-step**" in frequency between the Ecka and Veca systems. The

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 the Covenant passage **uhatf-steps**" would also rapidly transmute (shatter and return to

---

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---

 "Base-6 **Half-step** Host Mabix" buffer field, carrying the being and its

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 diagonal Base-6 **Half-step** Arc passage Signet {SG} system, activating the Hello-

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---

 as a "**half-step**" template of Dimensional frequency, built upon a Standard Base

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---

 diagonal Base-6 **Half-step** Arc passage Signet (SG) system. activating the Helio-

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File : [2003-05\\_CouncilCommunicationOpenLetter.pdf](#)  
Title : Council Communication Open Letter  
Subject : Guidance and information for the KS eGroup  
Author : Ma"a speaking on behalf of the Eieyani Ecka Council  
Keywords :

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 Covenant "1/**2-step** gate interface" during the scheduled 22,326BC SAC, when COT-

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 Covenant "1/**2-step**" gate system. If we, the Eieyani, did provide our

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 successfully completed "**down-step**" into the Planetary Indigo Tribal Shield, the UIR  
Andromie-


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File : [2004-04\\_Kathara23-Manual\\_scan.pdf](#)  
Title : Kathara Levels 2 & 3 Foundations - Manual  
Subject : Awakening the Living Lotus, Healing Facilitation Through Crystal Body Alignment  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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 Body Light Grid, **Stair-Step** Vortices, Shield Clock Templates, 24 totE Lines, Til -

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 Body Flame-Cell **Stair-step** Currents Chart C 11 L Veca Code reference Chart

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 Level - 2, **6-Step** Flame Body Activation Client Session T40- T42 .. 13


 Shield Bonding - **6-Step** Lotus Run Session T54- T58 18 Facilitators Preparatory Procedure

 Level- 3: The **6-Step** Lotus Run Axiom Base Shield Bonding (Personal &

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 units, which further **down-step** !flrough precjse interface angles to become quarks and

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 ·-----<-----~ The **Stair-Step** Creation Model The Stair-Step-Creation Model from the

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-  The dynamics of **Stair-Step** Creation demonstrate the existence of an implied reality
-  Field Physics. The **Stair-Step** Creation model reveals the innate interrelationships between an incarnate
-  The dynamics of **Stair-Step** Creation as expressed within the Microcosm reveal the following

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-  FYI The **Stair-Step** Creation Model Continued All incarnate life forms on Earth,

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-  FYI The **Stair-Step** Creation Model Continued (The 8 Hova Bodies) 4.

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-  illustrated within the **Stair-Step** Creation Model. Planets, stars, galaxies and universes also
-  process inherent to **Stair-Step** Creation, the entire Primal Substance of the universe itself
-  inherent to the **Stair-Step** Creation process allows us to spiritually comprehend that God
-  scientific dynamics of **Stair-Step** Creation imply the spiritual condition that God resides within
-  of all things, **theStair-Step** Creation model also implies that everyone and everything belongs,
-  creative ONENESS. The **Stair-Step** Creation model illustrates the tangibility of this ONENESS of

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-  FYI The **Stair-Step** Creation Model Continued (The Khundaray, Kee-Ra-ShA,
-  order) in the **Stair-Step** Creation Model. Collectively, the 12 Wachayanas Gold Flame Tone

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-  order) in the **Stair-Step** Creation model. . . The sound-light (
-  presented in the **Stair-Step** Creation Model of the CDT -Plates is extensive
-  rudimentary applications of **theStair-Step** Creation Model. Through this model we learn that all
-  God. In the **Stair-Step** Creation model, the term "Yunasai"(pronounced Un
-  mysteries of the **Stair-Step** Creation Model we are progressively empowered to understand

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-  Body through "**down-stepping**" of the Eckasha Body Centre Amaraea Flame Seed Atom,
-  & K-2, **6-Step** Flame Body Activation Session (Page T40-42)

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-  Eckasha Body "**down-steps**" & P.Olarises a 9U.C of Its

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 Body Light Grid, **Stair-Step** Vortices, Shield Clock Templates, 24 LotE Lines, Til-E-"

 Body Light Grid, **Stair-step** Vortices, Shield Clock Templates, 24 LotE Lines, Til-E"a

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 & Staff Magnetic **Up-step** Transharmonic Vortices The 24 polarized -magnetic LatE" lines

 shield Nodes & **Up-step** to the shields above creating transharmonic ccw- magnetic pcm

 Template: Pcm- outgoing **Up-step** Transharmonic Vortices Ethos Up step Vortice "" N .

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 . Magnetic Outgoing **Up-stepping** 16 7.

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 Lines Form "**Stair-step**" Vortice Merkaba Fields Sl•g•1 Eckl1Vte3 Bady Pcmlo!

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 · 1 "**stair-step**" currents : 1 . • · " Lines Pass-

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 tosph ere further **Down-step** within the Lo!osphere.; the +ve Ethos Currents

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 MlodlcDiodlc vortices & **down-step** them Into blmensch:matlonfc ~ Cbakras & Nadls Lines


 magnetic Sphere, which **down-step** lo create the Trlon-Meajhe Field, Etheric Body Elhos

 Lin a "**Stair-step**" Vortices or theTil-E.-"~sphaera Interface; · forming a

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 ·Crystal Body **Down-step** into the . partiki Currents of !he Abnos

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 e PCM LotE **Stair-step** Vortice System · T\•"WIIW.ol""t.. "E" T~IeD,...

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 the Crystal Body **Down-step** into the Partiki Currents ofthe Atmos & Sub-atomic

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 B and the **6-Step** Lotus Run Session The process of Healing Facilitation through

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 units, which further **down-step** through precise interface angles to become quarks and other

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 3, Tech"-5A: **6-Step** Lotus Run at least one time, and just prior

---

 Kathara Level- 1: **6-Step** Maharic Recoding Process The K- 1 Client Session can  
 ,the additional **6-Step** procedures being added as "an additional modality" between  
 the K-1, **6-Step** Session. zsr;


---

 Level-2: The **6-Step** Flame Body Activation Client Session The K-2 Client


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 LEVEL-3: THE **6-STEP** LOTUS RUN (AXIOM BASE SHIELD BONDING) CLIENT SESSION

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 Kathara Level- 4, **6-Step** Hon"-a-tii-E-"a Run Client Session, while

---

 Sessions K-1, **6-Step** • Can be conducted only once, or as often


---

 K-1 , **6-Step** remains as • Recommended 1 -2 weeks prior

---

 the K-1, **6-Step** • procedure. " K-2, 6-Step • Can

---

 " K-2, **6-Step** • Can be conducted only once, or 3 -


---

 K-3, **6-Step** • K-3 Session requires at least one •

---

 a K-4, **6-Step** Hon"-a-tii-E-"a Run

---

 3 FIELDWORK: **6-STEP** LOTUS . SECTION 1: CONDENSED K- 1 PERSONAL TECHNIQUES

---

 2) K- 2, **6-Step** Flame Body Activation Session (Page: T40-42) 1l;)

---

 K - 2, **6-Step** Flame Body Activation Client Session (Page: T40-

---

 3) K- 3, **6-Step** Lotus Run Client Session (Page: T61-65) •

---


 3, Tech"-5: **6-Step** Lotus Run Axiom Base Shield Bonding (Personal &

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 FLAME BODY ACTIVATION- **6-STEP** CLIENT SESSION Tools: Kathara Level-2 Krist Codes+ Le-



 ACTIVATION CLIENT SESSION **6-Step** TechniQue Application SeQuence- Maharic RecodinR Session Kathara-1 1.


 Add K-2 **6-Step** Procedure here. - ~-aii:Mit " The Kathara

 Flame Body Activation **6-Step** Client Session Step -1, Actions 1 -4:

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---

 BASE SHIELD BONDING- **6-STEP** CLIENT SESSION Tools: See Facilitators Preparatory Procedure for K-

 RUN CLIENT SESSION **6-Step** Technique Application Sequence- Maharic RecodinQ Session Kathara-1 1.

 Add K-3, **6-Step** Procedure here. The Kathara Level - 3 Lotus Run

 3 Lotus Run **6-Step** Client Session Sequence- 1 Kathara Points . ~~~ .

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---

 the K-2 **6-step** Flame Body Activation Client Session, or to initiate other

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---

 · K-2 **6-Step** Flame Body Activation Client Session Preparation: A- Just prior

 the K-2, **6-Step** Flame Body Activation procedure as an "additional modality"

 2 of the **6-Step** Flame Body Activation Client Session, next below ... Step

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---

 of K-2 **6-Step** Flame Body Activation) from every atom for a few

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---

 5- the "**6-Step** Lotus Run Axiom Base Shield Bonding"; both personal and

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 B and the **6-Step** Lotus Run Session The process of Healing Facilitation through

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 LEVEL-3: THE **6-STEP** LOTUS RUN (AXIOM BASE SHIELD BONDING) CLIENT SESSION

 Kathara Level- 4, **6-Step** Hon"-a-tii-E-"a Run Client Session, while

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 LEVEL- 4: THE **6-STEP** Hon"-a-tii-E-"a RUN The K-4

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 FLAME BODY ACTIVATION- **6-STEP** CLIENT SESSION Tools: Kathara Level-2 Krist Codes +

 ACTIVATION CLIENT SESSION **6-Step** Technique Application Sequence- Maharic Recoding Session Kathara-1 1.



K'2 **6-Step** Procedure here. The Kathara Level-2 Flame Body Activation



Flame Body Activation **6-Step** Client Session Step -1, Actions 1 - 4:

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Level-1, 6 **-Step** Maharic Re-coding Process on the client, adding the



the Kathara- 3, **6- Step** Lotus Run procedure as an "additional modality" before



Kathara Level- 2, **6- Step** Flame Body Activation Session during a previous visit. The





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File : [2004-04\\_Kathara23Diagrams\\_scan.pdf](#)  
Title : Kathara 2-3 Diagram Pack  
Subject : 12 laminated color diagrams from K2-3  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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-  Heart-Bear begins **Down-step** Vortices Up-step Vortices PCM lo!E" PCM LotE"
  -  Down-step Vortices **Up-step** Vortices PCM lo!E" PCM LotE" Primal -CCW
  -  Magnetic Oulgo1ng **Up-stepping Down-step** & Up-step Vortices ©A"shayana &
  -  Down-step & **Up-step** Vortices ©A"shayana & A"zahyana Deane, 2008, All Rights
- 




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-  Sha-La "**Stair-step**" currents circulate through the T"iLE"a Merkabic Circulatory Upon intersecting
- 

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-  MiodicDiodic vortices & **down-step** them into Dimensional Ionic Particulate currents \ja Olakras
  -  which - do. **wn-step** to creat-e the T rion-Meahje Fteld, Ethenc
  -  LatE" Line "**Stair-step**" Vortices interface, formtng a 21 213-Charge dtfferenttal &
- 

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-  Eckasha Body "**down-steps**" & polarises a 90-Charge Spark of its 360-
-

File : [2004-09\\_MichaelMaryLine\\_scan.pdf](#)  
Title : The UK Michael-Mary Line - Handbook  
Subject : The Zendradon, Ecka-Indigo Shiled and Planetary Shield Awakening of the Universal Indigo Sun and Planetary Diamond Sun Host  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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 Body through "**down-stepping**" of the Eckasha Body Centre Amoraesa Flame Seed Atom,  
 & K-2, **6-Step** Flame Body Activation Session (Page T40-42)

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 Eckasha Body "**down-steps**" & P.Oiarlses a !HI-Charge Spark of

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 Body Light Grid, **Stair-Step** Vortices, Shield Clock Templates, 24 LotE Lines, TiL-E-"  
 Body Ught Grid, **Stair-step** Vortices, Shield Clock Templates, 24. LotE Lines, TiL-E"a

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 pcm Magnetic Outgoing **Up-stepping** Vortices of the """";&:"""""· LP 2..1

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 Sha-La "**stair-step**" currents circulate through the creatlm. of the

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 Etheric Lolosphere further **Down-step** within the lotosphere; the +ve Ethos Currents becoming

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 Octaves Grid that **Down-steps** Currents from the Etheric Vertical Ethos-Meridian & Eiros-

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 the Crystal Body **Down-step** into the Partiki Currents of the Atmos & Sub-

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 aSphere. PCM LotE **Stair-step** Vortice System · " PKA LotE Staff and ,

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 **Stair-step** Density Vortices and Manifestation The Density Shields & Stair-




Density Shields & **Stair-step** Vortices expand the Shield programme into Holographic Projection as

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 of Power & **Stair-step** Vortex Staff of Natural, Eternal Life Manifestation & Crystal

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 Eckasha Body "**down-steps**• & polarises . a 90-Charge Spark of its

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 Ra-Na-TA **Inhale- Step** 6) to the Chakra Seals, polarises the Reu-Sha-

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File : [2004\\_APindex\\_scan.pdf](#)  
Title : Index of AP publications through 2003  
Subject : Index reference for early printed materials  
Author : MCEO Freedom Teachings  
Keywords :

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 Chapter 2 32 **6-Step** Maharic Recoding Session KA1-M 203 6th Degree Melchizedek

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 Flame Body Technique **8-Step** 1 -DNA Amoraea Buffer (Shadow Healing Step

 Flame Body Technique **8-Step** 2- DNA Amoraea Insta-Buffer PHX-HB Flame Body

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 Covenant - Arc **Half-Step** Time Shift FTR-HB 3 Secrets of the Arc

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 Part 1 37 **Stair-Step** Creation Model SAS-M c 55 Stairway to Heaven

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 HB 6 Veils - **Stepping** Beyond/Demanifesting the Veils BV-HB 14 Veils- Under

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File : [2005-01\\_KethradonAwakeningDiary\\_scan.pdf](#)

Title : Kethradon Awakening - Workshop Diary

Subject : India trip journal

Author : MCEO Freedom Teachings

Keywords :

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The RKAC" s **6-step** sequence will be incorporated into the Kathara 4 material


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File : [2005-01\\_KethradonAwakening\\_scan.pdf](#)  
Title : Kethradon Awakening - Handbook  
Subject : Indigo India and the Kethradon Awakening Starburst 13 and the Gifts of Rama  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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 Runner Cord, that **down-steps** through the EckashaEcka-Veca E-Cou-sha-TA Crystal

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 of AdonA Council **Down-step** Facilitator: Ma"a of EieyanA Council Transmission Date: Friday January

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 AdonA, can, however, **down-step**, with the ongoing assistance of the EieyanA Councils, some

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 of AdonA Council **Down-step** Facilitator: Ma"a of EieyanA Council Transmission Date: Sunday January


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 Base Shields, can **down-step** through the buffer of the Polarian Matrix Interface Gates

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 of AdonA Council **Down-step** Facilitator: Ma"a of EieyanA Council Transmission Date: Sunday January

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 AdonA Council . **Down-step** Facilitator: Ma"a of EieyanA Council Transmission Date: Thursday January

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---

 continue, thereby "**side-stepping**" the portions of the Original OrionMintaka Veca Monad that

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 Veca had to **down-step** back to the D-8 Orion system in .2.~

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 serves to perpetually **down-step** the Eternal. Life Atmic frequencies of.the Ecka and

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 to simultaneously "**up-step**" the "Back-flow return currents." from

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of AdonA Council **Down-step** Facilitator: Ma"a of EieyanA Council Transmission Date: Friday  
January

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File : [2005-03\\_IntroKathara4\\_scan.pdf](#)  
Title : Elements of Kathara 4 - Handbook  
Subject : Installment 1 - the Eiradon Awakening, the Voyager Trinity Time Wave, Ra-Sha-LA Restoration, the Ah-Seu-Ra-Shan State and the Hon"a-til-E-a Run  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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 t,la-TA **Inhale- Step** 6) to the Chakra Seals, polarises the Reu-Sha-

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 Seu-Ra-Shan" **State- Steps** 1-12 (Can be run < 3hours prior

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 Code Induction The **6-Step** Hon"-a-tii-E-"a Run (Personal &

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 into the GruAL - **Steps** 2, 3 & 4 •!• Step 2 Now, mentally

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 Encryption into the **GruAL- Steps** 2, 3 & 4 •:• Step 2 Now, mentally

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 into the GruAL - **Steps** 2, 3 & 4 •!• Step 2 Now, mentally

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File : [2005-03\\_KeysMasteringAscension\\_scan.pdf](#)  
Title : Keys for Mastering Ascension  
Subject : Kathara Team Module studying the Veca codes  
Author : MCEO Freedom Teachings  
Keywords :

---

Page: 2

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That intention gets **down-stepped**, in the form of mathematics, to hold living forms

---

File : [2005-10\\_EngagingGodLanguages\\_scan.pdf](#)  
Title : Engaging the God Languages - Handbook  
Subject : Discover the languages of creation and how to use them to embody your God-Self  
Author : MCEO Freedom Teachings - Kathara Team  
Keywords :

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Page: 5


---

 we call it **Stair-Step** Creation. To get into manifestation, you have to project

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---

 That intention gets **down-stepped**, in the form of mathematics, which hold living forms


---


File : [2005\\_LotusBreathingExplanation\\_scan.pdf](#)  
Title : Lotus Breathing Explanation  
Subject : Clip from eGroup where NU NU writes to explain Lotus Breathing  
Author : MCEO Freedom Teachings  
Keywords :

---

Page: 1

---

 take it step-**by-step** in building this breathe and where to find it,

 code and then **up-step** the arc breathing from 6, 12,24 and 48 point

---

File : [2006-10\\_IntroToMonad\\_scan.pdf](#)  
Title : Intro to the Monad  
Subject : The Spark of the Living Flame  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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Page: 5

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formed via a **Stair-step** Creation process, which means that in the process of

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File : [2006-10\\_SacredSexClass\\_scan.pdf](#)

Title : Sacred Sex Class

Subject : Questions and Answers

Author : MCEO Freedom Teachings

Keywords :

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also called the **Half-Step** Gates. Other Gates are base-12 Gates; that means



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File : [2006\\_Summary1\\_scan.pdf](#)  
Title : Summary 1  
Subject : Historical Origins of the MCEO Teachings  
Author : MCEO Freedom Teachings  
Keywords :

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Page: 7

---

 or the "**Stair-Step** Creation" model. (More information on the Evolutionary Determinism  
 teachings of "**Stair-Step** Creation & the Science of Ascension" are extensively detailed

---



File : [2007-04\\_Kathara23Sect7-8\\_scan.pdf](#)  
Title : Kathara 2-3 Sections 7 & 8 Module  
Subject : Kathara Team Module expanding the technical details of Kathara 2-3  
Author : MCEO Freedom Teachings  
Keywords :

---

Page: 17

---

 Vortice Lines create **Stair-step** Vortice Merkaba fields Phase 3C- Stage 5 External LotE

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 • Magnetic Outgoing **Up-steppiing** These LotE Lines that were drawn into the two

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---

 and with the **stair-step** vortices created previously by the LotE Lines, generate a

---

File : [2007-09\\_GodWorlds\\_scan.pdf](#)  
Title : Exploring the God Worlds - Handbook  
Subject : Stair step creation  
Author : MCEO Freedom Teachings - Kathara Team  
Keywords :

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Page: 63

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Core. The term **stair-step** provides a valuable key to the process, because as



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File : [2007-11\\_LegacyOfLostTranscript.pdf](#)  
Title : Legacy of the Lost (Amsterdam workshop transcript)  
Subject : Legacy of the Lost, Freedoms of the Found, the Milky Way Mysteries, Halls of Records and the Jesus Codes  
Author : MCEO Freedom Teachings  
Keywords :

---

Page: 29






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 The FA Councils **Up-step** 1, which were a bunch of competing groups of  
 the Kryst Council **up-stepped** from there. 1 United Intruder Resistance= UIR Copyright A"shavana

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---

 Kryst Councils were **up-stepped** from what was here. The Kryst Councils were the  
 Councils. Now, an **up-step** in Kryst Council doesn't mean they got rid of  
 15. So they **up-stepped** us from D-12 contact directly with the 13,  
 And with the **up-step** of the Councils was also the up-step of  
 was also the **up-step** of the information. So, the information evolved and we

---

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---

 is Kryst Council **Up-step** 4, to what are called the Ad-Don-draea,

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---

 our Councils would **up-step** to a Higher Council with better technology that could  
 had Krystic Council **up-steps** as well, at this point. Lets see, did we  
 see, did we **up-step** this time? No, it wasn't there, we'd already got



---

File : [2007\\_12TribesVol1\\_scan.pdf](#)  
Title : 12 Tribes Vol 1 transcript  
Subject : scan of the 12 Tribes Volume 1 binder  
Author : MCEO Freedom Teachings  
Keywords :

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Page: 8

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 Spirit Body) "**down-steps**" its BPR, returning to its original state of physical-  
 physical-atomic quantum **down-step** their BPR and expand back outward from the Rash

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---

 of the "**Stair-step** Creation" process, in which simultaneous incarnation into multiple space-

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 the subjects of **Stair-step** Creation and Krystar Evolution. Once we have greater knowledge

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 Death, and Ascension: **Stair-step** Creation and Krystar Evolution "Individual incarnation" begins as  
 Cluster further "**down-steps**" or "divides quantum and individuates" into Galactic Eckashi  
 each Galactic Cluster **down-steps** into Solar System Eckashi Clusters and each Solar System  
 Solar System Cluster **down-steps** into Planetary Eckashi Clusters. The Eckashi Cluster on each  
 releases and "**up-steps**" the Ascended identities back into manifestation within the Adashi  
 Adashi Ascension Wave **up-step** into the Adashi Return Cycles that initiate the "  
 Eckashi Birth Wave **down-step** into the "Eckashi Expansion Cycles" that initiate expansion

---

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 Cycle of Eckashi-**down-step** incarnation and Adashi-up-step Ascension, and chose to  
 incarnation and Adashi-**up-step** Ascension, and chose to return into manifest incarnation as

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 Outflow" or "**down-step** incarnation" and reciprocal "Backflow" or "up-step  
 Backflow" or "**up-step** Ascension" that is inherent to the perpetual Eckashi Expansion  
 is called "**Stair-step** Creation," and the evolutionary engagement of this process is  
 "Krystar Evolution" **Stair-step** Creation is the organic macrocosmic context of the Cosmos,

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each Race Shield **down-steps** into smaller "Clan Shields," each Clan Shield down-



each Clan Shield **down-steps** into various "Family Shields," and each Family Shield



each Family Shield **down-steps** into many individual Incarnational Shields. Each Incarnational Shield further down-



Incarnational Shield further **down-steps** into groups of singular-identity Personal Shields. This planetary



This planetary "**Down-step** of the Shields," following release of a Solar Eckashi



of space-time **down-step** incarnation, bringing out of the Planetary Reishaic Record and

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Cloud. Basically Cloud **down-steps** to Ether. Cloud is the Plasmos. That is the

---

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---



basically how to **side-step** them as we begin to project What the projection

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---



zone platforms to **side-step**, sometimes right in-between two hibernation zones. But you

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in, it was **down-stepped** again into the Angelic Human Line so it wouldn't



So it just **up-steps** the whole program but it's the same Kristiac program.


---

File : [2007\\_12TribesVol2\\_scan.pdf](#)  
Title : 12 Tribes Volume 2 transcript  
Subject : 12 Tribes Volume 2 scan of the binder  
Author : MCEO Freedom Teachings  
Keywords :

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 form an intermediary **half-step** field, where it wouldn't be as high radiation as

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 natural structures and **side-step** those Hibernation Zones, that is exactly where you go.

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---

 system It was **down-stepped** through the core of a Sun called Sala 4,

---

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---

 Spirit & Eiradonis **2-Steps** Forward" The Eiradonis pulls out through Body & up/


---

File : [2007\\_12TribesVol3\\_scan.pdf](#)  
Title : 12 Tribes Volume 3 transcript  
Subject : 12 Tribes Vol Binder scan  
Author : MCEO Freedom Teachings  
Keywords :

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 needs to be **up-stepped**. And that needs to be done by the time

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 shift, and then **up-step**. So, by the time, 223 years from 2007, that

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---

 pretty color, step-**by-step** pictures, well, they're going to have to make that

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 Spirit Body) "**down-steps**" its BPR, returning to its original state of physicalatomic

 physical-atomic quantum **down-step** their BPR and expand back outward from the Rash

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---

 of the "**Stair-Step** Creation" process, in which Simultaneous Incarnation into multiple spacetime-

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File : [2007\\_MCEOordinateSystem\\_scan.pdf](#)  
Title : The MCEO Ordinate System  
Subject : details related to MCEO ordinations  
Author : MCEO Freedom Teachings  
Keywords :

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Page: 4

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Morphogenetic Science and **Stair-Step** Creation, which are derived from the Ancient Teachings of

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File : [2008-05\\_WindsOfChangeDiary\\_scan.pdf](#)  
Title : Winds of Change - Diary  
Subject : Winds of Change, Tides of Transformation, Visions of Joy for a  
Transitioning World - Workshop Diary  
Author : MCEO Freedom Teachings  
Keywords :

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Page: 2


---

 then did the **5-step** preparation (often utilized in the 12-Tribes classes),

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---

 and refract to **down-step** further to form the Allurian Elemental Creation Currents, one


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File : [2008-08\\_Sliders1Diary\\_scan.pdf](#)  
Title : Sliders 1 - Diary  
Subject : Emerging from Darkness, Preparing the MIND for Slide - Workshop Diary  
Author : MCEO Freedom Teachings  
Keywords :

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 followed by the **22-step** technique: Opening the Pentagonal TE"a-Wha Window and Conscious

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 Aquaferion/GA Transmittance **Down-Step.** In Loving Service to the Krist and Kristics, Georgi

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File : [2008-08\\_Sliders1\\_scan.pdf](#)  
Title : Sliders 1 - Supplement  
Subject : Emerging from Darkness, Preparing the Mind for Slide Introductory Atmic  
Body Training  
Author : MCEO Freedom Teachings  
Keywords :

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Eira-Krystar" NOW **3-step** INHALE & hold at top of inhale 2. Exhale

---

File : [2008-09\\_Sliders2\\_scan.pdf](#)  
Title : Sliders 2 - Handbook  
Subject : Reclaiming the Vessel - Preparing the Body for Slide, Introductory Telluric Body Training  
Author : MCEO Freedom Teachings  
Keywords :

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 Eira-Krystar" NOW **3-step** INHALE & hold at top of inhale 2. EXHALE

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 Eira-Krystar" NOW **3-step** INHALE & hold at top of inhale 2 EXHALE

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 Eira-Krystar NOW" **3-step** INHALE & hold at top of inhale. 2. Exhale

---

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---

 Eira-Krystar NOW" **3-step** INHALE & hold at top of inhale. 3. Exhale

---

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---

 is a simple **2-Step** Process: 1. Take 1 Forceful INHALE Breath into the

---

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---

 MOVEMEN1" in Section- **B-STEP** 15, BEFORE running Technique- 3. A. Activating the Tonal

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---

 is a simple **3- Step** Process: 1. Take 1 Forceful INHALE Breath into the

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---

 Spins and Flows **3-Step** Quickie Additional: Salt-Baking Soda & Charged Water Bath

---

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---

 Technique-4 END **3-Step** Quickie RAPID RE-ACTIVATION of the DN-1 Spins

---

 is a simple **3-Step** Process: 1. Take 1 Forceful INHALE Breath into the


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File : [2008-11\\_Sliders3Diary\\_scan.pdf](#)  
Title : Sliders 3 - Diary  
Subject : The Wind Beneath Your Wings, Engaging Spirit for Slide - Workshop Diary  
Author : MCEO Freedom Teachings  
Keywords :

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Page: 2

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 city that could **down-step** dimensionally, and temporarily manifest, allowing people within it to

 within it to **up-step** to Median Earth. So the Watchtower is the main

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File : [2008-11\\_Sliders3\\_Scan.pdf](#)  
Title : Sliders 3 - Handbook  
Subject : The Wind Beneath Your Wings - Engaging the Spirit for Slide, Introductory Atomic-Etheric, Rasha & Spirit Body Training  
Author : MCEO Freedom Teachings  
Keywords :

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to Slide-Ascension", **next-step** new material from the latest October 2008 MCEO Dispensations

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File : [2009-01\\_FOLFloatingBuddhas\\_scan.pdf](#)  
Title : FOL "09 - Supplement  
Subject : Brave New World & the Floating Buddhas, The Treaty of Al-Ben"-Yhan,  
Being Buddha, Engaging YOUR Place of Power, Healing the Wounds of  
Time, Elemental Command Slider Teams & the 12:12 Aquai"-ah de So-La"-  
RA LU"-na Transmissions  
Author : MCEO Freedom Teachings  
Keywords :

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 invasion from within", **up-stepping** their "mass body-snatch", "war-making" and



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File : [2009-04\\_DrumsOfAquaferion\\_scan.pdf](#)  
Title : Drums of Aquaferion - Handbook  
Subject : Doorways Through Time and the Drums of Aquaferion Circle of Life Drum Circle Celebration  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

---





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-  PART-A "**12-Step** Long-Run" Version and "3-Step Short-Run" Version and "**3-Step** Short-Run" Version (steps 10, 11 and 12 only, from "**12-Step** Long-Run" Version)..... ..
  -  & B ""**7-Step** Short Run" Version..... 36 Aurora Continuum Time-Travel Technique-
- 

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-  "PART-A **12-Step** Long-Run" Version. Clearing the CaL-Sheath and Progressively
  -  of the "**12-Step** LongRun" Version of this Technique-1 PART-A, if
  -  if the "**3-Step** Short-Run" Version of PART-A-Steps 10-11-
  -  Version of PART-A-Steps 10-11-12 only, is used at least once
- 

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-  PART-A "**3-Step** Short-Run" Version) to amplify the Ah-VE"-yas
- 



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-  Continuum): PART-B **23-Step** Long-Run Version Activating Your "Oscillatory Thermo-gel
- 








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-  PART-B "**7-Step** Short-Run" Version for 32 more consecutive nights. B.
  -  B cumulative "**35-Step** Long-Run" Version) your Jha·DA" Body has
- 





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-  B The "**7-Step** Short-Run Version" Aurora Continuum Time-Travel Technique-1
  -  B "The **7-Step** Short Run" Version Note: Once the "35-Step
  -  Once the "**35-Step** Long-Run" Version (PART-A Steps 1-12,
  -  running the "**35-Step** Long-Run" Version on "Night-1 ", or
  -  use this ""**7-Step** Short-Run" Version, from the second night to the
  -  using this "**7-Step** Short-Run" Version 3 times per week prior to
  -  using the "**35-Step** Long-Run" Version (Technique-1-PARTS A &-
-



-  Technique-1 "**35-Step** Long-Run" Version" , go to sleep as usual.
-  Technique-1 "**35-Step** Long-Run" Version" one more time, (even if
-  Technique-1 ""**7-Step** Short-Run" Version" , followed by the "Pre-
-  the Technique-1 "**35-Step** Long-Run" Version", instead of the "7-Step
-  of the "**7-Step** Short-Run" Version ". 6. Once or twice a
-  Technique-1 "**35- Step** Long-Run" Version "as a "Sadhi Projection

-  yas Breathing "**3-Step** Short-Run" Version. then breathe slowly and deeply while
-  VE"-yas Breathing **3-Step** Short-Run" before your other "Mindfulness Moments" throughout
-  Technique-1 "**35-Step** Long-Run" Version". immediately followed by this "Pre-
-  of the "**35-Step** Long-Run" Version, simply give yourself the "auto-

-  Technique-1 "**35-Step** Long-Run" Version "as a "Sadhi Projection
-  Technique-1 "**35-Step** Long-Run" Version" as a "Sad hi Projection
-  Technique-1 "**7-Step** Short-Run" Version " , with the "Pre-sleep
-  Technique-1 "**35-Step** Long-Run" Version. Note: If desired, you may use
-  Technique-1 "**35-Step** Long-Run" Version (Includes, PART-A Ah-VE"-
-  yas Breathing, "**12-Step** Long- Run" Version immediately followed by PART-B Engaging
-  Aurora Continuum "**23-Step** Long-Run" Version ". ) \* Nights-2 thru-
-  Technique-1 ""**7-Step** Short-Run" Version (Includes Technique-1 PARTS-A
-  yas Breathing "**3-step** Short-Run" Version (PART-A Steps 1 0-
-  Technique-1 "**35-Step** Long-Run" Version "as a "Sadhi Projection

-  Technique-1 "**35-Step** Long-Run" Version). \*Day 1-33: Use the
-  yas Breathing "**3-step** Short-Run" Version.) • Night-1: Use Technique-1
-  Technique-1 "**35-Step** Long-Run" Version " , immediately followed by the "
-  Technique-1 "**7-Step** Short-Run" Version " , followed by the "Pre-
-  Technique-1 "**35-Step** Long-Run" Version " , instead of the "7-
-  of the "**7-Step** Short-Run" Version". \* Once or twice a week,
-  Technique-1 "**35-Step** Long-Run" Version "as a "Sadhi Projection
-  of the "**7- Step** Short-Run" Version 3 times per week prior to
-  of the "**35-Step** Long-Run" Version (technique-1-PARTS A &-

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File : [2009-05\\_Sliders4Transcript\\_scan.pdf](#)  
Title : Sliders 4 (workshop transcript)  
Subject : Transcript for Sliders 4 Workshop  
Author : MCEO Freedom Teachings  
Keywords :

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 A is a **12-Step** Long-Run version, "Clearing the Cal-Sheath and

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---


 having completed the **12-Steps** of Part-A in future, from this evening onward,

 of the shorthand **7-step**, when the whole thing is done. Now, to use

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---

 use of the **7-Step** Short-Run version, 3 times per week prior to





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File : [2009-05\\_Sliders4\\_scan.pdf](#)  
Title : Sliders 4 - Handbook  
Subject : The Call of Aurora Probability Alignments & The Adjagate Bond,  
Intermediate Atmic / Ah-VE"-yas Body Training  
Author : MCEO Freedom Teachings  
Keywords :

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 "PART-A **12-Step** Long-Run" Version. Clearing the CaL -Sheath and  
 of the "**12-Step** Long-Run" Version of this Technique-1 PART -  
 if the "**3-Step** Short-Run" Version of PART -A-Steps 10-  
 of PART -**A-Steps** 10-11-12 only, is used at least once

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 PART-A "**3-Step** Short-Run" Version) to amplify the Ah-VE"-yas  
 of the "**7-Step** ShortRun" Version 3 times per week prior to sleep,

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 Continuum): PART-B **23-Step** Long-Run Version Activating Your "Oscillatory Thermo-gel

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 PART-B "**7-Step** Short-Run" Version for 32 more consecutive nights. B.  
 B cumulative "**35-Step** Long-Run" Version) your Jha-DA" Body has indeed

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 B The "**7-Step** Shalf-Run Version" Aurora Continuum Time-Travel Technique-1  
 B "The **7-Step** Short Run" Version Note: Once the "35-Step  
 Once the "**35-Step** Long-Run" Version (PART -A Steps 1-  
 running the "**35-Step** Long-Run" Version on "Night-1 ", or  
 use this "**7-Step** Short-Run" Version, from the second night to the  
 using this "**7-Step** Short-Run" Version 3 times per week prior to  
 using the "**35-Step** LongRun" Version (Technique-1-PARTS A &-B)

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 Technique-1 "**35-Step** Long-Run" Version" , go to sleep as usual.  
 Technique-1 "**35-Step** Long-Run" Version" one more time, (even if  
 the Technique-1""**7-Step** Short-Run" Version" , followed by the "Pre-



Technique-1 "**35-Step** Lona=Run" Version", instead of the "7-Step



of the "**7-Step** Short-Run" Version". 6. Once or twice a week,



Technique-1 "**35-Step** LongRun" Version "as a "Sadhi Projection Meditation".

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vas Breathing "**3-Step** Short-Run" Version. then breathe slowly and deeply while



VE"-yas Breathing **3-Step** Shari-Run" before your other "Mindfulness Moments" throughout



Technique-1 "**35-Step** Long-Run" Version", immediately followed by this "Pre-



of the "**35-Step** Long-Run" Version, simply give yourself the "auto-

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File : [2009-10\\_Sliders6Transcript\\_scan.pdf](#)  
Title : Sliders 6 (workshop transcript)  
Subject : Transcript for Sliders 6 workshop  
Author : MCEO Freedom Teachings  
Keywords :

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 "The "**baby-steps**" of the ancient Atlantean Illuminati victories have now become

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 We've got a **forty-step** technique. (response from audience)Yeah, I know. That's

 Oh God, a **40-step** technique!" Yeah, I agree, right? But, we to finish

---

File : [2009\\_Summary2\\_scan.pdf](#)  
Title : Summary 2  
Subject : Introductory Topic Summary 2, Contemporary Origins and Evolution of the  
MCEO Teachings  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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The "**baby-steps**" of the ancient Atlantean Illuminati victories have now become


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File : [2010-01\\_ElementsOfDiscovery\\_scan.pdf](#)  
Title : The Elements of Discovery - Handbook  
Subject : 15 Dimensional Anatomy, Exploring the God Worlds, Cosmic Clock, Gifts of the KRYSTHL River Prayer  
Author : MCEO Freedom Teachings - Kathara Team  
Keywords :

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 core. The term **stair-step** provides a valuable key to the process, because as

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 Races. The Founders **down-stepped** their consciousness into the lower densities of our Veka,

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File : [2010-04\\_MakersOfWingsDiary\\_scan.pdf](#)  
Title : Makers of Wings - Diary  
Subject : Makers of Wings and Other Things, The Orbs of Ah-SA-yas, Planes of Aurora, Ancient Arrows, Planetary Mirror Ball and the Hidden Cities of Earth - Workshop Diary  
Author : MCEO Freedom Teachings  
Keywords :

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 of this Organic **Stair-Step** Creation Rasha-Materialization-Current 84 Primary flows means that

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 activation, the Organic **Stair-Step** Creation Rasha-Materialization chart and the eternal perfect out-

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File : [2010-04\\_MakersOfWings\\_scan.pdf](#)  
Title : Makers of Wings and Other Things - Handbook  
Subject : The Orbs of Ah-SA-yas, Planes of Aurora, Ancient Arrows, Planetary Mirror Ball and the Hidden Cities of Earth  
Author : MCEO Freedom Teachings - Ashayana Deane  
Keywords :

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 Organic **Stair-step** Creation Rasha-Materialization-Current- 84 Primary Flows ®1st

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 Organic **Stair-step** Creation Rasha-Materialization-Current Flows Circulation through the Density

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 I / Organic **Stair-step** Creation Rasha-Materialization-Current- 84 Primary Flows ®1st

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 Organic **Stair-Step** Creation Rasha-Materialization-Current- 84 Primary Flows Met-NET

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File : [2010-08\\_Sliders8Diary\\_scan.pdf](#)  
Title : Sliders 8 - Diary  
Subject : Preparing the Body for Slide, Advanced Emotional Telluric Body Training -  
Workshop Diary  
Author : MCEO Freedom Teachings  
Keywords :

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and the new **3-step** Symbol Code, the grid work at the Biosphere-II



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File : [2010-08\\_Sliders8\\_scan.pdf](#)  
Title : Sliders 8 - Handbook  
Subject : Awake, Aware, and ALIVE in the Lands of Aah, The Sea of Ah-Yah, Eternal Stream of Ah-Yah-YA the Covenant of Ah-Yah-Rhu and Eternal Dream Fields of the ONE, Preparing the Body for Slide - Advanced Level  
Author : MCEO Freedom Teachings  
Keywords :

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 drawn and —**down-stepped.**|| The CDT-Plates and Maharata Texts focus upon the  
 Krysta-Ascension, KaLE-**RAma-Step**-back, & KaLE-DEma-fall Nova Cycles, Coming Krystal-

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---

 Conscious Materialization (**22-steps**, opens the Ketheric Duct at the fontanel to receive

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 of the Organic **Stair-Step** Creation Rasha-Materialization-Current, the Metatronic/—Met-NET||-Freeze

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File : [2012-01\\_Sliders12Pt1\\_scan.pdf](#)  
Title : Sliders 12 Part 1 - Handbook  
Subject : Externalization of the KRYST, Secrets of the Tan-Tri-A"Jha, The 7 Suns of Cos-MA-yah, Keys of Aden, Budding of the Lotus Seed and Plasma Body Initiation  
Author : MCEO Freedom Teachings  
Keywords :

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Ur flows for **down-step** through the Krystar Chamber "7 Bridges Flows" "

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Ur ftows for **down-step** through the Koystar Chamber "7 Bridges Flows" "


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File : [2012-12\\_13DaysOfKRYSTHLmass\\_scan.pdf](#)  
Title : 13 Days of KRYSTHLmass  
Subject : Details about FOL post-Dec 2012 workshop  
Author : ARhAyas Productions  
Keywords :

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 Trinity Bridge next **down-stepped** from the AL-2-Peru Cathedral Complex into the

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 transfiguring and "**up-stepping**" the "Eye of AL-Hum-Bhra Passage" into


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File : [2012-12\\_AgeOfEnlightenmentChartpack2\\_scan.pdf](#)  
Title : Dawn of the Age of Enlightenment - Post Workshop Dispensation  
Subject : 13 Days of KRYST-mass and the Planetary Silver Seed Awakening  
Author : ARhAyas Productions, E"Asha Ashayana  
Keywords :

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 Trinity Bridge next **down-stepped** from the AL-2-Peru Cathedral Complex into the

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---

 transfiguring and "**up-stepping**" the "Eye of AL-Hum-Bhra Passage" into



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File : [2012\\_MCEOarticles\\_scan.pdf](#)  
Title : MCEO Articles  
Subject : Compilation of Articles publically available from the MCEO  
Author : MCEO Freedom Teachings  
Keywords :

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 Arc Zone "**Half-step**", Time Shift and the Bridge Zone Like the Golden  
 at a "**half-step**" in frequency between the Ecka and Veca systems Everything

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 a stable, "**half-step**" frequency zone and time pulsation rhythm as the Planetary

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 in turn to **down-step** their activations to Angelic humans through the energetic connections

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 and continuing to **down-step** these to the Angelic humans who, in turn, will  
 in turn, will **down-step** them to the planet. WHERE DO I GO FROM

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 there it "**down-steps**" into further manifestation and experience. As it ascends or

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 "Guardian Council **Up-steps**"- and in late 2006 the trans-dimensional Krystal River  
 spiritual-Ordination "**up-step**," invitation and appointment into the Mashaya-Hana Priest-Caste

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 "Guardian Council **Up-steps;**" as a result, in late 2006 the trans-dimensional  
 spiritual-Ordination "**up-step**" into the Mashaya-H ana Priest-Caste of the

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 spiritual-Ordination "**up-step**," invitation and appointment into the Mashaya-Hana Priest-Caste

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File : [2013-05\\_WatersOfE-LAi-sa\\_scan.pdf](#)  
Title : The Waters of E-LAi-sa - Handbook  
Subject : Tan-Tri-A"ra Chismatic Self-Healing Level 2, The E-LAi-sian Seal and the 8-step E-LAi-sian Encoding Process  
Author : ARhAyas Productions, E"Asha Ashayana  
Keywords :

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#### Document Metadata

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 Subject: Seal and the **8-step** E-LAi-sian Encoding Process

 Found 1 instance(s) in additional metadata

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 Seal and the **8-Step** E-LAi-sian Encoding Process(Tan -Chi-TEi

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 the dynamicKrystic "**down-step**/out-reach" efforts of the Aurora Earth Team). ARhAyas:


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 The **Out-Step** & In-Step/Ascension E"LAi"-sa Helio-plasmic Krystar

 Out-Step & **In-Step**/Ascension E"LAi"-sa Helio-plasmic Krystar Flows between External,

 fied Kryst Creation **Out-Step** of Eternal DhA-yah·fied Creation: (In-

 fied Creation: (**In-Step**/Ascension Is Back-Flow of Out-Step Process) Start:

 Back-Flow of **Out-Step** Process) Start: Chismatic Field Level-1-Inner/Core Atmic

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 Blueprint to transduce/**down-step/out-step** the first of 3 Heliotryptonic E-LAi-

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 Seal and the **8-Step** E-LAi-sian Encoding Process- (Tan-Chi-TEi

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 Cos-MY"ah and **out-steps** into the Creation Domains that are IN-Folded into

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 KHY-yon Cell **Down-steps** & Out-steps the 15 Heliochroic Krystar currents into

 Down-steps & **Out-steps** the 15 Heliochroic Krystar currents into a set of

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 Tryptolase Generator that **out-steps** KHY currents on KHY waves for eternal life Solar



Seal and the **8-Step** E-LAi-sian Encoding Process - (Tan-Chi-

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File : [2013-08\\_ShiftMasterHostMasterEarthCYNC\\_scan.pdf](#)  
Title : Introduction to ShiftMasters, HostMasters & the EarthCYNC Celebration - Handbook  
Subject :  
Author : ARhAyas Productions - E"Asha Ashayana  
Keywords :

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 Cos-MY"ah and **out-steps** into the Creation Domains that are IN-Folded into

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 KHY-yon Cell **Down-steps** & Out-steps the 15 Heliochroic Krystar currents into

 Down-steps & **Out-steps** the 15 Heliochroic Krystar currents into a set of

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 Tryptolase Generator that **out-steps** KHY currents on KHY waves for eternal life Solar

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 as smaller/most **down-stepped** passages that lead next into their corresponding Secondary Site


 and then progressively **down-step/out-step**" the purest, most Eternally Krystic Currents of

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 "transfigure" I" **out-step**" Trypton-crystal Schema-forms from the Tan-Chi-TEi

 receives the "**out-stepped**", transfigured, encrypted bioelectrical impulses from the Chismatic Neurological Template,

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File : [2013-12\\_SecretsOfEFFI\\_Handbook\\_scan.pdf](#)  
Title : Secrets of the EFFI - Handbook  
Subject : Shiftmasters Course 1 - The hidden powers of Consciousness, Concave & Convex reality Cave dwellers, the Ancient Sncestral code & the Cloak of ARI-YON"ah  
Author : ARhAyas Productions - E"Asha Ashayana  
Keywords :

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 · to •**out-step**" into External Creation via Rash a Body ParTE"KEi Dark

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 1 C: Initiates **out-step** & down-step of First EFFI-Fiows from the  
 out-step & **down-step** of First EFFI-Fiows from the Ahu-Stri"-jhe  
 the process of **out-stepping/down-stepping** Eternal EFFI-Fiows from the Ahu-Stri"-  
 yah for continued **out-step** & downstep through External Creation. Use of the sequence

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 Technique-1 0: **Out-steps** & down-steps First EFFI-Fiows from the Core  
 Out-steps & **down-steps** First EFFI-Fiows from the Core Lud"far (liquids)  
 the process of **out-stepping/down-stepping** Eternal EFFI-Fiows from the Ahu-Stri"-  
 yah for continued **out-step** & downstep through External Creation. (Use of the

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 Technique-1 E: **Out-steps** & down-steps First EFFI-Fiows from the Inner  
 Out-steps & **down-steps** First EFFI-Fiows from the Inner Sche"ma (bone/  
 the process of **out-stepping/down-stepping** Eternal EFFI-Fiows from the Ahu-Stri"-  
 yah for continued **out-step** & down-step through External Creation. (Use of  
 out-step & **down-step** through External Creation. (Use of the sequence of

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 the process of **out-stepping/down-stepping** Eternal EFFI-Fiows from the Ahu-Stri"-  
 Cos-MY"ah for **down-step** through External Creation. Use of the "Pinnacle Code"

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 Consciousness-Units, then **out-steps** the Eta-Ur C-Units to the Central Ahu-

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File : [2013\\_04\\_ELAiSaAwakening\\_Handbook\\_scan.pdf](#)  
Title : E-LAi-Sa Awakening - Handbook  
Subject : The Indelible KRYST Code & Chismatic Self-Healing Level 1  
Author : ARhAyas Productions - E"Asha Ashayana  
Keywords :

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-  groups who further **down-step** the pulse speed of the Primal Currents and transmit
  -  of Primal Current **down- stepping**, Earth"s Planetary Shields would be unable to synthesize the
- 

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-  The **Out-Step** & In-Step/Ascension E"LAi"-sa Helio-plaamic Krystar
  -  Out-Step & **In-Step**/Ascension E"LAi"-sa Helio-plaamic Krystar Flows between External.
  -  fied Kryst Creation **Out-Step** of Eternal DhA-yah·fied Creation: (In-
  -  fied Creation: (**In-Step**/Ascension is Back-Flow of Out·Step Process)
-

File : [2014-04\\_ShiftMasters1\\_scan.pdf](#)  
Title : Tan-Tri-Ahura Teachings™ ShiftMasters™ Course-1  
Subject :  
Author : (C)2014 E"Asha Ashayana  
Keywords :

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 conscious plasms **"out-step"** into elemental/sub-atomic/atomic/molecular matter.). The Plasmantic

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 substance-water) ~ **0- Step 7** The 2 Pre-Matter Conscious Vapors Bom of  
 H2N3) I ~ **0- Step 8** The 6 Pre-Matter Conscious Metallic EltctrORiasmu Bom

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 Consciousness-Units, then **out-steps** the Eta-Ur C-Units to the Central Ahu-

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 Tu & begin **out-step**.This opens the Ahu-Stri"-yah E"-LAI"-sa  
 yah Core then **out-steps** & down-steps the "EFFi-Library" flows into  
 out-steps & **down-steps** the "EFFi-Library" flows into Aurora Earth Core

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 "transfigure" I" **out-step**" Trypton-crystal Schema-forms from the Tan-Chi-TEi  
 receives the **"out-stepped"**, transfigured, encrypted bioelectrical impulses from the Chismatic Neurological Template,

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 cell cluster **"Out-Steps"** the Etemai-Authentik Identity from Internal Creation outward into

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 De-manifestation Ascension **In-Step** Wave/Internal Manifestation Expression Wave Raise Outer Oscillation (  
 Internal Descending **out-Step**• Wave A Time/Manifestation Wave Spiral begins with a

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 ARhAyas Productions. LLC **Down-Step** Aggregator Platform Integral Realities, LLC Up-Step Aggregator Platform  
 Integral Realities, LLC **Up-Step** Aggregator Platform AE, LLC

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File : [2014-08\\_WorkshopDescription\\_scan.pdf](#)  
Title : Freedom for Freedom Workshop Description  
Subject : Workshop description  
Author : ARhAyas Productions  
Keywords :

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Page: 2

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™ - AE **Out-step** Platforms, Level-I "8 Categories of Evolving Awareness"



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File : [2014-12\\_KDDL1ChartPack\\_scan.pdf](#)  
Title : Keylontic™ Discourses for Daily Living  
Subject :  
Author : (C)2015 E"Asha Ashayana  
Keywords :

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-  the process of **out-stepping/down-stepping** Eternal EFFI-Fiows from the Ahu-Stri"~
  -  Cos-MY"ah for **down-step** through External Creation. Use of the "Pinnacle Code"
-

File : [2014-12\\_YearEndUpdate\\_scan.pdf](#)  
Title : 2014 Year End Update  
Subject : Update Letter for December 2014 entitled "Brave Happy Things"  
Author : ARhAyas Productions  
Keywords :

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the first •**out-step**• of these efforts will now occur with the Codes












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File : [2015-04\\_JourneytotheEff-i-yahState.pdf](#)  
Title : Journey to the EFF-i-yah State (with diagrams)  
Subject : Journey steps and diagrams  
Author : ARhAyas Productions  
Keywords :

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-  Shield of Lifo" **Doorway- Stepso** 1-13 PART-2: The "Rood to Remembrance•
  -  Doorway of Discovery• - **Stepso** 14-16 PART-3: The Pod-building & the
  -  1-yoh Councils - **Steps:** 17-22 PART-4: Your TrhU You Exprtssion, Your
  -  TrhU Place in **Eternity- Steps.** 26-27 PART -6: ETERNAL FLOW, YOUR TrhU
  -  NATURE LOVING INNOCENCE - **Steps:** 28-29 PART-7: The Silent Symphony- Step: 30
  -  7: The Silent **Symphony- Step:** 30 PART-8: "Download Breathing": Breathe In the
  -  Embody the KNOWING - **Steps:** 31-33 PART-9: Eternal FLOW Eff-i-yoh
  -  You LMng Library - **Step:** 34 PART -10: Return to your Anchor-point
  -  point of Living **Remembrance- Steps:** 35-41 PART -11: The " Pfoce of
  -  Key Elements of **Enlightenment- Steps:** 42-46 PART-12: Enlightening your Anchor-point of
  -  i-yah Stole - **Steps:** 47-48
-

File : [2016-03\\_KDDL2\\_scan.pdf](#)  
Title : Arhayas Productions KDDL2 Hand Book  
Subject :  
Author : (C)2015 E"Asha A. Arhayas  
Keywords :

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-  Shield of Lila" **Doorway- Steps:** 1-13 PART-2: The "Road to Remembrance"
  -  Doorway of Discovery" - **Steps:** 14-16 PART-3: The Pod-building & the
  -  i-yah Councils - **Steps:** 17-22 PART-4: Your TrhU You Expression, Your
  -  Eff-i-yah **State- Steps:** 23-25 PART-S: Re-TUNE to the Eternal
  -  TrhU Place in **Eternity- Steps:** 26-27 PART-6: ETERNAL FLOW, YOUR TrhU TRUTH
  -  TrhU NATURE LOVING **INNOCENCE- Steps:** 28-29 PART-7: The Silent Symphony - Step:
  -  The Silent Symphony - **Step:** 30 PART-8: "Download Breathing": Breathe in the
  -  to Embody the **KNOWING- Steps:** 31-33 PART-9: Eternal FLOW E/1-i-
  -  TrhU You Living **Library- Step:** 34 PART-10: Return to your Anchor-point of
  -  point of Living **Remembrance- Steps:** 35-41 PART-11: The "Place of Reflection"
  -  Elements of Enlightenment - **Steps:** 42-46 PART-12: Enlightening your Anchor-point of
  -  Eff-i-yah **State- Steps:** 47-48 KeyLontic"" Discourses for Daily Living- KDDL"" Course
- 

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-  ("Big Picture **Stair-Step** Creation") that the AMCC-MCEO-GA first introduced in
- 



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-  Pan-Pan Donee **8-Stepw**, Steps 2C Transfiguration of the lhEon into the Zeff-
- 






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-  of 4 EKponslon/**Out-Step** Time- Cycles & a set of 3 Contraction/In-
  -  of 3 Contraction/**In-Step** Return Cycles, within both the EtorA & AdorA Domains.
- 


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-  or system "**out-steps** and down-steps" its conscious-energy quantum from its
-  out-steps and **down-steps**" its conscious-energy quantum from its Effe"-Mah Silken-
-  then simultaneously "**down-steps** and out-steps" a portion of its quantum into
-  down-steps and **out-steps**" a portion of its quantum into each Distinction Point
-  being begins to **down-step, out-step** and externalize its conscious energy

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 1 Density expands, **down-steps**, accretes and crystallizes into the Physical Body atoms. The

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 Density Accretes (**down-steps** into atomic matter= Light crystallizes into atomic matter), then

 Spirt Accrete (**down-steps** into atomic matter = Atomic matter begins Spiritualization, &

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 1 Density expands, **down-steps**, accretes and crystallizes into the Physical Body atoms. DN

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 Density Accretes (**down-steps** into atomic matter= light crystallizes into atomic matter), then

 Spirt Accrete (**down-steps** into atomic matter= Atomic matter begins Spiritualization, & Matter

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 the expedited "**8-Steps** of the Pan-Pan Dance", the 8 Stages of

 when all "**8-Step** Activations" are complete) In February 2015, the Expedited Eff-

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 the expedited "**8-Steps** of the Pan-Pan Dance", the 8 Stages of

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 Pan-Pan Dance **8-Step**", Steps 2C Transfiguration of the ZhEon into the Zeff-

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 Pan-Pan Dance **8-Step**", Steps 2C Transfiguration of the ZhEon into the Zeff-

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 the expedited "**8-Steps** of the Pan-Pan Dance", the 8 Stages of

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File : [2016-12\\_FailSafe5thAnniversaryPt4\\_scan.pdf](#)  
Title : Fail Safe 5th Anniversary Note pt 4  
Subject : Supplemental information announcing Grid Activations and KDDL details given on the 5th Anniversary of Fail Safe activation  
Author : ARhAyas Productions  
Keywords :

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 in~ly \***Out-stepped** tiii"OUSJh the Tron"·T£·111 Window"from

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 ial Essences frequencies **Out-step** & Down-step into External Creation through t he  
 Out-step & **Down-step** into External Creation through t he TranspositiOn Platforms, the

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 they all initially **Out-stepped/Down-stepped** and emerged into individuated expression.  
Essential Eucence-

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 ·Creation progressively **Out-Step** & Down-Step through the Emancipation & Transposition Passages  
 Out-Step & **Down-Step** through the Emancipation & Transposition Passages of the Elf

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 ·Step & **OUT-Step** f. 4 Transposition Platforms TO 5 Eff·im

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 the organic FrequenCJI **Down-Step** provided through the S Efl-im·a"  
 other subsequent frequency **Down-Step** Interfaces, the powerful Ploneto(f)l E-lum"en-Air Tronsplanea/  
 of severo/ Frequency **Down-Step** Interfaces through which Ploneto(f)l E·Lum"en-Air  
 heir subsequent Frequency **Down-Step** Interfaces, ALSO 1erve to~ through organic Particle Acceleration, the

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 of Earth"s Frf"qlIt"ncy **Down-Step** Intt-rfocf" Nf"twork UNK.COMPONENTS:  
UNIC:(;OMPQNT-t: Unl~

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 Wove-Infusions progressively **Down-Step** & Out-Step from the External Creation Universal M33-

-  Down-Step & **Out-Step** from the External Creation Universal M33-M31 SAFE HAVENS-
-  6 LINK-COMPONENTS, **Down-Stepping** & Out-Stepping into Earth's Elemental Atomic Planetary
-  Down-Stepping & **Out-Stepping** into Earth's Elemental Atomic Planetary Physical Environment, and
-  AW WaW! •IIIjusiorn **Down-Step** ilnd Out-Step from brth's P~net:uy
-  WaW! •IIIju~ **Down-Step** ilnd Out-Step from h rth's f PfaiWtary Tra11~
-  Down-Step ilnd **Out-Step** from h rth's f PfaiWtary Tra11~p<><lfio11 l"ltJtjr.
-  •III/usiorts **Down-Step** ilnd Out-Step from El>rth's S Ef!.Jm-
-  Down-Step ilnd **Out-Step** from El>rth's S Ef!.Jm-o"~rliiii

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-  eiving progressive "**DOWN-Step OUT-Step~** of Planetary E'Lum" en~
-  Down~ Step **Out-Step**"" phases. Earth's current life-Field holds representatives of MANY
-  to further " **Down-Step** & Out-Step" Environmentolly-Availoble Planetary E'Lum"en-
-  Down-Step & **Out-Step**" Environmentolly-Availoble Planetary E'Lum"en-Air into "
-  of "Super-**Down-Steppr**:d E'Lum"r:n~Ai,... that is
-  to "Super-**Down-Step** & Out-Step~ Bio-Availoble E-Lum"en-Air to
-  Down-Step & **Out-Step~** Bio-Availoble E-Lum"en-Air to the entirety of

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-  explore the UPStep **IN-Step** ~T~e<hanics of the Planetary atomic YhU-

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-  Particle Decelerate and **Down-Step** from the YhU~Rha"~Dho Sphere Transploneal-

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-  Creation upon 1• **Out-Step** into Exterrml erection Upon Return of the 1/8-(

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-  state of Panide-/N-**Stepped** Tronsploneal EH-Im"-rhal-ized E-Lum"en-oted atoms
-





File : [KeylonticDictionary.pdf](#)  
Title : Keylontic Dictionary  
Subject : KS Dictionary  
Author : MCEO Freedom Teachings  
Keywords :

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 Councils NOTE: December **11.2004- Step-E**, The ADOondra- 360 and the Adonl Host August  
 mab NOIE Iletmiba" **11.2004-Step-E**. The ADDoob-360 IDd the AlbJI Host) Aethlen

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 "tr.mmlssion **down-step**" to our Vtta system. (lzdfo R.emole Plmeury

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 Zoot is a **half-step** io frequency, a "half-way ho~",  
 burst to gently **down-step** and modulate tDto bu mo u.ious co-rtsonanf

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 hnk together and **side-step** damaged pomons to create a fonified, S«Ured,  
 current draJm to **side-step** the progressive activation of the UIR. ~-Sb.an-  
 of~ to gently **down-step** and modulak wto bn monious co-r.soaact w1th

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 to g~tly **down-step** and modulate into harmonious co-rf"sonanct> with the specific

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 That intention gets **down-stepped**, in the form of mathematics, to bold the lil.

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